



## CALL FOR PARTICIPANTS

Training Course: **YOUTHIFICATION – 2016**

from 9<sup>TH</sup> – 17<sup>TH</sup> September 2016 in Leysin, Switzerland

### TRAINING COURSE – KEY ACTION 1 - LEARNING MOBILITY OF INDIVIDUALS

### THE TRAINERS

# About the Training Course

How do I become an active member of a youth organization? What is the procedure for becoming a youth worker? What will it mean for my personal and professional development? Am I just losing my time on unimportant things?

Young people who are interested to get involved into youth work and non-formal education, very often are faced with a number of difficult questions to which they struggle to get proper answers. Should that be a reason why some of these young people quit the idea of engaging themselves into youth work? We believe that all of us involved in the field of non-formal education have the responsibility to provide suitable support for the young people in the process of finding themselves and finding what they really want to become or do with their lives.

In the youth field we have a responsibility to encourage active citizenship, in this scenario encouraging young people to engage with and become a part of their local youth organisations. This in turn supports their social, personal and professional development and competences through

the variety of actions and programmes that are youth work in action. Through taking on roles of leader and activist they become multipliers and role-models in their own communities. This training course opens the door of learning possibilities for young people who are standing on the start line and who are faced with the challenge of becoming youth workers, leaders, volunteers, activists.

### Who can participate?

The participants will be selected according to the following criteria: the age **18 +** gender balance, who are coming from different cultural, economic, social background, who are **beginners** in the youth work field and who want to get more involved in the NGO sector, but they don't know how to do it; who are eager to learn and to develop their personal and professional competences; who are **with no (or poor) volunteering experience**; who are interested to becoming **professional youth workers and trainers**; who are even eager to start their own youth organization and run youth work activities within the frames of the **Erasmus Plus programme**.



Nik Paddison

Stev Levajkovski



Schweizerische Eidgenossenschaft  
 Confédération suisse  
 Confederazione Svizzera  
 Confederaziun svizra

### Supported and funded by: The Government of the Swiss Confederation

within the approved budget for transitional solution for Erasmus + in 2016.

This decision was taken with respect to the goal of the Swiss Government to fully participate in Erasmus + in 2017.

**CH Foundation** represents the National Agency of Switzerland and administrates these programmes.

# Here are some more details:

## Aim of the training course:

The main aim of this training course is to empower young people to engage actively in youth organisations and develop their understanding of non-formal education and thereby develop their social, personal and professional development and competences.

## Objectives:

- to stimulate young people to actively participate in youth organizations and projects in their community
- to encourage and support young people coming from different social and cultural backgrounds in the process of becoming engaged in leadership roles in youth work
- to introduce the basic principles and standards of youth work and non-formal education/learning
- to provide a diverse set of tools and methodologies available to be used by the young people in order to achieve their personal goals
- to strengthen young people's self-esteem and ability to initiate their own project ideas together with their peers and other stakeholders in their community
- to present to the young people the learning opportunities on European level that are offered by the Erasmus Plus Programme and to assist them in the process of creating their personal development plan for the near future.

## Our focus:

We focus on developing youth workers' competences in order those young people to become professional youth workers. Even though the term "professional" is differently interpreted in different countries, our conviction is that each community has a need of a structured, organized and recognized profession – youth worker.

## Our Partner Organisations:

- Open Doors – Albania
- Doctor Cinema – Armenia
- Common Sense – Azerbaijan
- FORCA – Serbia
- Yuvileine – Ukraine
- CID – Macedonia
- Be International – Czech Republic
- Cardio Youngs – Slovakia
- Eesti People to People – Estonia
- AlmaMUN Society – Italy
- ELIX – Greece
- Fundacja Inkubator Innowacji – Poland
- DRAMBLYS – Spain
- OportUNITY – United Kingdom

## Participant's Profile:

- The participant must be from the countries mentioned here above
- To be on age 18 +
- To be beginner in the youth work field
- To speak very good English
- To be involved in a youth organisation
- To have interest in working with young people
- To have motivation of becoming professional youth worker

## How to Apply?

Each participant individually will have to fill in an online application form by clicking this button here:



Or by using this direct link:

<https://podio.com/webforms/15907861/1068059>

## Deadline for applications:

**Sunday, 19<sup>th</sup> June 2016, 23:59 CET**

The selection process will last for two weeks. All applicants will be informed about the outcomes of the selection and the selected participants will receive detailed info-pack.

