

Infoletter

The **Sounds of Silence** KA1 project has been approved by the Hungarian Erasmus+ NA. The host organization is the **Federation of Children's and Youth Municipal Councils**.

We collected some useful information for you about the project. We kindly ask you to read it carefully:

1. About the programme:

We believe that silence is one of the basic tools for those, who work with groups of young people, even though we might not be aware of it. It is very common to use silent moments while doing activities with groups of young people. Silence can also influence the atmosphere of the group and its learning processes. But how can we use silence in a more conscious way? Our aim is to explore the sounds of silence and perceive it as a powerful tool, which contributes to qualitative group learning processes.

To achieve this, we set up the following objectives:

- Create a common understanding of silence as a supportive tool for learning
- Conscious experiencing of silence as an individual and in a group context
- Use silence for participants' personal and professional development through self- and group reflection (self-discipline, self-expression, self-awareness)
- The recognition of applying silence in diverse ways (e.g. coaching, mentoring, mindfulness, storytelling, focus exercises etc.) in youth work

There will be **30 € participation contribution** per person.

2. Profile of participants:

- Trainers, facilitators, social workers, teachers, educators and animators, who has relevant working experience with groups of young people.
- Opened to self-discovery/self-awareness and interested about quality improvement in youth work.
- Fluent English
- Age: 18+

3. Important dates and deadlines:

- Training course: **4-10th October, 2017** in Hollókő, Hungary
- **Online application form:** https://docs.google.com/forms/d/e/1FAIpQLSeY_-QwWNZ0JiS9FGmqxZq7f5haWvTngZ_8dZMr086pdIx43Q/viewform?c=0&w=1
- Deadline for application: **31st July, 2017**

4. About the venue:

Hollókő is a UNESCO World Heritage village not far away from Budapest. You will be accommodated in double rooms in **Creative Space** Training Centre (<http://kreativter.hu>). We will organize transfer from Budapest to Hollókő and back on arrival and departure days.

Please do not hesitate to contact us in case you have any questions regarding the project.
E-mail: **international.gyiot@gmail.com**

Greetings from Budapest,

The Sounds of Silence Team