

10.12 – 17.12. 2018

BEING A YOUTH WORKER TODAY

INTERNATIONAL TRAINING COURSE

LECCE, ITALY



Erasmus+

ABOUT THE PROJECT

The idea behind “Being a Youth worker today” arises from the need to equip youth workers and young trainers with skills and methods needed to facilitate workshops, training, camps and daily work with youth and youth workers.

As well as encourage them to be flexible in the process of activity, assessing the needs of the group they are working with and connect with them, through that rising quality of work back home in their organizations.

The training will take place in Lecce, Italy from 10th till 17th December 2017.

NB: Arrival day 10st December before 15 o'clock.
Departure day 17th December after breakfast.





WHAT CAN YOU GET OUT OF THIS PROJECT?

After successfully finishing the training, you will be able to:

- Understand and facilitate individual and group learning process.
- **Plan and implement programs** for non-formal education activities.
- Develop skills in leading meaningful conversations with your participants.
- **Improve your team working skills** and leading a team.
- Learn to organize your **own learning**.
- Improve the **effectiveness** of the output and impact in activities you facilitate.
- Get **more confident** in working as the facilitator for any group.

WHO CAN APPLY?

This project is for you IF:

- You are **25+ years old**.
- You are a youth worker interested in gaining skills in facilitating workshops/training courses.
- You are young trainer in ERASMUS+ projects who want to get better understandings and get involved in projects from a new perspective.
- You are youth worker who want an upgrade of their experience, and who are interested to create similar experiences for someone new.
- You are youth worker motivated to improve the quality of youth work and projects in their organizations and communities.
- You are not a youth worker/facilitator but you want to be.
- You are involved in youth activities and you want to gain new skills in the field.

If you marked at least 4 claims - You should apply!

**If you marked less than 4 claims - You should definitely
APPLY!**

APPLY HERE!





DAY TO DAY PROGRAM

Day 1. Welcome; Program and Group introduction.

Day 2. Learning in Non-formal Context
// Who am I as a trainer?

Day 3. Connection and Communication.

Day 4. Facilitating learning processes.

Day 5. Setting up a Scene & Designing a program.

Day 6. Workshop delivery day!

Day 7. Evaluation and closing.

Day 8. Departure day.

DATES

Arrival date: 10th December *before 15:00*

Start of the program: 10th December before dinner.

End of the program: 16th October in the evening.

Departure date: 17th October *after breakfast.*

ARRIVING LATE OR LEAVING EARLY IS NOT ALLOWED

* According to Italian National agency you are allowed to start your trip up to **48h before** the training starts and depart up to **48h after** it. Specifically this means that you can start you travel to the training **the earliest on the 8th December** and leave from Italy **the latest on the 18th December**, keeping your right to be reimbursed.

We require that you take part during **the whole training.**

If you wish to arrive earlier or leave later than arrival and departure dates, you should arrange your own stay in Italy.

Your stay during the days not included in the program of the project will not be covered by organizers.

The training if co-funded by ERASMUS+, you can get your travel costs reimbursed up to amount stated in the following page.

We recommend booking your ticket **as soon as you receive the confirmation letter** since they are often much cheaper when bought in advance and **inform us about your arrival and departure time.**



COSTS AND REIMBURSEMENT

The travel, accommodation, food and the program itself are co-funded by the European Union through the **ERASMUS+** program.

We ask you to contribute with a **participation fee of 35€** which you can pay upon arrival.

The organizers will **reimburse travel costs** for the amount showed in the original boarding passes, tickets and invoices, up to the limits indicated in the ERASMUS+ program guide (see the table on the side).

For this reason is **essential** that you bring with you and keep all the original tickets and invoices of the travelling.

Please note that the amounts on the side are the **MAXIMUM** amounts that will be reimbursed, all the costs exceeding these amounts will be covered by you as well as the costs for accommodation sustained in case you decide to start your travel before the arrival day and after the departure day.

NB: In order to be entitled to reimbursement respect the time limits as mentioned in the previous page, be on time for the starting of the program and participate in all of it.

Country of origin	Number of participants	MAXIMUM Reimbursement
Italy	4	20€
Malta	4	275€
Croatia	4	180€
Poland	4	275€
Bulgaria	4	180€
Greece	4	275€

VENUE AND ACCOMMODATION

Being a youth worker today will take place in the city of **Lecce**, in Apulia region.

Our accommodation for the duration of the project will be "**Urban Oasis Hostel**".

Urban Oasis Hostel is a cosy and renewed hostel with a cosy courtyard, and conference rooms.

The hostel is easily reachable from the train station in Lecce, it's 10 min walking distance.

The closest airport to Lecce is Brindisi, from there, there are shuttle buses available every 30min which leaves you at the bus city terminal. From there you can take local buses to the train station.

