







"ALL IN"

INTERNATIONAL TRAINING COURSE (C2)

12. - 19. August 2018, Deutschlandsberg, Austria

Aim & Objectives:

This youth workers and youth leader's mobility foresees implementation and testing of created Training Modules about "inclusive youth work" on international level with aim to give participants space & time to gain practical & theoretical knowledge what "inclusive youth work" means and how to implement it in ones work and activities.

Objectives:

- to increase knowledge & competences about inclusive youth work;
- to provide concrete tools & methods in "inclusive youth work area" in projects/activities/NGO work;
- to inspire & stimulate participants to adopt more inclusive approach in their work;
- to provide space & facilitation to exchange experience & practices within the participants group;
- To strengthen the collaboration & cooperation on European level;
- To test created Modules at international level.

ALL IN training modules:

Module 1 – Introduction to inclusive youth work (basics of youth work, intersectionality, exploring definitions of marginalized groups, diversity, inclusion, etc.)

Module 2 - Practicing inclusively (social identity, inclusive youth work and youth workers, resilience in youth work, planning own inclusive work)

Module 3 – Learning more about inclusion (exploring topic deeper based on individual and group needs)

Module 4 – Embedding inclusive practice (strategy planning and implementation, management of inclusive youth work, etc.).

Additionally Modules are supported by online learning platform, which includes relevant materials, online trainers support, online peer support, etc.

It is also foreseen that participants engage themselves in individual learning before, during and after participation in Module's sessions.

All course fallows principles of non formal education based on ALL IN objectives and participant's needs and expectations. The training method is based on learning by experience, reflection and learning outcomes of it.

ALL IN project "definition" of Inclusion:

Inclusion is the conscious and purposeful creation of an intersectional environment in which every person is valued, connected and engaged. People have control of their own support and making their own decisions. That means everybody gets the support they need in the way they want it.







When people choose to participate, they do so without experiencing restrictions or limitations of any kind, including prejudice and discrimination.

To achieve inclusion, we must consistently disrupt traditionally accepted constructions. This means being open and willing to challenge and change our own behaviours and views, as well as the spaces and organisations around us.

Profile of participants:

Participants of this Mobility should meet the following criteria:

- youth workers, youth leders and volunteers, other persons involved in youth work that work with young people, but want to make their work more inclusive and who want to be actively engaged with this theme
- a person who is already experienced about youth work itself (as professional or volunteer), he/she, knows tools and activities and she/he would like to be involved in a long – term perspectives in youth fields through the activities of promoter NGO's
- are willing to develop their competences in field of inclusive youth work and share their knowledge, skills and experiences with other participants
- would like to get practical and theoretical knowledge, how to create their work more inclusive towards people with and without fewer opportunities
- are able to communicate in English
- are at least 18 years old
- are motivated to be fully involved in preparation process (homework's, self assessment) and attend at least 98% of the Training
- are motivated to take part in after Training (evaluation, self assessment, etc.)
- as this Training is a part of testing quality of designed Modules, participants should be motivated to take part in extra evaluation activities (during the Training and online) before and after the Training (questionnaires, interviews, etc.)

NOTE: The Training will meet necessary accessibility standards and is available also for disabled participants. If participants during this event need assistance or have other disability related needs, you must tell us in advance, that we can organize everything to meet their needs.

During the training course there will be possibility to have local assistance if it is necessary.







Venue place:

- 1) The training course will take place in **Deutschlandsberg, Austria from 12th 19th August**
 - **2018** (Arrival date 12th August evening, departure date19th August morning).
- 2) During the training participants will be accommodated in the youth hostel (Jugend & Familiengastehauser Deutschlandsberg) in Burgstrasse 5, 8530 Deutschlandsberg in rooms with 2 beds. More information about youth hostel under http://www.jufa.at/deutschlandsberg (page is available in German and English). We would like to point out, that there is possibility to use sauna and wellness area (free for hostel guests), rent out bicycles (the price varies from 6 - 20 EUR depending on the time and bicycle). Wireless internet is available in whole facility.
- There is open air swimming pool in Deutschlandsberg, just 3 min walking distance from the hostel.

Deutschlandsberg is a small town in West Styria (Weststeiermark) in so called "Schilcherland", 45km from Graz (the capital of province Styria and 2nd largest city in Austria), 368 m above the sea level and has apr. 8200 inhabitants. This area is named after its famous wine "Schilcher", known for its distinctive taste and rich shades of the colour. Deutschalndsberg situated at the foot of Koralpe Mountains, was originally a settlement which was a part of the castle of Lonsprech. During the times of Roman domination it already was an important place of passage, and a centre of trading. The popular archduke John of Austria (Erzherzog Johann) called it the paradise of Western Styria. The small town has grown into an important centre of commerce, but it has conserved its ancient flair, and a healthy and clean environment.

Weather in Deutschlandsberg:

The weather you can check under <u>https://english.wunderground.com/q/zmw:00000.209.11240</u> (in English). At the moment we feel summer in the air and the temperatures during the day are around 20C - 30C, but mornings and evenings are still very chilly. Deutschlandsberg is surrounded by mountains, so it can be colder there during the day like in Graz. It also can be rainy, so take some rain coats or umbrellas with you and pack in something warm.

About currency and prices:

- * A beer in pub costs around EUR 3.50, in the bar in the hostel: EUR 2.50 EUR 4.00
- * A coffee in café costs from EUR 2.50 EUR 4.20 (depends, what kind of coffee you want), in the café in the hostel: EUR 2.10 EUR 3.70

* A glass of juice or lemonade costs from EUR 1.80 – EUR 2.50, in the café in the hostel: EUR 1.80 – EUR 3.80

- * Mineral water in shop costs from EUR 0.60 EUR 1.00
- * Ice cream costs around EUR 1.50
- * Post card costs from EUR 0.65 EUR 1.50
- * Stamp for post card costs EUR 0.90 (Europe) and 1,70 EUR (outside Europe)







Reimbursement of travel costs:

We will reimburse travel costs of participants according to the lump sum based on distance calculator (if the travel costs are higher than a lump sum, participant or partner organization should cover the difference) during the training course (except participants, who requested bank transfer after training), when we will get copies of tickets and bills and boarding passes. Please make sure, that there is a bill or it is written on ticket, how much you have paid for it, otherwise there might be problem with reimbursement. The originals of travel documents you will need to send afterwards by post.

In exceptional cases organisers can purchase tickets for participants (if there is need for it, it should be communicated with YIP Austria).

The currency for reimbursement will be Euro. For the countries, which don't use EUR, the converting in EUR will be made according to rates of European Central Bank using the date, when the invoice or ticket has been issued.

Lump sum calculated per person – 275 EUR

Other information to pay attention:

- According to Erasmus+ Guidelines every participant is required to have insurance for the time of training, which includes:
 - ✓ wherever relevant, travel insurance (including damage or loss of luggage);
 - ✓ third party liability (including, wherever appropriate, professional indemnity or insurance for responsibility);
 - ✓ accident and serious illness (including permanent or temporary incapacity);
 - ✓ death (including repatriation in case of projects carried out abroad).

Every participant/partner is responsible to organize necessary insurance.

- All information about ALL IN project can be found under https://all-in-project.eu/

For any questions or help, you can contact us: Youth In Progress Austria, Austria Contact: Inga Baltina Email: <u>yip.austria@yip-info.org</u>

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