

CGE

CULTURE GOES EUROPE Soziokulturelle Initiative Erfurt e.V.



Informal Coaching: Evaluating and Mastering

Training Course
24th July - 01st August 2017 | Weimar, Germany



Erasmus+



JUGEND
für Europa

Nationale Agentur Erasmus+

ABOUT THE PROJECT:

The LTTC "InFormal Coaching" is a follow up of the Long-term project called "InFormal - integration of non-formal education approach to the formal education system for youth empowerment at the local level" that attempts to use coaching as a tool for youth empowerment in order to address all the mentioned issues and to build a stable and productive co-working platform for educators coming from formal education and youth field (NGOs and other youth authorities).

ACTIVITY 2 - TRAINING COURSE

24TH JULY - 1ST AUGUST 2017 | WEIMAR, GERMANY

This training course will take place in Weimar from 24 July to 1 August 2017, which is a continuation of a 1st training course that took part in Rostov, Russia from 18th-26th of March, 2017.

AIMS AND OBJECTIVES

The second stage of the project, InFormal COACHING training course is called "Informal Coaching: evaluating and mastering" and will be hosted in EJBW, Weimar, Germany. It is the second and the last activity in the frame of the project. The main aim is to assess outcomes from the practical stage and to master coaching skills through using different coaching techniques, tools as well as discussing potential and limits of youth coaching.

Specific objectives of this training course:

- ❖ Reflecting on the outcomes from the practical phases of LTTC
- ❖ Assessing personal and professional development
- ❖ Assessing personal coaching style and personal expression
- ❖ Discussing different approaches to coaching
- ❖ Sharing challenges and good practices, asking questions
- ❖ Assessing and evaluation of techniques of different forms of coaching
- ❖ Testing new coaching models, tools and instruments
- ❖ Planning the future cross-sectorial cooperation.

PARTICIPANTS PROFILE

The training course will offer opportunities for 27 youth leaders, youth workers and trainers to develop their personal and professional competences.

The participants are expected to have met the following criteria:

- ❖ Sincere interest and motivation to explore topic of coaching, readiness to share personal and professional experience and to learn in the international group.
- ❖ Participation in the other stage of long-term training course including the on-line phase.
- ❖ Clear ideas for follow up at local/national and international level
- ❖ Some experience in the topic of youth empowerment and high motivation to explore this topic
- ❖ Shared expectations and clearly defined learning needs

- ❖ Openness for and appreciation of non-formal learning process in high diversity context
- ❖ Commitment to go through whole long-term learning process including responsibility for self-directed learning & learning outcomes as well high level of motivation and discipline, ability to deal with procrastination that might appear during the on-line learning phase
- ❖ Commitment to reflect on personal learning process and ability to assess critically learning outcomes
- ❖ High commitment for follow up activities and networking

PARTICIPATION FEE

The participants will be asked to pay the participation fee, which is 50.00 euros during the TC. The mode of payment can be agreed upon among the organizers and participants.

PARTNER ORGANIZATIONS

Country	Organization	Participants	Travel Cost/P.P	Contact Person
Albania	Qendra UET	2	€ 275	Lutjona Lula Lutjona.lula@uet.edu.al
Belarus	NGO "Youth Education Centre "Fialta"	2	€ 275	Yuliya Stankevich yuliya.stankevich@gmail.com
Czech Republic	KURO Hradec Kralove z. s.	2	€ 180	Eleni hellenicyouthparticipation@yahoo.
Estonia	EESTI PEOPLE TO PEOPLE	2	€ 275	Ruta Pels ruta.pels@mail.ru
Greece	KINONIKI SINETAIRISTIKI EPICHERISIELLINIK I SYMMETOCHI NEON	2	€ 275	Eleni Kardamitsi hellenicyouthparticipation@yahoo.gr
Germany	Culture Goes Europe (CGE), Soziokulturelle Initiative Erfurt e.V.	4	€ 180	Jhon Magkilat info@cge-erfurt.org
France	PARTICIPACTION	2	€ 275	Bogdan Imre participaction@participaction.eu
Italy	Vicolocorto	2	€ 275	Daniele Lucarelli daniele@vicolocorto.org
Macedonia	Council For Prevention Of Juvenile Delinquency Kavadarci	2	€ 275	Petre Mrkev pmrkev@sppmd.org.mk
Ukraine	Dnipropetrovsk regional youth non-governmental organization "MIKS"	2	€ 275	Katerina Zeziulina Kowka.87@gmail.com
Russia	Academy of innovation	4	€ 360	Nathalia Chardymova academy.innov@gmail.com

VENUE :

The training course of the project will take place at the European Youth Education and Meeting Centre (EJBW) in Weimar. EJBW has all the facilities needed for all the activities. Furthermore, the participants will be accommodated in the same venue. The accommodation of participants is in the EJBW in double and three bedrooms including full board with snacks, coffee & tea. Within EJBW several seminar rooms, workshop for creative work and free space for activities outside are at disposal. (www.ejbweimar.de)

Please bring your own towels and toiletries (bed sheets will be provided).

