



Project:  
"Prevention and combating cyber bullying and internet violence among youth"



Training course:  
**"Prevention and combating cyber bullying and internet violence among youth"**

## CALL FOR PARTICIPANTS

Project "**Prevention and combating cyber bullying and internet violence among youth**" aims to combat discrimination, prejudice and internet bullying and on-line peer-pressure in our local communities, with the special focus on youth education and prevention of prejudice and homophobia-based bullying and peer violence on social media and online peer-pressure.

The project consists of several activities, and one of those is this **training course "Prevention and combating cyber bullying and internet violence among youth"**. The training course will be organised in Mostar, Bosnia and Herzegovina in May 2019.

We are hereby recruiting participants that will be able to participate at the training course, give back (to their sending organisations) their knowledge and skills in the topics of the training course and contribute to the follow-up activities within the overall project.

The training course will take place in **Bosnia and Herzegovina** (Mostar) from **03<sup>rd</sup> May** (arrival in the afternoon) to **12<sup>th</sup> May** (departure in the morning after the breakfast) **2019**.

### **About the training course "Prevention and combating cyber bullying and internet violence among youth":**

The training course will gather 22 participants from 6 organisations and countries (RS, DE, BA, ME, SE, SI).

Specific objectives of the training course are:

- To share examples of good practice in organising local activities that tackle the issues of internet bullying and on-line peer-pressure among youth
- To share realities from our countries of existing situation of internet bullying and on-line peer-pressure and practise of our and other NGO's that are working on the topic
- To create a manual for developing and leading local workshops for youth on internet bullying and on-line peer-pressure
- To train youth workers on how to use manual and how to develop and lead quality local activities for youth
- To develop list of recommendations for involving and working with local stakeholders
- To create effective tools for battling internet bullying and on-line peer-pressure
- To introduce in details Erasmus+ Youth in Action programme KA2 Capacity building projects for young people and youth workers
- To introduce the procedures and application forms of the Erasmus+ YiA KA2

Training course is based on the approach, principles and methods of non-formal education. The language of the training course will be **English**.

### **The participants should fulfil the following criteria:**

- To be active youth workers interested to become active as peer educators within our organisations
- Willing to apply & multiply the knowledge received
- Willing to enter into partnerships with participants from different organisations/countries
- Able to attend and be active during the entire duration of the training course and to implement local workshop with youth after the participation at the training course
- Age above 18 and able to follow the programme in English language.



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## OVERVIEW PROGRAMME:

<b>Day 1 – 3<sup>rd</sup> May 2019 – Friday</b>	
AM	Arrival of participants
PM	Getting to know each other
evening	Welcome evening
<b>Day 2 – 4<sup>th</sup> May 2019 – Saturday</b>	
AM	Warming up – team building; programme and expectation
PM	Why and how do we learn and how is it relevant to this project – Youthpass; Setting up the learning plan
PM	Evaluation of the day / Learning checkpoint
evening	Intercultural evening
<b>Day 3 – 5<sup>th</sup> May 2019 – Sunday</b>	
AM	Challenges in our daily realities – what is happening
PM	Discrimination, homophobia – what are the terms we are talking about
PM	Evaluation of the day / Learning checkpoint
evening	What are our organisations doing
<b>Day 4 – 6<sup>th</sup> May 2019 – Monday</b>	
AM	Human rights – LGBT rights
PM	Presentation of the manual – first step: needs analyses
PM	Evaluation of the day / Learning checkpoint
<b>Day 5 – 7<sup>th</sup> May 2019 – Tuesday</b>	
AM	Presentation of the manual – second step: NFE – how to use it
PM	Presentation of the manual – examples of good practise
evening	Movie night
<b>Day 6 – 8<sup>th</sup> May 2019 – Wednesday</b>	
AM	How to develop our own local activities
PM	Development of activities
PM	Evaluation of the day / Learning checkpoint
<b>Day 7 – 9<sup>th</sup> May 2019 – Thursday</b>	
AM	Practising implementation of activities I
PM	Practising implementation of activities II
PM	Evaluation of the day / Learning checkpoint
evening	Exploring the city
<b>Day 8 – 10<sup>th</sup> May 2019 – Friday</b>	
AM	Recommendation - tips and tricks when developing and implementing local activities
PM	Erasmus+
<b>Day 9 – 11<sup>th</sup> May 2019 – Saturday</b>	
AM	Making a dissemination plan
PM	Evaluation and learning checkpoint
evening	Farewell party
<b>Day 10 – 12<sup>th</sup> May 2019 - Sunday</b>	
AM	Departure



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### **Travel and visa costs reimbursement**

Travel costs will be reimbursed only for the cheapest way of transport and preferably for the return tickets. Travel expenses are covered by the organizers 100% up to the maximum of unit cost per distance calculator and means of travel, including bank transfer and other appropriate fees (for all the original tickets and ways of travel that are plane, bus, train or ferry, NOT taxi and NOT car). For distances less than 500 km one way (by Distance Calculator | Erasmus+), the preferable means of transport are land transportations, such as train and/or bus. If other mean of transport is selected for such travels, e.g. airplane, those will be reimbursed 60% of airfare, in accordance with the principle of environmental awareness and protection.

Participants must keep all travel documents (tickets, travel agency invoices and boarding passes) as organizers are able to make any reimbursement only on the bases of presented documents!

The travel reimbursement will be done by bank transfers **after** you return home and send us the **ORIGINAL** boarding passes and tickets (and after you submit/send us the filled in evaluation forms of the training course) or in **cash** if you have all tickets at spot. When you are buying a ticket, ask for additional bill as well, if possible!

#### **Further Rules regarding the booking of the tickets and reimbursement:**

- Only the cheapest tickets will be reimbursed. We will not cover tickets with the deviation from the direct route (A → B → A), extra unnecessary stops and layovers. We don't cover seat reservation fees, leisure plus tickets, flexible tariff tickets, extra travel insurances, priority boarding fees, local bus baggage, handwritten tickets or bianco nota bills.
- Only tickets purchased online will be reimbursed. We can't cover travel agencies' fees. Travel agencies invoices for the tickets won't be accepted for reimbursement.
- We can't reimburse taxi or private cars; only public transport will be covered.
- You can arrive 2-3 days before the activity and depart 2-3 days after if you want to spend more time in Bosnia and Herzegovina on your own, provided that the tickets on these days are not more expensive than on the official travel days.

Please don't buy your tickets before we approve them! When you will plan your trip and **BEFORE** buying your tickets, especially if your planned travel itineraries are different than **03<sup>rd</sup> – 12<sup>th</sup> May 2019**, please inform us in advance, so we can approve your tickets and travel costs. Also, if you travel from elsewhere than the town and country of the sending organisation partner in this project, please, inform us, as we need to approve it as well. Thanks a lot, in advance!

We expect participants to arrive to the hostel in Mostar no later than 18:00 hrs on 03<sup>rd</sup> May 2019, so please do plan your trip accordingly.

For additional information, please be free to contact organizers. Like that we will avoid some uncomfortable situations in advance.

**Participation fee:** **NONE!** All accommodation and food costs in the hostel are covered by the organisers.

### **Applications**

To apply, please fill in the application form on following link: <https://forms.gle/iLyMQDnYUx4YrMWh9>

**Please note that the deadline for applications is 20<sup>th</sup> April 2019.**

Selected participants will receive the detailed information sheet till 21<sup>st</sup> April 2019.

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