



# How to be a clown?

## GLOWN WORKSHOP

November 2-22 2016 - Bernay en Ponthieu, France

21 participants from France, Germany Italy, Netherland, Portugal, Spain and Turkey

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## PROJECT DESCRIPTION

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*Nomadways is an association dedicated to innovation in the performing and visual arts. Our projects enhance interdisciplinary, intergenerational and multicultural dialogue. Our activities combine art, education and social vocation. We conduct workshops fostering interaction between creatives, social actors and educators. More on [www.nomadways.eu](http://www.nomadways.eu)*

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How to Be a Clown idea is to engage a group of youth workers and clown artists, from all over Europe in a clown workshop. It will take place in Saint Valery sur Somme, France, from 2 to 22 of November 2016. It involves 7 partners and 21 participants from France, Germany Italy, Netherland, Portugal, Spain and Turkey.

The art behind clowning lies in the fantastic idiot hidden deep within us. The sublime ridiculous. Those deep down parts that we have been told to cover up over the many years in this world. Now its time to uncover, to let them shine and to display them with the pride of a beautiful idiot. To open a world true to impulse and laughter. Did you ever wonder why everyone laughs when someone makes a mistake? That wonderful stupid face of not being in control, normally for a split second. This is the challenging window into the clown. So what is a clown? Well let's put it this way: a comic is funny because of what he does, a clown is funny because he is happy with the shit he does.

The pleasure of this idiot is unique for every performer and the training is an exploration to find this. An exploration into openness and truth. An exploration into oneself. To be bad, to not understand and to fail, are celebrated and embraced through the pleasure to play. We will explore the game, the pleasure of the actor, stage play, the body in space and action, group awareness and the red nose, the mask of the clown and the tool to explore into the world of the ridiculous.





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## TRAINER

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### RICHARD KIMBERLEY

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Richard has been teaching and performing internationally for 6 years. He completed studies with Clown guru Philippe Gaulier at his school in France. Majoring in theatre, clown, vaudville & bouffon. Studied Clown in Spain with Hernan Gene and Gabriele Chame. Trained Mask Movement Theatre in Italy with Matteo Destro and Paula Coletto, along with training pantomime, music, circus, magic and acrobatics. Through his training and performing Richard has developed an interest in exploring and teaching the awareness of the performer, of the audience, of each other and of course of ones self. His work is fuel by the search of games and dreams. The search for where one has pleasure, for where one is beautiful, why one is special and of course... how to share this with the audience.





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## LOCATION

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The training is taking place in France, near the small town of Saint Valery sur Somme. It is situated 200km North from Paris, on the coast, in Picardy region. You will be staying in a rural residence there, in two houses neighbouring each other.

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## BAIE DE SOMME

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The training is taking place in Baie de Somme, a rural area in Northern France, in Picardy region, bordering the sea. The region has been an inspiration for Delacroix, Degas, Corot, Colette, Jules Verne and Victor Hugo and is a fertile ground for creativity! Find out more on [www.visit-somme.com](http://www.visit-somme.com). Remember that the currency in France is EURO and changing money is difficult in rural areas.

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## YOUR HOMES

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You will be staying in three Bed & Breakfast houses neighbouring each other. See more here: [www.gite-spa-baie-de-somme.com](http://www.gite-spa-baie-de-somme.com). Each of you will share a room with one or two other participants. Each room has its private bathroom. Each house has wifi internet access. There is a kitchen, a dining room and a garden in each house. All meals will be prepared by a cook and served in the houses dining rooms. There are washing machines in each house. We kindly ask you to **bring your own toiletry and towel**.





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## TRANSPORT TO THE TRAINING

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*The Nomad training is taking place near the beautiful village of Saint Valery sur Somme. To get there from Paris airports, you will need to master the french railway and bus system. Fear not, we are here to help you succeed!*

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### FROM PARIS CHARLES DE GAULLE AIRPORT

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From the airport, take the RER B -the line is blue- (the RER is a kind of regional train) in direction of Paris, and stop at the GARE DU NORD station!

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### FROM PARIS ORLY AIRPORT

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From Orly airport, take the Orlybus (a direct bus to Paris). At the last stop, take the RER B -the line is blue- (the RER is a kind of regional train) in direction of «Mitry Claye» or «Aéroport Charles de Gaulle» , and stop at the GARE DU NORD station!

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### FROM PARIS BEAUVAIS AIRPORT

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From Beauvais airport, take a direct bus to Paris Porte Maillot. When you arrive, take the metro line 1 -the line is yellow- in direction of «Chateau de Vincennes» and get off at «Châtelet», then change to line 4 -pruple- in direction of «Porte de Clignancourt», and stop at the GARE DU NORD station!

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### FOR EVERYONE FROM GARE DU NORD

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In Gare du Nord, follow the signs « Trains Grande Ligne » to go from the RER station to the railway station. Then, buy a return ticket for « Noyelles sur mer ». Take the next train. Get out at « Noyelles sur mer ». We will wait for you at the station :)





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## TRAVEL REIMBURSEMENT

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We will be able to reimburse your travel costs up to a maximum amount of

- For travel distances between 100 and 499 KM: 180 EUR per participant
- For travel distances between 500 and 1999 KM: 275 EUR per participant
- For travel distances between 2000 and 2999 KM: 360 EUR per participant
- For travel distances between 3000 and 3999 KM: 530 EUR per participant

Travel distances must be calculated using the distance calculator supported by the European Commission on a one-way travel to calculate the amount of the EU grant that will support the round trip.

We are also asking you a participation fee of 50 euros, deductible from your travel reimbursement. Food and accommodation are provided for free.

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## REIMBURSEMENT PROCEDURE

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Here is what you need to do to be reimbursed for your travel costs:

- 1 - send us your tickets invoice at [miguel@nomadways.eu](mailto:miguel@nomadways.eu) when booking your tickets
- 2 - during your trip, keep all your original tickets and boarding passes
- 3 - after the project, send us all your original tickets and boarding passes by post at:

**Nomadways**

**1 passage Hédin**

**80 230 Saint Valery sur Somme**

**FRANCE**





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## CHECKLIST

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Please send what is needed at [miguel@nomadways.eu](mailto:miguel@nomadways.eu) BEFORE SEPTEMBER 1ST!

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### TO DO NOW

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- send us your passport copy by email
- book your ticket, then send us the invoice and your online boarding passes by email  
/remember to arrive in Paris before 02/11 at 16.00  
/remember to leave from Paris after 22/11 at 15.00

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### TO BRING WITH YOU FOR THE TRAINING

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- a towel and your toiletry
- warm clothes for home time
- comfortable clothes to clown around, train, jump, stretch and more
- costumes, fabric & stuff that could be turned into costumes or accessories :)
- communication material about your own clowning and youth work activities







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## CONTACTS

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### **Miguel Stichini - Logistics**

miguel@nomadways.eu

+336 50 13 57 50

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### **Your house**

121 rue de Bellevue

80 120 Bernay en Ponthieu FRANCE

+336 24 82 57 07

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### **NOMADWAYS office**

1 passage Hédin

80 230 Saint Valery sur Somme FRANCE

+333 22 60 57 35



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