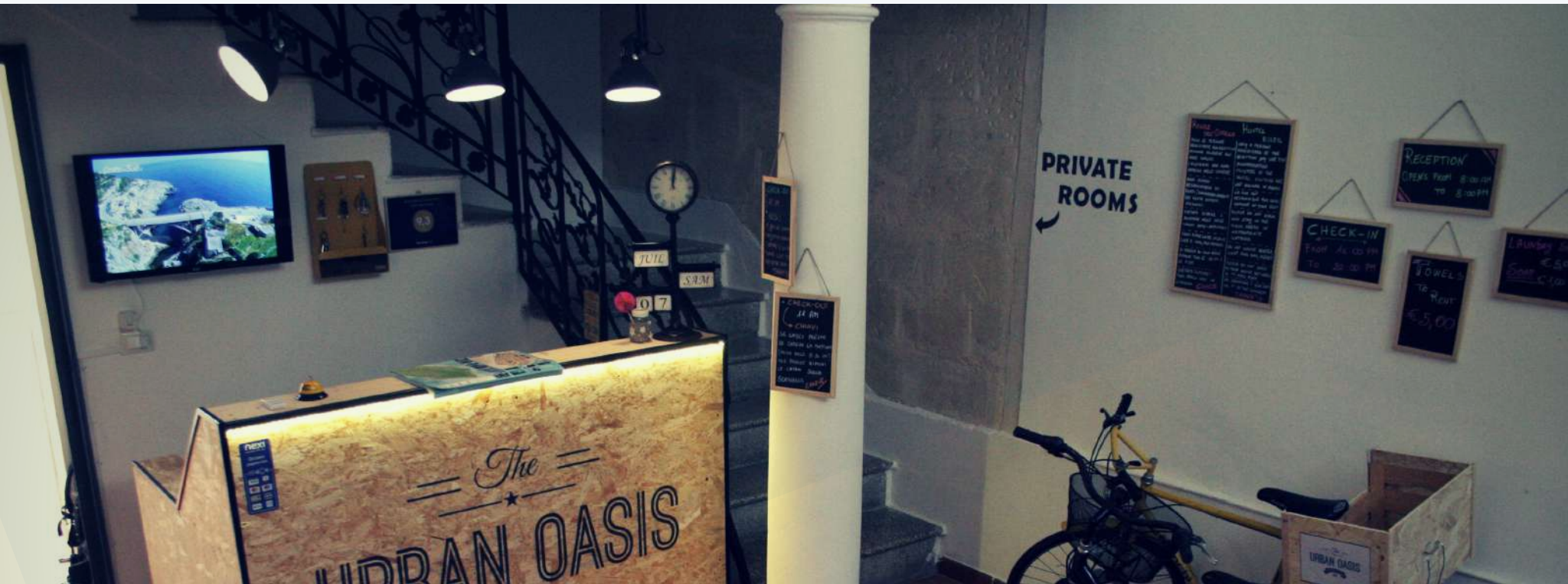
The hotel offers free WI-Fi connection, internet points, rooms with balconies

Walking distance to the city centre is 10 min.

More about the hostel here: <http://www.urbanoasishostel.com/>

The arrival date is 10th December before 15:00

The departure date is 17th December after breakfast.



PREPARATION

We will ask you to prepare **some assignments** before coming to the training. More about it you will find out **after** receiving the **Confirmation letter** that you will get once selected as the participant for the training. Preparation of the assignments for the training should take a couple of hours, not longer than that and requires no extra resources or knowledge from what you already have!

WHAT TO BRING WITH YOU

- Smart Casual clothes for presentations.
- Laptop/Tablet or any device for preparing material.
- Passport or ID card.
- Medicines that you usually take.
- Health Insurance Valid in Italy (European Insurance Card*).
- Travel tickets and invoices.

***For more information on how to get the European Insurance Card please visit the website: <http://ec.europa.eu/> or contact your national organization**





FOLLOW-UP

At the end of the training, you will be asked to organize **at least one activity** in your local communities based on the knowledge learned during the project, that can be to organize workshops, seminar or anything connected with the topics of the training that allows you to put in practice what you learnt.

By this, we will have the opportunity to see tangible results out of the project in a form of a activity **from each of you**. After the implementation of the activity, we will ask you to fill in a questionnaire with clear questions about methods, tools and knowledge we presented in the training, with an aim to reflect on the impact of the training on your work back home

Important! ONLY after follow-up activities, you will get reimbursement for the travel.

WHO WE ARE

L' Arca del Blues is an NGO active in the field of education, personal and professional development, professional skills and youth support.

L'Arca del Blues was founded in 2012 with the aim of supporting the enhancement of quality of living, professional skills and the development of human potential through powerful educational and personal development experiences. Activities in L'Arca del Blues are focused on youth support, education and personal growth.

The methods include formal and non-formal ways: frontal lectures and workshops, music, experiential learning, learning by playing, creativity, theatre, media, dance etc.



TRAINERS

Antonio Greco Youth worker, projects coordinator expert on ERASMUS+ mobility projects and young trainer, passionate about self-development, education and travelling. He is project manager for l' Arca del Blues and few more NGOs around Europe, young trainer and facilitator of Educational Youth projects. He participated in a Long-term EVS in Croatia. He has his own businesses and NGOs.

Dita Mozge is a youth worker, EVS coordinator, facilitator, young trainer and graphic designers with a passion for self-development through non-formal education, experiential learning, life coaching and overall empowerment. She is an active member of core staff in Syncro - Synergy Croatia for 4 years now, coordinating EVS, writing, organising and implementing projects under Erasmus+ grant.



CONTACTS

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