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## InfoPack for Participants

# SMS 4 International Training Course – March 2019



## SUMMARY OF THE TRAINING COURSE

After the success of the previous 3 editions of SMS training course with the great result of 70 participants from diverse of countries around the world we will give a new chance to new participants to join Show My Skills 4.

As Abraham Lincoln once said “The best way to predict your future is to create it”. Our future is in the hands of the youth that are in this moment preparing themselves to be the architects of the world. There are many programs and projects that help youngsters develop their skills, and broaden their horizons, and sometimes the focus become more on the quantity rather than quality. The journey from a small idea to the final implementation of youth activities is not easy, and it requires knowledge and skills in both the project management and its leadership.

### AIM

SMS (Show My Skills) aims to empower participants with the skills and knowledge to develop and lead international youth in volunteering activities worldwide. These international activities develop the participant’s cultural competences, and spirit of tolerance, it helps them understand what is and how to work in international environment, and it increases their competitiveness on the labor market through enhancing their soft skills and preparing them to work as a group.



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## OBJECTIVES

- To develop participants understanding of the key principles of leadership and how to apply them.
- To promote entrepreneurial initiatives for youth, with youth workers.
- To strengthen participants communication skills including public speaking, presentation skills, intercultural and cross-cultural communication.
- To improve participant's skills in project management related to international youth and volunteering activities.
- To provide participants with tools and skills how to design and implement international activities for youth.
- To share best practices and contribute to improving quality and quantity of youth activities
- To foster international cooperation among youth from various countries.
- To empower participants to act as multipliers of the gain competencies in their local communities.

## METHODOLOGY

By using the method of non-formal education such as simulations, outdoors activities, role playing, brainstorming, plenary discussions, etc. participants will gain new knowledge and they will understand what the main features of a great leader are. The knowledge gained during those 7 days of training will be crucial for the development of the participants. In the environment of the common understanding we will provide participants with new tools and skills that will result in developing new projects and activities for youth in the future. Moreover this training will be an opportunity for the participants to share experiences among themselves that will further increase the quality of the created projects. By inviting to this project mostly NGO workers we tend to strengthen cooperation between different stakeholders and to make space for building long-lasting partnerships. We will also encourage our participants toward creating a wide international network that will widen the international cooperation.

## PROFILE OF PARTICIPANTS

The training course is directed towards youth workers, youth leaders, young entrepreneurs, and young people active in youth organizations, volunteers, project managers that want to broaden their horizons in order to create and lead youth international activities. Throughout the program of this training course, participants will understand the process of building youth projects from its idea up to evaluation and dissemination of the results.

**FOR** 30 participants from other countries in the world, partner countries neighboring the EU, youth in action program countries.



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## Who we are

MI-HI (Make It Happen Infinity) is a social enterprise and youth organization that is designed to empower youth and take them out of their comfort zone to explore new possibilities of personal development. We are engaged in youth exchange, education, cultural and social trainings, language trainings, volunteering, environmental rights, and development work, especially focusing on the mobility of youth.

The organization is opening a new door to provide training and help young people in acquiring knowledge and developing skills and competencies. Furthermore, it seeks to build communication and intercultural dialogue among young people from different cultural backgrounds and nationalities, organizing important events for the local and international community.

## Our mission

MI HI provides the tools to overcome limitations and create an atmosphere in our community to develop young people who believe in their abilities and to inspire the power of their thoughts using the energy of their dreams to color them and make those dreams a reality

## Our vision

Is to elevate young people through powerful life-learning experiences, providing them with unique skills and abilities of innovation. We aim to create a positive impact, inspire others to find a path in life, make change in their community, transform minds to be socially responsible in many fields, and to encourage youth to be extraordinary steps on the stairs to infinite success.

## Our objectives



Please read more about us and our objectives on the Website link:

<http://mihiyoutho.wix.com/mihiyoutho>



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**The Condition of the TC (sessions, social activities, trips)** Get to know the Vibes of SMS this video link: <https://tinyurl.com/ybor9m4z>

**Be** sure you will get to know a different culture and gain knowledge of inspiring education sessions and enjoy:

- \* Cultural nights, performing ancient dance and music.
- \* Sharing our natural tasty drinks and food.
- \* Adventure in the desert with 4X4 vehicles.
- \* Sand boarding, safari, riding bikes, lakes, tour around the city.
- \* Visiting ancient heritage.

## Where

Siwa Oasis and its surroundings represent one of the most interesting and distinct regions of Egypt. Siwa possesses a unique natural environment with exceptional geological features, a diversity of flora and fauna, and some 230 natural freshwater springs fed by the Nubian aquifer. One of the world's last remaining pristine oases, Siwa is home to ancient historical ruins and unique cultural traditions that have been maintained for thousands of years, due to the relative isolation of the oasis and its community.

**Be ready** to live the adventure in our beautiful desert as you can be inspired by some pictures:





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We can't wait to see you here.



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## The Trainer of SMS 4 International Training Course 2018



Ibrahim is an Egyptian Trainer and entrepreneur. He has experience in youth work and projects implementation on local and international level. He took part in more than 20 European Erasmus plus projects. He established MI-HI for Training & Development in 2012. MI-HI is a social enterprise working with and for youth since 2009. He is the Founder and CEO of MI-HI for Training & Development; also he works as non-formal education trainer, mentor and youth leader in Erasmus plus projects. He's an expert in the fields of entrepreneurship, mobility programs, developing project ideas and establishing contacts with partners, writing project applications & supporting young people who face challenges in their lives. He was also one of the chosen promising young Changemaker from Egypt, Among 23 young social entrepreneurs from Middle East, North Africa and European nationalities in the Ashoka's ChangemakerXChange summit on intercultural dialogue and diversity that was held in The Netherlands 2018. He was also a trainer in SMS International Training Course 2 & 3 in November 2017 and March 2018.