The facilities include:

- 134 beds in single, two and three bed rooms with shower and toilet
- 15 modern, fully-equipped seminar rooms (ranging from a conservatory for 4 people to a cultural room for 80 people)
- Computer room / two internet terminals
- An elegant fireside room / sports facilities and playground

TRANSPORTATION TRAVEL COSTS

According to the new rules within the Programme Erasmus+ / Youth in Action we will reimburse the travel costs for the TC on the basis of the cheapest possibilities, e.g. second class railway tickets, APEX-flights etc., accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc. upon a certain "contribution to the travel costs of participants, from their place of origin to the venue of the activity and return". This contribution is "based on the travel distance per participant. Travel distances must be calculated using the distance calculator supported by the European Commission". Here you find the maximum contribution to travel costs for ONE participant per country from hometown to Weimar and back:

TRAVELING TO THE EJBW

Arrival by Plane

Weimar is easily reachable from Airports Frankfurt/Main as well as Berlin. From these Airports to Weimar you can go by train. For special offers (29€ for one way by ICE) at least 4 days in advance please look at the homepage from 'Deutsche Bahn': www.bahn.de/i/view/Gbr/en/index.shtml

Much cheaper and comfortable are meanwhile new bus connections to Erfurt and / or Weimar from all major German cities. They offer special prices ranging from 9 EUR up to 30 EUR for the trip to Erfurt and / or Weimar. Here you can find all information (portals comparing all lines and prices):

www.flixbus.de

In case you are taking a bus to Erfurt please continue your journey by using regional trains 'Deutsche Bahn' to Weimar:
www.bahn.de/i/view/Gbr/en/index.shtml

From the Train Station to EJBW

Arrival by Train

Take bus no. 1 (direction: Ehringsdorf) from outside the railway station to the Goetheplatz - change to bus no. 2 (direction: Bodelschwinghstraße) or bus no. 9 (direction: Süßenborn) and disembark at the bus stop "Hellerweg / EJBW".

Single fare 2,00 Euro

Single fare (4-ticket-set) 6,30 Euro

Arrival by Car

From the A4 motorway take the exit to "Apolda". Follow the B87 in the direction of Apolda until you reach the main traffic lights at Umpferstedt. Turn left towards Weimar on the B7 and follow the road into Weimar until you reach us on the Jenaer Straße.

CHECK LIST FOR TRAVEL REIMBURSEMENT

REGULAR AIR TICKETS MUST BE ACCOMPANIED BY THE FOLLOWING:

- ❖ the original invoice (signed and stamped)/receipt/pay order/proof of payment
- ❖ the original boarding pass (the small ticket stub you receive before boarding the plane)
- ❖ the prices stated in the invoices, receipts etc. must coincide with the price on the ticket.

E-TICKETS MUST BE

- ❖ printed out and include your name, the exact fare you paid, details of your flight on the same page
- ❖ provided along with the credit card receipt for the payment or a copy of your bank statement (clearly showing the payment has been made)
- ❖ given with the boarding pass (the small ticket stub you receive before boarding the plane)

NOTE:

- ❖ Some airlines print 'passenger receipt' at the top of the cardboard ticket. It is not accepted as a receipt of proof of payment. Therefore, if you book your tickets online, please, make sure to print out the e-mail you receive from the airline company upon the payment, stating how much and how you paid.
- ❖ Train/bus tickets must show visible arrival and departure time as well as the price (+invoices if available)

OTHER IMPORTANT DETAILS:

- ❖ Booking paper alone is not enough (we need the invoices)
- ❖ Missing or lost tickets are not reimbursed
- ❖ Any costs for taxi are not reimbursed
- ❖ Return tickets must be bought in advance before the journey
- ❖ Following the guidelines of the Erasmus+/YIA Programme and internal regulations the travel must be released by the participants on the direct way within maximum 2 days. In case of long pauses or indirect routes (holiday travel), there is no reimbursement of travel costs! Reimbursement is done in Euro.

After the TC, please send us back all your complete travel documents in **ORIGINAL** by post mail as well as your bank account details (name of account holder, name of the bank, IBAN code, BIC/SWIFT code) August 31, 2017 the latest to:

CULTURE GOES EUROPE (CGE) - Soziokulturelle Initiative Erfurt e.V.
Iderhoffstraße 12
99085 Erfurt
Germany

For any additional questions feel free to contact

Jhon Magkilat
Culture Goes Europe Erfurt e.V.
info@cge-erfurt.org

24.07	25.07	26.07	27.07	28.07	29.07	30.07	31.07	01.08
Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.	Tue.
ARRIVAL	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Group re-intergration and intro to the programme	Assesing learning from the previous training and homework stage	Practice and feedback 1	Open Space (sharing creative tools, posing questions etc) - everything that is important for participants	-Identifying common challenges in youth work - Adressing those challenges with coaching	Practice of coaching tools and feedback	Potential and Limits of coaching. Identifying risks. Ethics of coach Competence s of coach and Youth pass	DEPARTURE
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
	Presentation of the outcomes of the home work stage Reflection groups	Open Market on other (then GROW and bicycle) coaching models and approaches Reflection groups	Practice and feedback 2 Mid-evaluation	Free afternoon	Practice of coaching tools and feedback Reflection groups	Practice of coaching tools and feedback Conclucions and recommendat ions from practice stage Reflection groups	Planning follow-up actions and possible cooperation Final evaluation and self- assesment	
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
	Free Evening	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Bye Bye Evening	

NOTE: The program is subject to change depending on the weather condition and administrative arrangements.