

Win-Win-Win games







"Do you believe in your dreams? Can you either dream? Do you want to understand what makes some projects so successful, while others get blocked, collapse, or function with only a fraction of their potential?"

# **Project description:**

Win-Win-Win games is a 10 day training course for youth workers, trainers, community **builders connected with young activist** working on a sustainable way of living. It opens up new dimension for youth work, based on a specific methodology called **Dragon Dreaming**. The Training has deep experiential dimensions, one part is focused on knowing and understanding this method and the second part is focused on overcoming of blockages in a real projects. The training is organized by ARTKRUH, in the natural environment of the village Prenčov in Slovakia, nearby the UNESCO town - Banská Štiavnica; from the 14th-23rd. June 2019. The venue is offering the experience of a deeper personal and social interaction and a sense of belonging to the community in the rural environment. 35 participants from 10 European countries will learn and experience how to use this methodology, which is combining project management, an inclusive, participatory and non hierarchical approach. Moreover, DD is not only a methodology but also a philosophy, a changing approach of our activities/projects on win-win-win games. The First win is for each participant, the second for community and the last win belongs to the Earth, focusing on environmental sustainability. With this unique philosophy DD is offering a new perspective on the development of projects, enterprises and aspire for creating a new paradigm for the 21th century. The project will be led by an experienced lector and the founder of this method **John Croft** from Australia and Lizandra Gomes is from Brazil. These two lectors and facilitators are bringing

not only European, but also a worldwide dimensions and experiences to the project.

#### How does it work?



"We consider that all projects are created and developed by individuals, and so the project does not exist in, for, or by, itself. So as a result, all processes in projects can suffer interference from the individual characteristics of the humans who are so engaged. Equally we know the project always occurs in dialogue with an environmental reality, an environment that is equally alive and

unpredictable. Also in considering this reality, we need to look first to the person who is initially in action and consider what is the source of this action." (John & Lizandra)

#### Aim:

Our aim is implementation of D.D. to European youthwork by educating the group of trained youthworkers and thus address the needs of European youth for more sustainable and participative society with better opportunities for employability.

## **Objectives:**

- To develop skills and get knowledge related to providing effective youth work and training activities with special emphasis on Dragon dreaming project methodology.
- To develop skills and get knowledge to particular topic: overcoming blockages in projects, allowing participants to analyze and solve possible problems in real projects
- To experience and understand negative aspects of common win-lose games, and possible win-win-win approach
- To educate the group of youth workers trained in Dragon dreaming for further implementation of this methodology in European youth work
- To create a social experience of community through sharing living and working spaces, participating in common tasks and daily practices, and to valorize this as an opportunity for learning and personal and social growth.

## **Outcomes:**

In this training we will work in creating collaborative projects while simultaneously we are becoming aware and working to overcome any blockages that arise. While we work in community with all participants of the workshop, it will be a big learning applicable for our lives outside the workshop.



#### We can expect from this workshop:

- To have a new Understanding of Change Processes so as to shift in Gratitude to Dreaming, practicing Deep Listening and Charismatic Communication.
- Undertaken a Network Analysis for your project team,
- Completed a project's Force Field Analysis.
- -Understand your personal Comfort Zone.
- Have conducted a Dreaming Circle and understood how it can be used to recruit new members of your team.
- Have used the Wheel of Effectiveness, integrating Theory and Practice within Living Systems Theory, creating processes for Participatory Objective and Goal Setting.
- Have created a strategic Karabirrdt for your project, and used it to create the budget and begin delegating tasks for the implementing your project.
- Helped you to recognize the personal blockages that interfere in the goals of your personal life and to diagnose the different blockages in the project process stages, helping you recognize their symptoms.
- Learn of your personal blockages in life and in projects and their effects on your physique, your health and your body.
- You will learn to recognize the sources of blockages at different levels and in different contexts. You will come to understand how a win-lose culture produces blockages as a result of fear and distrust and how this automatically produces lose-lose outcomes in our culture.
- You will find ways to transcend the conflicts generated in blockages and use this energy creatively in yourselves, between yourselves and the group, and within groups to support the emergence of a true win-win-win culture.
- You will learn to "see" in different ways through the imaginative power of the mind, and through the body.



# **Requirements for participants:**

## This workshop is perfect for you and you can really learn a lot if you:

- are youth worker, trainer or community builder connected with young activist
- are curious to learn how to look at the world differently and want to try something new.
- want to increase how effective you are in your life and youth work.
- don't want to see blockages in your life and projects as destructive limitations, but as

something that can be addressed, to the overall benefit of projects and your life.

- want to see something that demands of you to be an inspiration for change.
- want to achieve a deeper understanding of a win-win-win culture.
- want to learn and discover what you can achieve by using your whole body.
- want to discover something in a group situation with experienced peers.

# Venue:

*Venue is in Slovak native <u>village Prenčov</u>, nearby <u>UNESCO town Banská Štiavnica</u>. Environment of rural permacultural settlement and cooperation with local community is motivating towards environmental and social sensitivity among participants. It is offering the experience of deeper personal and social interactions and sense of belonging to community in rural environment.* 





We do our best to create inspirational, trustworthy and productive social environment.



#### About us:

#### "With regard to the traditions and cultural heritage, we inspire others to a conscious and responsible life."

ARTKRUH is a civic association with purpose to promote harmonious coexistence with nature, preservation and development of traditional values in accordance with cultural heritage and nature



of the country. This need arises, naturally, as a contrast to today's era of consumerism. often disregarding the environment and reducing highest value of the society on personal benefit and "profit. We believe that person realizing own personal potential (abilities, dreams

and desires) will be most useful for building aware and developed society. The aim of the association is to create space, which enables people to learn, to recognize, to create self-realization, as well as to relax through environmental, cultural, artistic and educational activities.

#### Travel costs reimbursement:

Country	Costs	Country	Costs
Greece	275€	Hungary	180€
Ireland	275€	Portugal	360€
Italy	275€	Slovakia	20€
Slovenia	180€	Bulgaria	275€
Spain	360€	Lithuania	275€
Czech republic	180€		

#### **Participants fee:**

All costs connected with traveling (see the limits above) and accommodation is funded by Erasmus + program. Additional **participants fee is expected 150€** to support the costs and travel of excellent lectors **John Croft, Australia** (founder of Dragon Dreaming methodology) and **Lisandra Barbuto, Brasil** (profesional DD lector and facilitator).

# We are looking forward for your application & our unique common experience!



Contact: *info@artkruh.org* +421 901 789 97 Majo +421 905 723 958 Martin