

Communication for cooperation - Training Course

Portugal- 8th - 14th October 2017

Lisbon,

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	8 October	9 October	10 October	11 October	12 October	13 October	14 October
	Arrival day	Starting important process	Feedback, Experience on your own	Non violent communication day and ICT tools	Cultural visit & Assertive communication	Final Evaluation and Assessment	Departure day
8:30	Breakfast						
9:30	Arrival of the participants	Morning cycle (10)	Morning cycle (10)	Morning cycle (10)	Morning cycle (10)	Morning cycle (10)	Departure day
9:45		Team building (10, 1, 9)	Why we don't cooperate? Base of communication (1, 13)	Non violent communication theory (4, 13)	Cultural Visit (15, 9)	Follow up and Dissemination Plan(7, 14, 13)	
11:00	Coffee-Break						
11:30	Arrival of the participants	Team building (10, 1, 9)	Feedback (3, 13)	Going deeper to NVC: Observation vs. Judgement (4, 13)	Cultural Visit (15, 9)	Follow up and Dissemination Plan(7, 14, 13)	Departure day
13:00	Lunch						
14:00	Lunch						
15:00	Arrival of the participants	Erasmus Plus, Youthpass (10,11, 12)	Planet Arius-simulation exercise (2)	ICT tools for communication (6, 13, 14)	Assertive communication (5, 13)	Final Evaluation (12, 13, 14)	Departure day
16:30	Coffee-Break						
17:00	Arrival of the participants	Train of communication (1, 13)	Planet Arius-simulation exercise (2, 13)	ICT tools for communication (6, 13, 14)	Assertive communication (5, 13)	Youthpass (11,12,14)	Departure day
18:30		Reflection Time (8, 9)	Reflection Time (8, 9)	Reflection Time (8, 9)	Reflection Time (8, 9)		
19:00	Free-time	Free-time	Free-time	Free-time	Free-time	Free-time	
20:00	Dinner						
21:00	Dinner						
22:00	Welcome Evening (9,10, 15)	Open Night	Movie night (15)	Intercultural Evening (15)	Open Night	Celebration Time	
23:00							