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# **ACT**

*Active Citizens of Today!*

TRAINING COURSE ON HOW TO MAKE CITIZENSHIP ATTRACTIVE TO YOUTH

**Lednice, Czech Republic**

**Wednesday 20<sup>th</sup> – Thursday 28<sup>th</sup> March 2019**

**PARTNERS AND PARTICIPANTS INFOPACK**

## DEAR PARTNERS AND FRIENDS,

We are happy to inform you that the Erasmus+ KA1 mobility of youth workers ‘**ACT – Active Citizens of Today!**’ was approved by the Czech National Agency (<http://www.dzs.cz/en/>) and supported by the Erasmus+: Youth in Action grant.

This training course will take place in **Lednice, Czech Republic from 20<sup>th</sup> to 28<sup>th</sup> March 2019**. Lednice is set in a beautiful environment of South Moravian region in UNESCO Czech heritage.

Now you are reading the **InfoPack** that will provide you with the basic information you will need during your stay in the Czech Republic.

If you want to take part in this project, the first thing what you must do is to fill in the **Application form** no later than **15<sup>th</sup> December 2018**. The information provided by you in the Application form will help us to better prepare our training for you to make you happy. Moreover, you will be chosen according the information given in your Application form by our EYCB team.



## DESCRIPTION OF THE TRAINING

ACT is a training course that aims to support the professional development of young leaders/trainers and to raise the quality of their projects concerning active citizenship. We will approach the idea of citizenship on three different levels: locally, nationally and in the European context. The training course uses methods of experiential learning as role plays, simulations and drama methods and group sharing methods as small and large group discussions. Together, we will be working out and improving

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'method toolkit' on how to motivate youngsters for participation in their community and beyond. All over mission of the training course is to find the ways how to make the issue of citizenship attractive to the youth.

### Main aim:

ACT is a training course that aims to support the professional development of young trainers and to raise the quality of their projects concerning (European) citizenship.

### Objectives:

- ★ pointing out the connection between citizenship, responsibility for one's immediate environment and society and active participation;
- ★ experiencing, discussing and sharing historical and recent understandings of citizenship and its implications for participation;
- ★ approaching different levels of citizenship (local – national – international/European) in practice by simulations, cases and methods development;
- ★ sharing different visions and understandings of citizenship;
- ★ reflecting on the notion of European identity and its underlying values (democracy, tolerance, plurality, human rights);
- ★ raising the quality of projects dealing with youth participation and citizenship.



## PARTNERS, PARTICIPANTS AND TRAVEL COSTS REIMBURSEMENT

This training course will host **30 youth trainers/workers who are actively working with young people** as a professional or on the voluntary basis, **aged 18+** from 13 European countries.

### List of countries, partners and travel costs limits:

Country	Organisation	Number of participants	Travel cost limit per participant (€)
<b>Albania</b>	Qendrat Youth for Social Changes	2	275
<b>Czech Republic</b>	European Youth Centre Břeclav	4	0
<b>Estonia</b>	MTÜ Noored Ühiskonna Heaks	4	275
<b>Former Yugoslav Republic of Macedonia</b>	Association for Research Education and Development Marketing Gate Skopje	2	275

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<b>France</b>	Solafrika	<b>2</b>	<b>275</b>
<b>Germany</b>	Jugend, Kultur und Bildung e.V.	<b>2</b>	<b>275</b>
<b>Greece</b>	Praxis	<b>2</b>	<b>275</b>
<b>Hungary</b>	MOSTart Nemzetkozi Kulturalis Kozcelu Egyesulet	<b>2</b>	<b>180</b>
<b>Italy</b>	Euro Sud	<b>2</b>	<b>275</b>
<b>Lithuania</b>	Asociacija „Tavo Europa“	<b>2</b>	<b>275</b>
<b>Romania</b>	Asociatia Hair Redivius Buzau	<b>2</b>	<b>275</b>
<b>Serbia</b>	The World of Words	<b>2</b>	<b>275</b>
<b>Spain</b>	Asociación de Desarrollo Social Participativo IMAGINA	<b>2</b>	<b>360</b>

It is possible to come to the Czech Republic max. 1-2 days before the official arrival day (20<sup>th</sup> March 2019) OR leave max. 1-2 days after the official departure day (28<sup>th</sup> March 2019) if you can prove there is better/cheaper travel connection. Please be aware that **we are not able to refund any costs for your accommodation, food etc. during these extra days.**

Please, before buying your tickets, send them for approval to [eycb.info@gmail.com](mailto:eycb.info@gmail.com). **We will refund only travel tickets that we approved prior purchase!**

We kindly ask you to choose the most economical and eco-friendly way of transport (e.g. student fares, low cost airlines, 2nd class trains, etc.). Also, be aware of your travel cost limitation. We reimburse the travel cost **ONLY** up to the limit designed for your country. We will also reimburse only those ticket that will show the currency, dates of your travel, places you are traveling from/to and your name (or number of passengers). It is important **to keep all your tickets** (also from your local buses and trains). **It is NOT possible to travel by car or taxi!**

The **travel costs** within the budget limit of your country (please see above) **will be reimbursed after the training course to the bank account of your sending organisation and only if these 3 conditions are fulfilled:**

- 1) You gave all the ORIGINAL tickets to our organisation. It's fundamental to bring the invoices or the travel confirmations where is clearly shown the price;
- 2) You attended the full duration of the training course;
- 3) You submitted all reports that our organisation or EU requested.

