

# STAND UP 4 THEIR RIGHTS

TRAINING COURSE ON MIGRANT'S RIGHTS THROUGH  
THEATER AND INTERACTIVE TECHNIQUES

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Ommen, The Netherlands

8 to 13 February 2019



Funded by the  
Erasmus+ Programme  
of the European Union



Nederlands  
Jeugdinstituut



*We cannot all succeed when  
half of us are held back*

MALALA YOUSAFZAI

# ABOUT THE PROJECT



“**Stand Up 4 their Rights**” a Training Course (Mobility of Youth Workers) KA1 project funded by the European Commission through the program Erasmus+ for youth.

Is a Training course for youth workers or young people working or interested in the topic of integration and equality of people with different national/ethnic background, on interactive theater and media methods for integration and equality, with a more specific direction to the refugee and migrant rights.

## OBJECTIVES

1. To offer knowledge about the refugee crisis, the immigration movements and the issues these people are facing in the countries of origin of the participants.
2. To allow to the participants to get familiar with the European strategies and practices on the refugee and migration crisis.
3. To provide the participants with non-formal educational tools and methods to stimulate intercultural dialogue & promote human rights and equality.
4. To create educational materials, showcasing the learning points of the training.

# THE TRAINING IS FOR YOU IF...

- You are 18+ years old.
- You are a registered inhabitant of the Netherlands, Greece, Bulgaria, Latvia, Portugal & Slovenia.
- You are a youth worker, young activist of human rights, and/or young professional working in the area of integrations of refugees and migrants or you are working your way towards such a carrier (student, volunteer, etc.).
- You are willing to live, learn, play, inquire, reflect, experiment and explore in a multicultural group.
- You are able to work in English.
- You are highly motivated and willing to actively participate during the whole project.

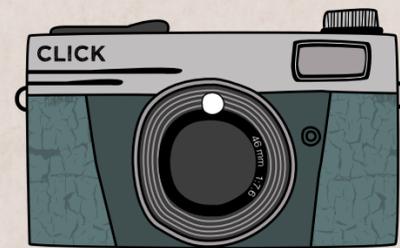


# METHODS



## INTERACTIVE THEATER TOOLS

By the use of interactive theater tools we want to offer to the young people a chance to see the integration with different eyes and to offer them the tools to showcase it to others as well.



## MEDIA TOOLS

You will have the opportunity to use media (photography, video) for the promotion of social issues.



## REFLECTION AND SHARING

You will have the opportunity to reflect on your learning and find ways to integrate it in your work & everyday life.

# OUR APPROACH

We approach learning as a collective process. During the training Stinting Heimat is going to offer the foundations for the group to work together and learn from each other and for each other.

The program structure is built up on a way that the participants/young practitioners will at the same time have the space to learn from:

- Theory
- Practice
- Each others learning resources

As well as create their own learning paths and develop new methods on working on the topic.

The trainers & stakeholders will be there to share their knowledge.

But in interactive theater games the rule is:

**You are the creator of your own experience!**

# MEET THE TEAM



Itsaso Zaldibar

Itsaso is a youth worker, trainer, and coach with 5 years of experience on projects under the Erasmus+ and other European programs. She has experience in personal and professional coaching using methods from NLP, personal and professional development, self-awareness and systemic constellations. Her background is in Political Sciences with a Ph.D. in political conflicts and peace processes, as well as previous work experience in Amnesty International.



Olga Karageorgiou

Olga is an experienced trainer and youth worker, working with non-formal education project within Erasmus+ the past 3 years. She is also a facilitator of Theater of the Oppressed method. Additional to this method, Olga has organized and facilitated other interactive theater activities for the purposes of personal development and promotion of human rights. Her background is on International Relations.

# TRAINING TIMEFRAME

**ARRIVAL**

Thursday 7th february before 18.00pm

**DEPARTURE**

Thursday 14th february before 10:00am

We expect you to participate in the **whole programme.**

(It means coming later or leaving earlier is not allowed)

# REIMBURSEMENT

The training is financially supported by the Erasmus+ programme.

**We expect that you fully participate** in it. We will not be able to reimburse you if you arrive later or leave earlier. If you wish to arrive earlier or leave later, you should arrange your own stay in The Netherlands by extending the **travel days up to 2 days in total**.

In case you decide to use that extra time, bear in mind that it will NOT be supported with food or accommodation. If your stay be longer than 2 days, we will NOT be able to reimburse part of your travel costs.

## COUNTRY

## AMOUNT

Greece

360 €

Bulgaria, Latvia,  
Portugal & Slovenia

275 €

The Netherlands

0 €

- Accommodation & meals are covered 100%
- Travel Reimbursement are 100% covered under the country budget.

# REGISTRATION

(Application, selection, confirmation)

APPLY  
HERE

To apply, fill in the online application form , latest by the **10th January**.

The participants will be selected by sending organisations, in cooperation with Stichting Heimat.

Selection is done based on the profile and motivation of applicants.

If you are accepted for the project you will receive a "Confirmation letter" with more practical information regarding the accommodation, the exact address of the venue and directions how to reach it.

PARTNERS  
&  
CONTACT  
DETAILS

COUNTRY	ORGANISATION	EMAIL
GREECE	Solidarity Mission	training@solidaritymission.org
BULGARIA	Edu Compass	educompassbg@gmail.com
LATVIA	Perspektiva	perspektiva.latvia@gmail.com
PORTUGAL	Reencontro	reencontro.asec@gmail.com
SLOVENIA	Zofijni Ilubimci	dora.lenart@gmail.com
NETHERLANDS	Stichting Heimat	foundationheimat@gmail.com

ARE YOU GOING TO BE THE NEXT ONE TO STAND UP 4 THEIR RIGHTS?  
WE ARE LOOKING FORWARD TO READ FROM YOU!

PROJECT COORDINATOR AND CONTACT PERSON:

Itsaso Zaldibar

E-mail : [foundationheimat@gmail.com](mailto:foundationheimat@gmail.com)

IF YOU WANT TO KNOW MORE ABOUT US:  
[HEIMATFOUNDATION.NL](http://HEIMATFOUNDATION.NL)

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