Call for participants



CVS-Bulgaria

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Dear partners and participants,

We would like to invite you to participate in the **Training course "Mentoring from A to Z"** that will take place in Bulgaria in the period **30th June till 6th July 2017** and will gather **30** representatives of organizations (mentors) from 14 countries - **Croatia, Estonia, Great Britain, FYROM, Hungary, Ireland, Italy, Kosovo, Poland, Portugal, Serbia, Slovenia, Spain and Bulgaria**.

The project "Mentoring from A to Z"/2017-1-BG01-KA105-035794/ is supported by Erasmus+, KA1, Youth workers mobility.

About the project "Mentoring from A to ""



Aim and objectives of the training course

The **aim** of the project is to develop and improve the competences of mentors in dealing with long-term volunteers and thus to ensure the implementation of EVS projects of high quality by providing an adequate, prepared and trained personal support system for the volunteers.

The **objectives** of this project can be outlined as:

- To gain and improve competences to deal with the uniqueness of the volunteer in terms of personality, culture and learning styles
- To explore the life cycle of a long-term project and the rights, responsibilities and roles of the main stakeholders
- To understand better the different support systems and the specific role of the mentor
- To learn and practice tools that could be used during the mentoring process
- To increase the competence for conflict transformation and how to deal with challenging situations and support the volunteers while going through such
- To explore further the concept of non-formal and informal learning, self-directed learning, Youtpass and learn practical steps on how to support the learning development of the volunteers
- To create personal development planning according to each mentor's needs
- To offer a safe, creative and sharing space for the exchange of good practices, learning experiences, ideas and development of new partnerships
- To increase the knowledge in general about Erasmus+ Programme and the opportunities it provides







Dates and venue of the training course

The training will take place from 30th June (afternoon) till 6th July 2017 (lunch) (5 full working days and two days - 1 arrival - 30th June and 1 departure day - 6th July) in Bulgaria, in Imenieto hotel, Emen, (http://imenieto.com/en/), in the Veliko Tarnovo region. The participants need to arrive in the afternoon on 30th June and depart in the afternoon on 6th July.

Partner countries, organizations and participants



Partner organizations and countries on the project are:

CVS-Bulgaria – Bulgaria
Volunteers' centre Zagreb – Croatia
EstYES - Estonia
International Voluntary Service - Great Britain
Útilapu Hálózat - Hungary
Voluntary Service International - Ireland
Youth CSS - Italy
GAIA - Kosovo
Association Center for Intercultural Dialogue – FYROM
One World Association - Poland
JCV in Action - Portugal
Young Researchers of Serbia – Serbia
MLADINSKI CENTER KRŠKO - Slovenia
SCI CAT - Spain

Each partner country will be represented by **2 participants**, and Bulgaria – the hosting country which will be represented by **4 participants**.



Profile of the participants

- Age 18+;
- Current and future mentors of long-term volunteers
- Willing to learn and share
- Willing to practise and multiply learning after the training course
- Able to understand and express themselves in English
- Are committed to attend for the full duration of the project







Travel costs - Reimburse of the travel tickets will be done according to the rules of the Erasmus+ programme based on distance calculation. The reimbursement will be made after the training course, after the participants provide all original travelling documents (coming and return). Please keep your **tickets and boarding passes**.

Croatia - up to 275 Euro Great Britain - up to 360 Euro Ireland - up to 360 Euro Kosovo - up to 180 Euro Poland - up to 275 Euro Serbia - up to 180 Euro Spain - up to 275 Euro Estonia- up to 275 Euro Hungary - up to 275 Euro Italy- up to 275 Euro FYROM- up to 180 Euro Portugal- up to 360 Euro Slovenia - up to 275 Euro

The transport from Veliko Tarnovo to Emen (the venue where the training course will take place) and return will be covered by the organizers.

For the reimbursement to take place participants will need to attend at least 90% of the training course.

Breakfast, lunch, dinner and coffee breaks will be provided by the organizers.

Insurance will be also provided by the organizers. The participants are encouraged to bring European Health Card as well.

All participants will receive **Youthpass** upon successful completion of the training.

Application procedure

If you are interested in participating, apply by **10.06.2017** filling in the online application form:

http://bit.ly/2rM69lI

The final selection will be done by CVS-Bulgaria, giving priority to candidates proposed by the Partner Organisations as long as their application is submitted within the deadline and the candidates profile fits with the profile proposed on this call.

Selected participants will be informed by **11.06.2017**. All applicants will be informed about the final decision

For any further questions, please contact us at volunteers@cvs-bg.org







or at + 359 884 766 451.

Mentoring from A to Z Kathy, Natalie and Atanaska

Information about CVS-Bulgaria

CVS-Bulgaria is a non-governmental organisation that has been working in the field of international volunteer exchange since 1998 and was officially registered in 2002 as an organisation working in public benefit. CVS-Bulgaria is a branch of the international peace and volunteer-exchange network of Service Civil International (SCI - www.sciint.org) and a full member of South Eastern European Youth Network (SEEYN - www.seeyn.org).

CVS-Bulgaria aims to promote the values of volunteer work through organising variety of voluntary activities; to motivate young people to be active and participate in volunteer actions - thus taking part in the development of the civil society; to promote and support intercultural understanding and solidarity, social justice and environment preservation.

Main activities of CVS-Bulgaria are: organising short- and long-term volunteer projects, youth exchanges, trainings, hosting and sending volunteers for projects in public benefit in Bulgaria, Europe and the world, as well as working in partnership with other NGOs on local and international level to promote volunteering as a tool for active citizenship.

Since 2003 CVS-Bulgaria has been sending, hosting and coordinating EVS volunteers. For those 14 years we have been working with more than 100 longterm and short-term EVS volunteers.

In 2015 CVS-Bulgaria developed and successfully implemented a project "EVS from A to Z" which main goal was to build and extend the capacity of the organizations in planning, implementing and evaluating EVS projects of high quality. The project "Mentoring from A to Z" is developed based on the positive experience of our previous project and the need of the organizations in providing an efficient support to the EVS volunteers during their learning and service journeys.





