



**KA2 – Cooperation for innovation and the exchange of good practices -
Capacity Building in the field of Youth**

LET'S SPEAK ABOUT DISABILITY
MOBILITY OF YOUTH WORKERS

Seminar

25. - 30. July 2015.

INFO PACK FOR APPLICANTS



ABOUT THE PROJECT

This project aims at building capacities of the youth organizations from EU and Western Balkans on how to be prepared to include more young people with disabilities on their projects and activities, as well as this project will directly include young people with disabilities strengthening their competences and on this way building capacities of their organizations.

The Erasmus + Youth in Action program created great impact on numbers of young people all over Europe, developing young people's competences, self confidence and offering the unique international experience.

Being aware of this amazing opportunity that Erasmus + Youth in Action program offer and provide possibilities for mobility of young people with fewer opportunities on one hand but on the other hand young people with disabilities still have very limited access to these opportunities, they are not so visible on trainings, youth



exchanges or EVS (European Voluntary Service).

There are various reasons for this kind of exclusion: being in a vulnerable situation (social barriers, lacking family support, poverty, limited qualifications, unemployment, inaccessibility of environment and limited access to information). Also most of the hosting organizations/ youth works/ trainers don't have enough capacities (knowledge and experiences) to develop programs and activities that can be accessible for everyone including people with disabilities.

With this project we want to train youth peers, youth workers, and trainers providing them with competences to work with people with disabilities and to recognize their potentials and talents to lead them to fulfillment of their life and dreams, that's what youth work should stand up for.



"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."- Albert Einstein

OBJECTIVES OF THE SEMINAR

To provide a platform for discussion and exchange of good practice based on theoretical inputs about inclusion of young people with disabilities

To build and/or strenght between partnership organizations in EU and partner countries

To create bridges of cooperation among partners

To format thematic network providing information of social inclusion to all interested parties for the purpose to improve participant's level of competences and fostering social inclusion in society

To developing new forms of youth work

To develop future cooperative projects and exchanges in Erasmus+, involving young people with disabilities

To encourage non formal education and youth mobility programmes as tools to support positive development of society based on active citizenship, inclusion and democratic participation



Erasmus+



PROFILE OF PARTICIPANTS

- Have strong motivation and interest in the themes of seminar
- Must use English during the whole seminar
- Ability to make agreements on behalf of its sending organization

We encourage you to keep gender balance in the group! 😊

TRAVEL COSTS

Here is the list of maximum reimbursement:

Group 1:

Montenegro, Serbia, Kosovo, Macedonia and Albania - Maximum reimbursement 180 EUR per person

Group 2:

Spain, Greece, Romania and Italy - Maximum reimbursement of 275 EUR per person

Group 3:

For participants from **Portugal** maximum reimbursement of 360 EUR per person

According to the new rules within the Programme "Erasmus+" we will reimburse the travel costs on the basis of the cheapest possibilities, e.g. second class railway tickets, APEX-flights etc., accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc. upon a certain "contribution to the travel costs of participants, from their place of origin to the venue of the activity and return". This contribution is "based on the travel distance per participant. Travel distances must be calculated using the distance calculator supported by the European Commission". Partners must ask from their participants to find the cheapest and safest means of travel for their trip. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the ticket/s were purchased, as stated in the official European Commission web-site at <http://ec.europa.eu/budget/inforeuro/>.

Above you can find the maximum contribution per country from your home town to Bar Riviera and back.



Check List for Travel Reimbursement:

- By the original invoice (signed and stamped)/receipt/pay order/proof of payment
- The boarding pass (the small ticket stub you receive before boarding the plane)
- And the prices stated in the invoices, receipts etc. must coincide with the price on the ticket

E-Tickets:

- Must be printed out and include your name, the exact fare you paid, details of your flight on the same page
- Be provided along with the credit card receipt for the payment or a copy of your bank statement (clearly showing the payment has been made)
- Given in with the boarding pass (the small ticket stub you receive before boarding the plane)

NOTE: Some airlines print passenger receipts at the top of the cardboard ticket. It is not accepted as a receipt of proof of payment. Therefore, if you book your tickets online, please, make sure to print out the e-mail you receive from the airline company upon the payment, stating how much and how you paid.

Train/Bus tickets:

It is important that arrival and departure time as well as the price are visible (+invoices if available).

Other important details:

- Missing or lost tickets are not reimbursed / Booking paper alone is not enough / Any costs for taxi are not reimbursed
- Return tickets must be bought in advance before the journey

- Following the guidelines of the Erasmus+ Programme the travel must be released by the participants on the direct way within **maximum 2 days**. In case of long pauses or indirect routes (holiday travel), there is no reimbursement of travel costs!
- Reimbursement is done in Euro
- Arriving and leaving dates should be maximum +1 day. In case you are planning to stay longer or arrive earlier than the above mentioned dates, then one of the trips will not be accepted as legal expenses (not eligible)
- All training expenses as well as accommodation and food will be covered by the organizers.
- Partners shall recruit participants from their organisations according to the target group (18-30 of age)
- Partners and applicants will support visibility of the project during the training week

One more very important thing - **before booking anything, please send us an email with information about the travel costs you've found** (on email: jelena.mrdak@umhcg.com or office@umhcg.com)

ABOUT BAR RIVIERA

Bar Riviera is located in the southeastern part of Montenegro on the Adriatic coast and covers an



area of 505km². Coast length is 46 km, of which are 9 km beaches characterized by a large indentation. The climate is specified by long, hot and dry summers and mild and rainy winters. In addition to the Bar, which represents the largest tourist-nautical center, there are places like Sutomore, Čanj, Dobre Vode, Virpazar, which is known as the starting point for a cruise

on Skadar Lake. The beaches are mostly covered with sand, with plenty of coniferous forests that have good hiding from the hot summer sun.



The trademark of this area is olive groves, and particularly attractive event is "*Days of Olives*", which is held every year in December. This area is known for its multinational and multi-confessional population structure with developed standards of tolerance in human relations.

For more information contact us:

E-mail: jelena.mrdak@umhcg.com; office@umhcg.com

Phone number: +382 20 265 650; +382 69 564 299

WE ARE WAITING FOR YOU! 😊

