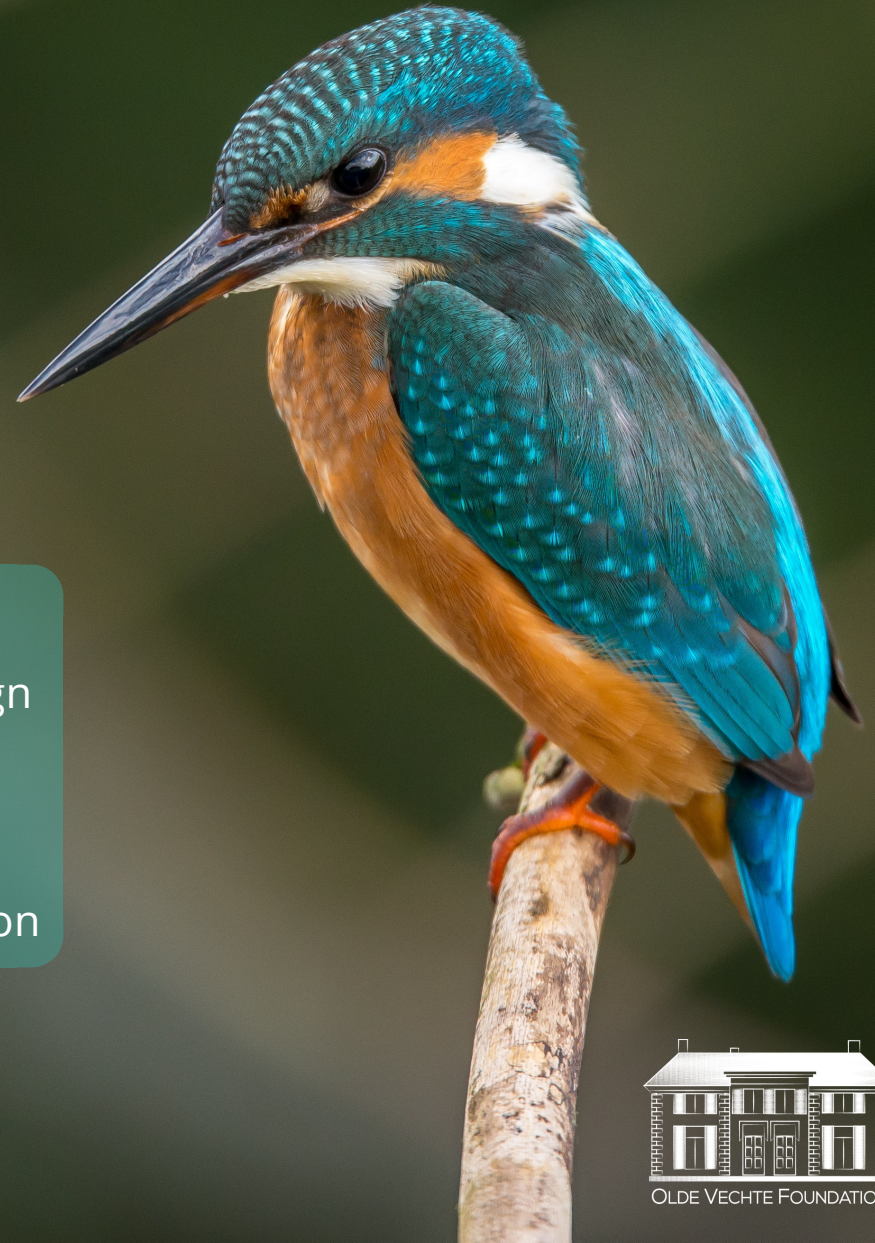


TRAINING FOR TRAINERS

WATCH OUT! TRAINING FOR EXPERIENCED TRAINERS
IN THE YOUTH FIELD!

- ▲ Provocative training
- ▲ Unique method for training design
- ▲ Somatic aspects in trainership
- ▲ Contextual learning
- ▲ Dynamic practice, peer supervision

Dates: 31 January - 6 February, 2019
Ommen, the Netherlands





► PROVOCATIVE TRAINING

With love, humour and challenge, we offer a setting where you can go beyond your regular practice and see how you can shape your own distinctive training method.

► UNIQUE METHOD FOR TRAINING DESIGN

Discover ways to develop and facilitate a training according to the needs of your target group on many subjects based on your own structured method. This will speed up your behaviour change as a trainer and will explore how ready you are to drop your training plan and to create a dynamic and engaging program on the spot.

► SOMATIC ASPECTS ON TRAINERSHIP

Every part of the training is infused with embodied exercises so you explore and develop an effective embodied training behavior.

► CONTEXTUAL LEARNING

A context is created by multiple elements and it directs the meaning and the outcome of the training. By guiding the context, you will be able to create and use intentionally the elements of your training in order to move towards your goals. Therefore your role is to stimulate and shape a process that actively involves your participants.

WHOM IS IT FOR?

THE TRAINING IS DESIGNED FOR TRAINERS WORKING IN THE YOUTH FIELD WHO ARE ALREADY EXPERIENCED IN WORKING WITH YOUNG GROUPS, HAVE THEIR TRAINING METHOD AND UNDERSTAND THE PROCESS OF CREATING AND DELIVERING A TRAINING.

We offer spots for 24 participants. This group size allows the close work with the main trainers and the small team of international assistant trainers.

The training aims to challenge the current working methods of the participant and to provide answer to the following questions:

- ▶ WHO AM I AS A TRAINER/YOUTH WORKER?
- ▶ WHAT ARE MY UNIQUE QUALITIES?
- ▶ IN WHICH DIRECTION DO I WANT TO DEVELOP MY METHOD?



