



“Democracy 2.0 : think Europe, act local” is an experiential **training course** that aims to develop participants' skills to address issues related to democratic values and processes, as well as foster their youth worker skills to support young people abilities to take part in the democratic life at local level, by focusing on information, debate and decision making processes.

The project is organized by Opportunity Sweden. It will take place in **Gothenburg**, the second biggest city of Sweden, **from the 29th of June to the 10th of July 2017**. Participants will come from 7 different European countries (Italy, Hungary, Greece, Cyprus, Estonia, UK and Sweden).

[Apply here !](#)



## THE OBJECTIVES

This project aim is to develop competences needed to foster youth active participation in the democratic life by **strengthening young citizens' ability to develop informed opinions, to participate in the citizen dialogue and in decision-making processes.**

During this training course, the participants will acquire or improve a variety of abilities related to active participation of young people, including:

- understanding of the concept of youth participation, and the different level of participation, according to the model of the participation ladder (Harts).
- ability to identify the variety of dimensions and actions included in active citizenship.
- ability to create and facilitate awareness-raising activities on citizenship targeting young people to promote their active participation.
- understanding the role of critical thinking and system thinking in the development of a personal opinion based on different information sources.
- knowledge and experience of different kinds of on-line and presential methods and tools for engaging young people in giving their opinion, taking position and sharing their ideas about democratic life.

- knowledge about the different kinds of decision-making processes (majority, consensus, etc.).
- ability to identify in context the different roles one can take on during a debate or discussion (based on the four practices for dialogue from W.N. Isaacs).
- skills related to active citizenship (critical thinking, system thinking, argumentation, active listening, decision making etc.).
- ability to develop non-formal education activities for young people to increase those relevant skills.
- attitude fostering the active participation of young people in debating democratic life topics such as respect of differences, neutrality and active listening.

## WORKING METHODS

This training course is organised within the context of **Non-Formal Education (NFE)**. This means that we will have an interactive, participatory, horizontal and non-academic approach. What you give is what you get!

We expect that participants share their knowledge and their own expertise and actively contribute in the programme, exchange and build together experiences and share feelings and opinions.

The methods used in each session will include: group work and brainstorming, presentation from different participants to share knowledge and experience, simulation to experience the tools and methods and group discussions and reflections to be able to critically analyse the experience. Two days will be dedicated to experiential learning and self-directed learning, where participants will design, prototype and facilitate one activity on one of the topics covered during the training.

## TRAINER TEAM

Mohammed Zamman (UK) : founder of the network of NGOs Opportunity International, he has a BA Degree in Community and Youth Work and more than 10 years of experience in this field. His main role is to lead the Training Team (composed of Swedish and English trainers). He is experienced in training courses around Inter-cultural/Inter-religious dialogue and social inclusion, and specialises in Training of Trainers.

Amandine Laumont (Sweden) : trainer in non-formal education and facilitator of group processes. Her areas of expertise include participation, co-creation and transformation methods, intercultural communication, reflexive learning and (self-) leadership. She has 8 years of experience in the youth field in France, Austria and Sweden. She was the one at the origin of the creation of this project and is the CEO of the hosting organization Opportunity Sweden.

Local experts in democratic processes, forum theatre and youth work will also join the training team for specific sessions.

## PRACTICAL INFORMATION

The training course will take place in the city of Gothenburg, on the west coast of Sweden. The accommodation will be in rooms of 5 people in a local hotel. The venue is easily reachable by public transport (approx. 20 min from Gothenburg train station and 1 hour from Landvetter Airport in Gothenburg).

Participants are expected to arrive at the venue by **5pm on Thursday, 29<sup>th</sup> of June**. The training course will take place for 10 full days (including site visits and cultural activities) and **the departure day is Monday, 10<sup>th</sup> of July**.



This training course is designed for leaders, volunteers & professionals from the Youth field including active young people, who are interested in strengthening the role played by young people in the democratic life. 3 participants from each of our 7 participating countries will be selected for this training course, who:

- have some experience with topic of youth participation on local, national or international level (not necessarily within the partner organization). This is necessary in order to relate their previous experiences while designing new tools, but also to share them with others and to reflect on;
- are motivated to learn about and make use of on-line and other tools to foster youth engagement within local democratic life;
- have the support of an NGO, preferably one of the project partners, that has experience in youth field to attend the training course. The NGO they belong to should also have the capacity to support them in implementing local event/activity after the activity;
- take the responsibility to organize at least one local event/activity during the month following the training course, using some of the tools presented/created during the training course.
- have sufficient ICT knowledge to use online resources, social media and develop communication material on computers (pictures, videos, etc.) as part of realizing a local event/activity;
- are minimum 18 years old;
- are able to use English as a working language in order to establish effective communication during group-work and sessions.



## COSTS

The project has been financed by the Erasmus+ programme.

The costs related to **accommodation, food and the training activities will be completely covered** by the hosting organisation. We will refund travel costs up to the Erasmus+ allowance for each country:

- Estonia, Italy, Hungary, UK: 275€
- Greece, Cyprus : 360 €
- Sweden: travel reimbursement to be discussed with Opportunity Sweden

This is the maximum amount we will reimburse for your travel costs. Once received all the travel documents (tickets, boarding passes ...), a bank transfer will be made approximately 3 months later. More information on travel booking will follow for successful applicants.



## HOW TO APPLY

**Applications must be submitted by May 16th the latest**, by filling in the following questionnaire:

<https://amandinelamont.typeform.com/to/Jz0sto>

As we want to build a diverse group, we encourage everyone interested and willing to learn more about this topic to apply. Feel free to reach out to us before applying if you have any concern about your participation.

Please note that by applying to this training course you agree to full participation in the preparatory and evaluation/dissemination phase.

We are looking forward to your applications and for you to join us in Sweden for our Democracy 2.0 training course!



## ANY QUESTIONS ?

If you have any question, contact us at: [Sweden@opportunityuk.org](mailto:Sweden@opportunityuk.org)