



OLDE VECHTE FOUNDATION

presents

the  
**EVENT  
WISE**  
training

23rd to 29th of August 2016  
Ommen | The Netherlands

# ABOUT the training

**Event Wise** is Olde Vechte Foundation's longest delivered and most prominent training. It is the basis upon which the foundation brings to life its vision of love, cooperation and care. Up till now there have been 26 editions with 700+ participants from 60+ different countries. The 27th version brings the attention to educators, trainers & youth workers in order to support their parallel process into guiding people's learning.

**Event Wise** is a dynamic personal development training that equips you with tools and techniques that increase your abilities to achieve personal and professional success while enjoying life.

Being an educator working on personal development is interlinked with your own competences development. Your personal concepts about non-formal education are influencing the working methods that you use as youth leader, for instance. Enlarging your perspective in non-formal education also enlarges your possibilities as an educator.

**Event Wise** is a safe space where you can experiment, play and grow. The training will empower you to challenge your own resourcefulness and ability to create desired results, and thus have a positive impact on your self-confidence. It will help you stand up for yourself with integrity in a social context and increase your ability to deal with demanding situations. When used regularly, the tools and techniques will empower you to take complete control over your life – you will be able to choose how to react to what happens to you and navigate change to your benefit.

## Target Group

With this specific call, trainers, educators, facilitators, youth workers or other people involved in the field of education, who work with groups (young or adults), and are willing to learn more about themselves as professionals and as individuals, are on target.

*"The training was a very unique experience, that had great impact on me, my attitude towards life and how a project myself on a daily basis. It is difficult to describe in words how amazing the people I met in Olde Vechte are, and how very grateful I am for taking the decision to participate. No matter where you are in life, this would bring new possibilities."*

*-Velimira Velikova*



# WHAT

you can get out  
of the training

Reach the best performance levels you are capable of

Use good humour to make yourself more effective in the workplace

Use your words and body language to purposefully instil self-confidence

Create and sustain a positive mental attitude, especially during hard times

Manage your priorities so that you are always doing the most important thing first

Communicate with more clarity, accuracy and persuasiveness

Distinguish between constructive and destructive criticism

Work on your weaknesses and play to your strengths

Analyse problems to find their causes and solutions

Rediscover the joy of play and spontaneity

Gain the willing cooperation of others

## Course Details

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The Event Wise training consists of 7 full working days, and it takes place in and around the premises of the Olde Vechte Foundation in Ommen, The Netherlands. There are indoor and outdoor training sessions. Some of the exercises are accompanied by music, game and play.



# TRAINING

programme

## Training Content

**Event Wise** is designed to help you boost your performance in your personal and professional life. The training can produce results in the following areas: achieving goals, handling challenging situations and people, building and sustaining healthy relationships, standing up for yourself, making choices, productivity, following your life calling, working with your energy, building and sustaining healthy relationships, giving and receiving feedback.

On each day of the training, you will have the opportunity to put in practice what you have learned, as well as to discuss how you can apply them in your own working environment with trainees, volunteers, staff members of your organization. After the training, Olde Vechte Foundation is open for consultation while you are applying these tools and approaches in your profession.

This day explores how **judgements** are formed and their impact on your life.

