

Get up, Stand up!

A training course on democracy and active citizenship in the field of youth work

19-24.05.2017 | Bonn, Germany

The Get Up, Stand Up! Training course explores the complexity of democracy and active citizenship in youth work. It aims at transforming reflections into actions for youth participation.

Background

Since some years Europe is facing more and more challenges – economic crisis, euroscepticism, populism and growing nationalism on political level and a lack of vision about the common European future. Moreover, these challenges have their implications on community, national and European level. How young people understand democracy? How do they take part as active citizens in their community life?

Youth work plays an important role in these contexts by empowering young people to be an active part of their communities and societies. The Get Up, Stand Up! TC supports and promotes reflections and future actions of youth workers to approach these challenges.

Aim and objectives

The main aim of the Get Up, Stand Up! training course is to explore and understand how democracy and active citizenship are translated into youth work practices and support participants to better empower young people as active citizens.

Democracy and active citizenship work on different levels - community, organizational, national and European. Understanding this is the first step to be an active member in a democratic society. The Get up, Stand up! TC will explore how youth workers can reflect upon and change their practices, in order to empower young people to take a stand for their future and shape their societies.

The training course has the following objectives:

- To increase the understanding of the concepts of democracy and active citizenship,
- To explore how individual beliefs and values influence youth workers' educational approach,
- To explore the challenge of being an educator in complex and ambiguous times,
- To understand how promoting democracy and active citizenship can lead to active participation of young people,

- _ To explore the opportunities of the Erasmus+ Youth in Action Programme to better support active citizenship among young people.

What can you gain out of Get Up, Stand Up! TC

The training course will create the conditions to:

- _ Better support young people to explore the dimensions of active citizenship in democratic contexts,
- _ Face ambiguity, complexity and responsibility which come along with being an active member of the society,
- _ Experience how approaches like Betzavta [democracy and peace education] and Human Rights Education work within the topic of the TC,
- _ Know about good practices related to active participation in the field of youth work,
- _ Explore different tools for more active participation.

Participants profile

The training course is directed to people active in the youth field at local, national or international level such as youth workers and youth leaders.

Methodology and educational approach

The educational approach and the methodology of this training course are based on the principles of non-formal learning.

Participants will be invited to reflect upon their own understanding of democracy and active citizenship as individuals and professionals at different levels [organizational, local, national, European, global]. By exploring good practices and project examples, the participants will then transfer the acquired competences and reflections to their youth work realities and draft an action plan on how to better support young people in their political and active participation in the society.

A range of methods, including group discussions, experiential learning activities, role-play and simulations and individual reflections will be used to explore the topic of the TC.

19.05.2017 Day 0	20.05.2017 Day 1	21.05.2017 Day 2	22.05.2017 Day 3	23.05.2017 Day 4	24.05.2017 Day 5	
Participants' arrival	Introduction to the TC Getting to know each other The group Individual learning plan	Experiencing Active Citizenship	My youth work reality: Challenges and opportunities	Tools to promote Democracy and Active Citizenship in youth work Erasmus+ Programme as a tool for Democracy and Active Citizenship	Participants' departures	
	Lunch					
	Experiencing Democracy	Democracy and Active Citizenship landscapes - from local to global	Dealing with complexity and ambiguity in youth work Good practices in promoting Democracy and Active Citizenship in youth work	Future plans: Get up, stand up!		
		From 'me as a person' to 'me as a youth worker'	Reflection moment & individual learning	Reflection moment & individual learning		
Reflection moment & individual learning	Reflection moment & individual learning	Free time	Evaluation and closing			
Dinner						
Welcome night	Group night	Free night	Free night	Get up, stand up!- Party		