## ACCOMMODATION AND FOOD

You will be accommodated in **Penzion Farma** (<http://www.farma-lednice.cz/>) in rooms for 2-5 persons.

There are bedsheets, towels, TV and bathroom in each room. The pension offers also free Wi-fi, summer terrace, garden or wine cellar.

The pension is situated in a peaceful surrounding, close both to the enchanting Lednice chateau and castle park and to a town centre. Lednice is a small, calm and safe town, a part of the UNESCO heritage Lednice-Valtice area.

The **contact details of the venue** are the following:

Farma – Penzion Lednice, Nejdecká 673, 691 44 Lednice, Czech Republic

Telephone: +420 737 085 197

GPS: 48°47'58.14"N 16°47'32.84"E

Please, see the **Travel Guide** for your travel options.





Activities will be held in a conference room at **Lázně Lednice** (Lednice Spa), in ca 25 min. walk distance from the pension.



Breakfasts will be served in the pension, while lunches and dinners will be provided by the spa.

**Please inform us about your special needs, allergies and food (dietary) requirements when filling-in the application form.**

## **INTERCULTURAL EVENING**

During the project, we plan to arrange an Intercultural evening. You will present your own cultures – national, regional, personal or any kind of culture you feel you belong to.

A culture may be presented by a song, a story, a poem, a dance, some drink or food, etc. You may bring pictures, music or anything which you consider to be most

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appropriate to present your culture. Please bear in mind that there will be a computer and loudspeakers to play music, however, there will be not a data projector.

We appreciate if you find some creative way to present your culture. We will not have a kitchen to prepare the meals for the intercultural evening, so we suggest that you adapt your food and drinks to that reality.

So, in short it should not be a presentation, it should be an activity or something and it is up to you to replace the word something. 😊



## NGO MARKET

You will also have a possibility to meet new nice and interesting people from different organizations all over Europe and work on future common projects with them.

So, let us know which context you are recently active in and present your organization and its work. Bring you promo materials and use your chance to meet future partners!



## WHAT TO PREPARE AND BRING

Please prepare a short presentation about a project focused on a topic of civic and European education, active citizenship or active participation of youth, which you organised or were a partner of.

Beginning of March is usually still quite cold, with temperatures about 0 to 8 °C. It might be freezing in the morning, sunny, cloudy or rainy during the day and freezing at night. The weather can vary, so please do check the weather forecast for Lednice (South Moravia) before you pack your suitcase.

Most of the course will be held indoors, but if the weather is nice, we shall do the activities outdoors. We recommend you taking some outdoor shoes, some comfortable clothes for indoors and outdoors as well. Please take also shoes or slippers for indoor.

Take your medication – it is good to take pills from your country (you know yourself the best so take painkillers, antipyretic, something against cold that works for you.

We kindly ask participants from Albania, Former Yugoslav Republic of Macedonia and Serbia to make sure they bring **biometric passports** with themselves so that they do not need apply for and cover Schengen visas.

In case you need visa, please apply for them immediately as we confirm your participation because it may take long time. If you need an invitation letter from us, please let us know.

## **INSURANCE, MEDICAL AND SAFETY ADVICES**

Please, be aware that it is compulsory for all participants to have **travel insurance** covering the whole duration of your stay in the Czech Republic, including the days of your arrival and departure. Travel insurance cannot be covered by us, but you are obliged to arrange it.

Please bring your European Health Insurance Card (the blue one) in case of some emergency.

If you have any special needs (allergies, diets, disabilities, disadvantages, etc.), please state them clearly in the Application Form so we can arrange everything in advance and we do not meet the problem of solving your special needs problem after your arrival to the Czech Republic. Also, please take your medication with yourself.



## **CURRENCY AND PRICES**

The Czech national currency is **česká koruna, Kč** (Czech crown, CZK). **1 EURO ~ 26 Kč.**

In general, the Czech Republic is not very expensive, you can expect prices as following:

Water (1,5 l)	12-15 Kč
Beer (0,5 l)	25 Kč
Cappuccino in a restaurant	40-50 Kč
Milk (1 l)	15-20 Kč
Loaf of bread (500 g)	18-25 Kč
Coca cola in a shop (1,75 l)	20-30 Kč
Chocolate	7-80 Kč
One-way bus ticket Břeclav-Lednice	20 Kč



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## CONTACT PERSONS

If you have any questions regarding logistics and organisational things, please contact:

**Jakub Miklín** – [eycb.info@gmail.com](mailto:eycb.info@gmail.com), +420 605 081 878

For questions about content of the training, please contact:

**Marco Santos** - [marco@nyh.ee](mailto:marco@nyh.ee)

**See you soon in Lednice! 😊**