HOW IS IT DESIGNED?



There is a lot of hands-on work, demonstrations and reflection in small groups afterwards. In this training not only you can fine-tune yourself as a trainer, but also take ideas as a trainee. There are no marks or goals to achieve - everything you take out of this training is your choice.

WHAT WILL YOU GAIN AS A PARTICIPANT?

MASTER SOMATIC ASPECTS IN TRAINERSHIP

- ▶ Master all somatic aspects of your performance (gestures, facial expressions, voice, pauses, breathing, muscle tone, posture, positioning and state management)

BE CONTENT IN FRONT OF THE GROUP

- ▶ Know what is needed to present and introduce your training
- ▶ Practice working with a group
- ▶ Practice new ways of observing the group and collecting information from the group

DELIVER A PERSONALIZED TRAINING

- ▶ Learn to recognize trainable critical behavioral points
- ▶ Be able to deliver a training on any topic
- ▶ Be able to adjust the learning experience to any target group
- ▶ Creating personalized checklists for different procedures

WHAT WILL YOU GAIN AS A PARTICIPANT?

DESIGN A TRAINING ON DIFFERENT TOPICS AND TARGET GROUPS

- ▶ Develop your own training approach
- ▶ Create a training through our 12 step phase model
- ▶ Successfully detect your target group`s problem and offer a solution
- ▶ Understand how to build up activities in a programme
- ▶ Learn how to effectively give instructions
- ▶ Learn how to smoothly reflect after an activity
- ▶ Learn how to lure participants into learning and didactically go from one topic to another
- ▶ Together with other participants, create relevant training material and common resources online

CREATE THE ROLE AND METHOD OF A TRAINER

- ▶ Develop your own training approach (do you ask instead of giving answers, are you distant or are you close to the group etc.)

CREATE AND MANAGE CONTEXT

- ▶ Use and develop context to shape desirable training outcome

WHAT DO WE CONSULT?

Somatics

Pease, A. The Definitive book of Body Language

Strozzi-Heckler, R. The art of somatic coaching: embodying skillful action, wisdom, and compassion

Hamill, P. Embodied Leadership: The Somatic Approach to Developing Your Leadership

Experiential learning methods

Kegan R., Lahey L. Immunity to change.

David A. Kolb, Experiential Learning

Methodical work

Winkelaar, P. (2001). Methodisch werken

The principles of Montessori pedagogy

Learning

The Power of Ontological Learning: An Interview with Julio Olalla

Eagleman, D. The Brain: The Story of You

Kirkpatrick, J. D., Kirkpatrick W. K. Kirkpatrick's Four Levels of Training Evaluation

Click here for the e-book:

Training with the Karin de Galan method



WHO ARE THE TRAINERS?



YASSAR MARKOS

Yassar started to work with Olde Vechte Foundation in 2010. He has been delivering trainings and workshops on different topics (personal development, coaching, NLP, communication, presentation skills, training for trainers, negotiation, productivity) in the last 8 years. He was formed as a medical doctor and is presently doing his masters in psychology.



LENA NASIAKOU

"Play is our brain's favorite way of learning" is what guides Lena as a somatics trainer and an embodied coach. After graduating from her masters in Adult Education, Lena began to work alongside a talented group of trainers and coaches who were of different cultures and had distinct styles, yet shared a common love - somatics! Lena perceives trainings as a playground where creative approaches stimulate learning both in the body (soma) and mind. Like this trainees can enjoy a dynamic learning process besides gaining a deeper understanding of the topic.

WHAT DO THEY SAY ABOUT THE TRAINING?

JONNE TAS

The most valuable knowledge I gained was when working with the Winkelaar method. I now feel confident when creating a training, because the process is clear to me. Next to this, now I have a better understanding on how to work for and together with a client. Lastly I now strongly feel the importance of context for participants in trainings. It has been a valuable training for me.

ANNA MORO, MEDIATOR

Deliver a personalized training - I experienced to what extent I can create a program for different clients using in creative ways the methods that I already have in my pockets. What was inspiring to me was collecting techniques and approaches from other participants.

LUKAS OPPERMAN, TRAINER

I have been delivering soft skill trainings for 4 years and trainings for trainers for two years. As a trainer I work with confrontation and empathy and that is not a contradiction. This training brought me new ways to create a tailored training that is really useful for the participants and gave me a lot of opportunities to experiment and create different spaces for learning. But the most I learned from the other participants. I will use what I learned here to create trainings with market value, while at the same time staying true to myself and enjoying it.

HOW TO APPLY?

Olde Vechte offers an elegant all inclusive training experience. The price includes accommodation and food expenses at the site of the training. It also covers all necessary materials and relevant training material.

If you wish to apply, fill in the online registration form. Please note that only complete registration forms are taken into consideration.



PARTICIPATION FEE

€360 General participation fee

Discount:

€460 Participation fee for people living in Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Luxembourg, Lichtenstein, the Netherlands, Norway, Sweden, Switzerland and United Kingdom

10% - if you have done an Event Wise or Practicing Coaching training

WHO ARE WE?

Olde Vechte Foundation is a non-profit organization, based in Ommen, the Netherlands. Since 1966 it has been functioning as a training center with a long experience in non-formal education, coaching, personal development, social and cultural work. The Foundation is open to everyone and its vision is to create a world that works for each one of us out love, care and cooperation. Modern approaches of **contextual learning** are used in all the activities of the Foundation. Kinaesthetic, auditory and visual senses are involved, bringing about **learning by experiencing** and enabling the full participation of the trainees.

The training course will take place in and around the group accommodation of **Olde Vechte Foundation**.

