

Upgrade your trainer's skills!

- Are you a leader of volunteer projects or youth trainer?
- Have you experienced any complicated situations when working with the group of participants?
- Have you ever been out of energy or felt stressed during the workcamps, youth exchanges or trainings?
- And would you like to get more experience, so you can manage it better next time?

If your answers are positive, first training course within the project

Youthworker 2.0

is here just for you!

Content and target group

Main aim of this project is to support quality of youth work by raising competencies of youth workers in our networks.

The participants of this TC will:

- be able to deal with complicated situations, that appear, when working with groups
- reflect their own approach to the various types of complicated situations and have improved self-confidence
- be able to apply methods and tools that help maintaining their motivation and energy during voluntary projects
- understand, what makes their activities of a high-quality level
- Have space for sharing experience in international context and create new activities or projects

Target group:

This Training Course is for participants, who:

- speak English on a good level (as the whole TC will be in English)
- have **at least 1 experience as a leader or junior trainer** in international trainings, youth exchanges, workcamps or similar activities
- are willing to develop their skills and use them for their future projects and carriers
- preferably are in a cooperation with one of the partner organisations (not compulsory)

Logistics and Conditions:

Where and when does the TC take place:

- Start: on 19th September around 16:00
- Finish: 26th September after breakfast (the programme will officially finish the day before)
- Venue will be in the Czech Republic, exact place will be confirmed (most probably - Chata Doubravka - <http://www.chatadoubravka.cz/>) - travel to the venue will be most probably arranged by a bus from Prague for those participants, that will fly to Prague.

Conditions:

- It is necessary to participate from the beginning of the TC till the end, no late arrivals / early departures.
- There is small 15€ contribution fee from each participant. If you are very interested in participating, but this fee is too high for you, please, [let us know](#) and we will sort it out.
- The organizer will arrange the boarding, accommodation, materials, content of the training and also reimburse the travel costs of the participants up to the lump sum amounts in Erasmus + rules (275€ for participants from Serbia, Scotland and Italy; 180€ for participants from Czech Republic, Slovakia and Hungary)

How to apply and contacts:

How to apply:

- Simply by filling in this [questionnaire](#)
- We will accept 4 participants per partner organisation

Partner organisations:

- Organizer and coordinator of the project: [INEX - Association for Voluntary Activities](#)
- Partners:
 - Egyesek, Hungary
 - TransFúzia, Slovakia
 - Legambiente, Italy
 - XCHANGE Scotland
 - Young Researchers of Serbia

Trainers: Jonathan Robertson (XCHANGE Scotland), Viola Honzauerová, Irena Pajerová (INEX-SDA)

Contact person: Lenka Polcerová (project coordinator) - lenka.polcerova@inexsda.cz

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