Creating result-focused attitude

The three roles in life and their daily impact

How to bring awareness in our relationships

Stop, look, correct and take action as a leading principle

Acknowledging where you are standing in regard with your life vision

How your concepts and beliefs influence your judgements and actions

DAY 1



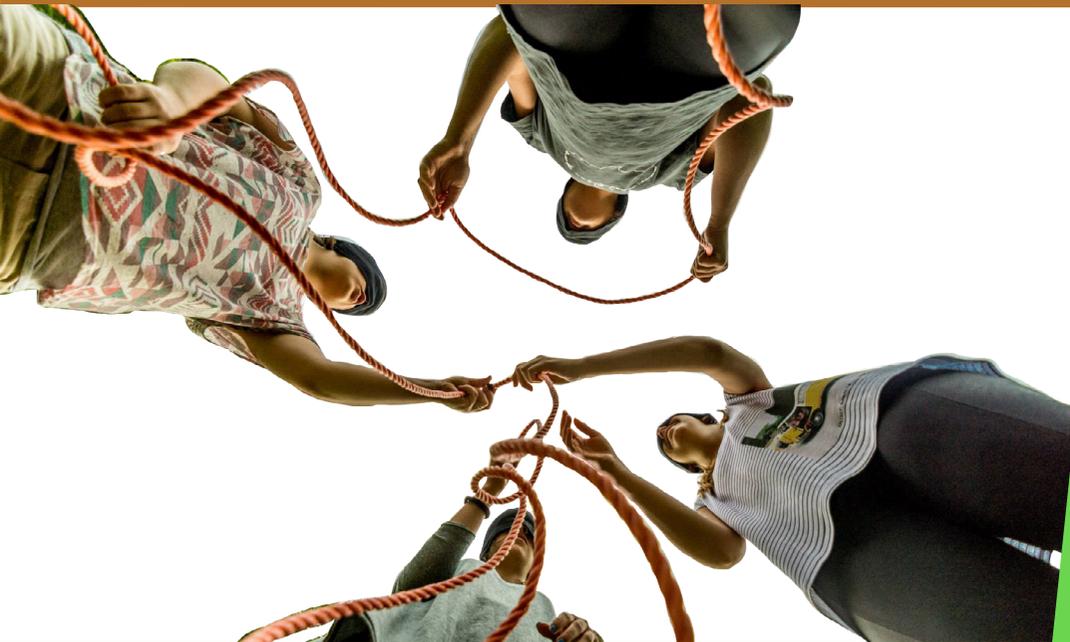
# TRAINING

programme

The second day is focused on behavioural **patterns** and the effects they produce

Cooperation as a biological process  
How new behaviours create new opportunities  
Sources of success and how you can learn from them  
How to realise your patterns and change them according to your will  
Energy management and how acknowledgement can lead to change

DAY 2



*"Because of a lot of different activities, I realized that a lot of things is much simpler than it seems. I'm thinking less and doing more about my goals and dreams. Seven intensive days pushed my limits higher and remembered me that life is a lot about the fun and enjoyment."*

*-Sara Hauptfeld*

# TRAINING

programme

**Self-loyalty:** how to stick to your fist intention and get creative in action

How to create win-win situations

Self reflection as a tool for correction

Counterproductive games people play and how to avoid them

How to keep your intentions and values in the madness of the day

How to bring the abstract concept of trust into a concrete operating system

DAY 3



# TRAINING

programme

**Spontaneity:** the ability to do whatever, whenever and truly be ourselves

How to realise your vision  
How motion can create results  
Circle of creativity as an action plan  
Defining your most important priorities  
Prioritising information: how clear questions bring clear answers  
How personal leadership has nothing to do with someone following  
How to find the balance between when to compromise and when not

*“Training made me question assumptions about myself and others that I somehow perceived as the “ultimate truth”. This has allowed me to look at everyday situations in different perspective and helped me to adapt into them more easily. I would suggest this training to anybody who is brave enough to improve their quality of life and learn something new about themselves. Go for it!”*

*-Laima Hauka*

DAY 4



# TRAINING

programme

During this day you will deal with **confrontation**:

- How to tackle unexpected events and use them to your advantage
- How to turn obstacles into opportunities that help you achieve your goals and your vision
- How inclusion leads to results
- How to create working concepts rather than sticking to old ones that are not working
- How to apply the knowledge you have got in the training room in real life

DAY 5



# TRAINING

programme

This day is all about **freedom** and  
the capacity to always have a choice:

DAY 6

- How to unlock your personal resourcefulness
- How to consciously choose your state and influence your mood
- How to use your support system



# TRAINING

programme

**Self-fulfilment** is an inner job:

DAY 1

The realization that you are complete  
How to become the source of your own fulfilment  
The difference between stopping, giving up and closing  
How to gain the willing cooperation of others and inspire them

## The Training Method

In Event Wise you are **the creator of your own experience!** This training is about learning new skills, and you can set your own limits regarding how far you want to go. The main training method used during Event Wise is experiential learning, i.e. learning by doing. This means that there are short lectures followed by practicing either in groups or individually.



# PRACTICAL

## info

### Dates

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**Arrival day:** 23 August 2016

**Start of the programme:** 23 August 2016 at 16:00

**End of the programme:** 29 August at 21:00

**Departure day:** 30 August before 11:00

In total, there are 7 training days. If you want to arrive earlier or leave later and you need accommodation, contact us before the training, so that we can help you find a place to stay.