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## When

**Dates:** 22<sup>nd</sup> - 28<sup>th</sup> of March 2019

**Arrival day:** 22<sup>nd</sup> of March 2019

**Departure day:** 28<sup>th</sup> of March 2019 (12:30 Am)

**The main working language:** English



## Accommodation

- You will be provided accommodation in the Albabenshal Hotel.. Please visit the hotel website to check it out: <http://bit.ly/2yTzlxH>



- Note: the hotel might change, we will keep you updated.



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## Travel information:

### Arrival:

- All participants should arrive on the 22<sup>nd</sup> of March, in the morning, at Cairo airport. A bus will be waiting at the airport and will start moving at 09:00. Sharp. We will then travel to Alexandria, arrive at 12:00, stop for a break and have a tour around the city and then proceed to Siwa by the evening.

### Departure:

- On the last day (28<sup>th</sup> of March we will start moving at 12:30 Am from Siwa to Alexandria, stop for a break, and then proceed to Cairo airport. We should arrive at the airport at 12:00 pm ,you should book your ticket after 18:00 OR early morning on the 29<sup>th</sup> of March.

- We prefer to start moving at early hour on (28th of March) so you can sleep all night, because it's a long way and you might get bored if we travel all the way in the morning, plus it's the best time to travel.

### Important Notes:

-It takes 3-4 hours to travel from Cairo airport to Alexandria, depending on traffic.

-It takes around 8 hours to travel from Alexandria to Siwa.

-Alexandria is our meeting point, in case you're arriving before 22<sup>nd</sup> of March you should arrange to be in Alexandria at 16:00. We will announce the gathering point in Alexandria later.

-It's cheaper to arrive in Cairo airport than Alexandria airport, however, if you want to arrive in Alexandria, arrange to arrive at the airport no later than 12:00.

-After traveling from Cairo airport we will stop for a break in Alexandria for some hours so you can have the chance to discover a little bit of our lovely city, we will leave Alexandria at **22:00 on 22<sup>nd</sup> of March and** expect to arrive Siwa at **06:00 on 23<sup>th</sup> of March.**

-Last 3 editions, participants wanted to visit the pyramids so if everyone or most of you join, the bus will travel directly from Siwa to the Pyramids to avoid wasting time, and there will be extra fees **25 euros that will cover (Transportation and Pyramids ticket only)** will be paid first day of registration. **(If not we will go directly to the airport)**

-In case you will visit the pyramids it's better to book your ticket after 22:00, the bus is comfortable, air conditioned and your luggage will be stored safely until the end of the trip.

- The Training course is 7 days include travel days In-case some participants want to stay a longer period in Alexandria or Cairo, let us know, so we could help arrange your stay/direct you.

-We will be spending the first night and the last night traveling on the way to, from Siwa so we will stay in Siwa 5 days **(23, 24, 25, 26, 27).**





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## What to bring?

- The most important thing is to bring your energy, smile and your willingness to share and collaborate with your fellow participants.
- You may bring information about your organization which can be displayed on tables, but there won't be any need to prepare power points about your organizations.
- Please, bring a sample of your home country's traditional food (it could be any kind of food; sweets, cookies, etc...) but note that, there will be no cooking facilities. It will just be something small to bring a "taste" of your country at the International Night. If you have flags or any cultural icons you are welcome to bring them to show.
- Expect there will be mosquitos, ants, flies, bring something to protect you, we hope there will be none of this but this is the nature of the place we can't change it.
- Expect the weather will be hot in the morning and cold at night so please bring summer cloth, scarf and jacket.
- And lastly, don't forget to bring your swimsuit!

## Preparation

- Think carefully about what you want to get out of the training and how you could best contribute.

## Costs

**Participation fees: 379€**

The fees are covering:

- Courses, material .
- Accommodation for five nights in Albabenshal Hotel..
- Transportation from Cairo or Alexandria International Airports.
- Transportation by bus from Alexandria, duration: 8 hours to Siwa.
- Full Board - meals and tea breaks.
- Tourist destinations, trip to the desert.
- Social Activities.

\* - Participants have to cover their own travel costs.

\* - In case you need a visa to Egypt - we will provide you the invitation letter.

Note: all costs are going for the TC preparation; the organization doesn't aim for profit, we aim to provide a quality projects that help young people and we look forward to fund these kind of projects in soonest future.



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### How you can pay?

By bank transfer before the start of the training (you will receive the bank details with the confirmation letter).

### How to apply?

Application: Fill in the application form completely.

\* **Application form link:** <https://goo.gl/forms/riTTmuSZXiXYvQsJ2>

\* **Application deadline:** 12<sup>th</sup> of February 2019 for International Participants & 1<sup>st</sup> of March 2019 for Egyptian Participants.

\* **To check participants reviews from here:** <https://tinyurl.com/y94x9djt>

\* **Video link:** <https://tinyurl.com/y7g848sc>

For more information about the SMSITC 4 please send us Email to: [info.smsitc@gmail.com](mailto:info.smsitc@gmail.com)

Keep in touch on Facebook; MI HI team will be happy to get to know you before the training start, answer all your questions.

FB link: <https://www.facebook.com/MIHIYouthO>

Website: <http://mihiyoutho.wix.com/mihiyoutho>



We can't wait to welcome you in Egypt