

“In and Out”

The training course on Emotional Dimension of Young People In and After Imprisonment

04.-10.02.2018

<i>Time</i>	<i>Arrival day</i>	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	Departure
8.00	Arrival of participants	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
9:00		<i>Well-being Morning Cuddle</i>	<i>Well-being Morning Cuddle</i>	<i>Well-being Morning Cuddle</i>	<i>Well-being Morning Cuddle</i>	<i>Well-being Morning Cuddle</i>	<i>Well-being Morning Cuddle</i>
9.00		Getting to know each other	Emotional Intelligence and its place in youth work in and after imprisonment	Exploring the Emotional Intelligence through practice – young people dimension	EQ Labs: Development of activities	Planning follow-up initiatives in tandems	
11.00		<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>	
11.30		Introduction to the training course Expectations from participants	Exploring the Emotional Intelligence through practice – Youth worker dimension	Exploring the Emotional Intelligence through practice – young people dimension	EQ Labs: Development of activities and simulations - practices	Presentation of follow-up initiative	
13.00		<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	
14.30		Group building	Exploring the Emotional Intelligence through practice – Youth worker dimension	Sharing experience and good practices of participants	EQ Labs: Development of activities and simulations - practices	Erasmus+ Opportunities and fundraising Networking and possible cooperation	
16.00		<i>Coffee Break</i>	<i>Coffee break</i>	Meeting with practitioners – example of good practice	<i>Coffee break</i>	<i>Coffee break</i>	
16.30		Non-formal education and experiential learning	Emotional empowerment and youth work in and after imprisonment		EQ Labs: Development of activities and simulations - practices Conclusions	Youthpass Evaluation & Closing	
18.00-18:30		Youthpass and Reflection of the day	Reflection of the day		Reflection of the day		
19.00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Social Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	
20.30	Welcome evening	Self-organised evening	Self-organised evening		Self-organised evening	Farewell party	

Departure of participants