

From knowing to being - 24 – 30 June 2018 – Nideggen, Germany

	Sunday 24/06	Monday 25/06	Tuesday 26/06	Wednesday 27/06	Thursday 28/06	Friday 29/06	Saturday 30/06
9h30 – 13h00	Arrivals of participants	Getting into the course and into the group Sharing the 'Homework' 'The 3rd layer': a focus on attitudes The learning focus for the hike	Practicing 'The 3rd layer' (cont.) Group awareness practice 'Village market' 1 Practicing 'The 3rd layer' (cont.) Preparation for the hike	Hike	Reflection on the Hike What happened, and how, what does it say about my competence as a trainer	Summing-up: what is my story of what I am bringing home? What do I want to transfer to my work in training and how?	Departures of participants
15h00 – 19h00		The learning focus for the hike (cont.) Practicing 'The 3rd layer' in the group context Daily reflection	Hike	Hike Coming back 'steaming out'	Group awareness practice 'Village market' 2 Visit to the Vogelsang camp	Youthpass Conclusion Evaluation Final reflection	
Approx. 20h30	Welcome Evening	'Something that shifted my view of the world/myself'		BBQ & presentations of the group task	Dinner out	The Goodbye- and-good- luck_party	