## THE VENUE – LEYSIN - SWITZERLAND



## Leysin

Leysin is a small village situated in the south-west part of Switzerland up in the Swiss Alps with a typical architecture and breathtakingly nature.

<http://www.leysin.ch/en/index.cfm>



## Our Hotel

The participants will be accommodated in a very nice hotel "[Alpine Classic Hotel](#)" that is placed in the centre of the village and is offering wonderful conditions for work and enjoyment in the nature. Participants will be sleeping in rooms of 4 people, mixed from different countries. The hotel is offering everything that you need in terms of clean towels and bed sheets, each room has its' own bathroom and balcony.

<http://classic-hotel.ch/>



# Expenses and Logistics

The project is funded by the Government of the Swiss Confederation under the Mobility program for young people coordinated by the CH Foundation.

## Expenses:

For all participants these expenses will be covered:

- ✓ **100%** Food and accommodation
- ✓ **100%** Visa costs
- ✓ **Up to 300 Euros** - Travel expenses will be covered **100%** for participants coming from abroad. If the expenses for travel exceed this amount (for example 320 Euros, the participant will have to pay just the difference, or 20 Euros only).
- ✓ Up to **50 CHF** for the participants coming from Switzerland.

The participants will have to **pre-finance** their transport arrangements. Therefore, they must collect and keep all original tickets, bills, invoices in order to be reimbursed at the end. Without these documents, **Subkult** will not be able to reimburse the travel expenses.

## Participation fee

The only cost that the participants need to pay is the fee of **50 Euros**. This amount will be deducted from the travel expenses during the transfer of the reimbursement.

For the Swiss participants, the difference between the amounts will have to be paid upon arrival at the hotel.

## Support of the organisation:

Each participant will have to get the full support from the partner organisation regarding the arrangement of the trip to Switzerland. Also the partner organisations are responsible to send suitable participants that are fulfilling the criteria mentioned above. The partner organisation will be also responsible for preparing the participants with all their necessities and for facilitating the communication between them and the organisers.

We are looking forward to reading your applications. Good luck!



For any further information, please do not hesitate to contact us.  
The team from **SUBKULT** will be happy to assist you.



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### Programme Overview

9 <sup>th</sup> Sep	10 <sup>th</sup> Sep	11 <sup>th</sup> Sep	12 <sup>th</sup> Sep	13 <sup>th</sup> Sep	14 <sup>th</sup> Sep	15 <sup>th</sup> Sep	16 <sup>th</sup> Sep	17 <sup>th</sup> Sep	
Arrival of participants	Walk and Talk	What is youth work? different models	Community Mapping concept and needs	Values and all young people	If I created youth work what would it look like?	What youth work is in my locality? research	Presenting a youth work activity	Departure of participants	
	Break								
	Intro to the week	What is youth work and what is not?	Participation of young people in youth work!	Youth work research – building a database	Your questions answered! Q&A different zones	Making contact with the NGO youth world	International opportunities E+ EYF		
	Lunch								
	Group building	It's not just about the young people!	Role of the youth worker	Youth work research – building a database	Free	Developing a youth work activity - ingredients	Commitment session		
Opening	Break					Break			
Welcome session	What is youth work? Sharing stories	What is reflection / NFE I?	What is reflection / NFE II?	What is reflection / NFE III?		What is reflection / NFE IV?	Evaluation Closure		
Ice-breakers & name games	Coaching				Coaching				
Dinner									
Welcome Eve	Social Networking internet-free	Board/Card Games	Food & Drinks	Free	Movie Night	International Cafe	Farewell Party		