### Accommodation

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During the training you are hosted in the group accommodation Zeesse (one of the two accommodations of the Olde Vechte foundation). During your stay you will share your room with a maximum of 2 other participants. In order to keep the participation fee low, we ask the participants to do light household duties. In the house there is a wireless Internet connection and a washing machine available.

The hosting accommodation is near the town of Ommen and 500 meters away from its shopping centre. We will send you more information about how to get there and what to bring with you after your application form is approved.

The training room is around 12 minutes walk from the hosting location. You can find more information about the accommodation [here](#).



# PRACTICAL

info

## Language

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The training is given in simple and easy to understand English. Translation can also be provided if you inform when you submit your registration form.

## The Trainers

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The trainers of this event will be Yassar Markos and Veronika Pavlová.



Yassar Markos comes from Palestine and currently lives in Bulgaria, where he now works as a trainer and coach. Concerning his background, he was formed as a medical doctor and is presently doing his masters in psychology. He has been delivering trainings and workshops on different topics (personal development, coaching, NLP, communication, presentation skills, training for trainers, negotiation , productivity) in the last 8 years. Yassar started to work with Olde Vechte in 2010 and since then he has been focusing mainly on personal development trainings and coaching.



Veronika holds a Masters in Sociology and Lifelong Education of Adults and has an extensive experience in group dynamics across three continents. During past years, she has been delivering, assisting and facilitating trainings and workshops and managing projects. Veronika has energetic and enthusiastic attitude towards life which is reflected in her approach as a trainer. She is mainly focused on personal development and coaching in connection with body awareness and body movement. Veronika comes from the Czech Republic and currently lives and works at Olde Vechte in the Netherlands

\*They will be assisted during this event by an experienced international team.

# PRACTICAL

## info

### Training fee

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The **training fee** is **195 €**. For people with paid jobs or living in the **Netherlands, Germany, Belgium, United Kingdom, France, Norway, Sweden, Finland, Denmark, Iceland and Switzerland** it is **270 €**.

There is a **registration fee** of **125 €** that will later on be deducted from the **training fee**. The training fee has to be paid in advance by a bank transfer.

### Registration

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If you wish to apply, fill in the **online registration form**. Please note that only complete registration forms are taken into consideration. You can expect to receive the confirmation letter within 3 working days.

Please wait for confirmation before you book your tickets.

*If you are still deciding whether now is the right time to attend the training, or you have specific questions about it, you are welcome to call Marco Vlaming, Director of the Olde Vechte Foundation. He is reachable on +31 624 626 705 during working hours (8am till 6pm) Monday to Saturday, and he will gladly answer your questions.*

### Guarantee

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Should you feel the training has not been productive for you in any way, you can request a refund of your training fee. The only condition is that you have attended every training session and have participated in every process.



# OTHER

## opportunities

There are two possibilities parallel the Event Wise training:

### Choice

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The Choice training is available after you have participated in Event Wise. The focal point of Choice is working with emotions and in this training you can learn:

- how to manage your emotions
- how to modify your beliefs, moods and states in a way that serves you best

As a result, you will live your life from a place of authenticity, and the overall quality of your life and relationships will improve.

### Practicing Coaching

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Practicing Coaching and Mentoring training where the participants explore basic coaching tools and techniques, which can be applied both to your personal and professional life. For this training it is not required that you have participated in Event Wise.



# ABOUT

## Olde Vechte Foundation

**Olde Vechte** is a non-profit organization, based in Ommen, the Netherlands.

It is an organization with a long experience in non-formal education, personal development, coaching, social and cultural work. Throughout the years it has developed site specific methodologies that have been adapted to different projects. Every year it approaches various social and cultural topics through projects run by professional trainers and international teams.

The Foundation is open to anyone who is motivated to improve their personal and professional skills in order to create a better society and a higher quality of life.

Striving to bring spirit and energy to each individual, the trainings and projects of Olde Vechte Foundation take **learning** as an organic process coming from the diversity of talents and motivations of the people involved.

The Foundation works out of the **vision** to create a world that works for each and one of us out of love, care and cooperation.



## CONTACT US



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