

From knowing to being – 10-16 September 2019 – Yspertal, Austria

	Tuesday 10/09	Wednesday 11/09	Thursday 12/09	Friday 13/09	Saturday 14/09	Sunday 15/09	Monday 16/09
9h30 – 13h00	Arrivals of participants	Getting into the course and into the group Sharing the 'Homework' 'The 3rd layer': a focus on attitudes The learning focus for the hike	Practicing 'The 3rd layer' (cont.) Group awareness practice 'Village market' 1 Practicing 'The 3rd layer' (cont.) Preparation for the hike	Hike	Reflection on the Hike What happened, and how, what does it say about my competence as a trainer	Summing-up: what is my story of what I am bringing home? What do I want to transfer to my work in training and how?	Departures of participants
15h00 – 19h00		The learning focus for the hike (cont.) Practicing 'The 3rd layer' in the group context Daily reflection	Hike	Hike ----- Coming back 'steaming out'	Group awareness practice 'Village market' 2 Organised visit TBC	Youthpass Conclusion Evaluation Final reflection	
Approx. 20h30	Welcome Evening	'Something that shifted my view of the world/myself'		BBQ & presentations of the group task	Dinner out	The Goodbye-and-good-luck_party	