

Pilgrimage and outdoor guided activities
as a tool for personal development, learning and transformation:

WANDERFUL!

- ★ experiential training course
- ★ journey through our inner and outer landscapes

TIME: 19. – 27. 6. 2016 (including travel days)

PLACE: Maria Stock Pilgrim Trail in West Bohemia, Czech Republic

FOR WHOM:

youth workers, youth guides and mentors, personal development trainers, who:

- wish to experience pilgrimage and reflect on own inner process,
- are interested in exploring the potential of pilgrimage and outdoor guided activities as a tool for personal development, learning and transformation,
- work with young people and have space and wish to use outcomes of the training back home,
- are ready to spend one week walking in Czech landscape, in very basic conditions, in community with 20 people from different countries,
- are able to work in English.

OBJECTIVES:

Main objective of the training is to explore pilgrimage and outdoor guided activities as a tool for personal development, learning and transformation in youth work. For this we will use the personal experience of a pilgrim who leaves his/her certainties behind and starts his/her journey out towards unknown landscape, finds him/herself in new unusual situations. In the same time he/she has possibilities available for learning from those moments. Further these experiences will be systematically used and analysed as an example for the transfer into participants' realities.

Organised by Čia Čekija and Natural Spirit
Contact: herosjourney2014@gmail.com

METHODOLOGY:

Group of 20 youth workers from different European countries will pilgrim together through Czech landscape. We will be sleeping outside, cooking for ourselves, sharing different approaches and tools connected with community and nature based youth work. In the beginning there will be more of personal experience and individual reflection. Towards the end the focus will be more on how to use this experience back home in favour of our youngsters and communities.



MAIN ASPECTS OF THE PROGRAMME:

- Exploring our characters, strengths, values, roles as guides, youth workers and trainers.
- Sharing about pilgrimage in different times and cultures.
- Possible use of pilgrimage in education, youth work and training.
- Reflecting and sharing about tools of transformations and pilgrimage as one of them.
- How to adapt pilgrimage to our realities, conditions, target groups, resources, personal styles.
- Discovering our ways of dealing with challenges, understanding the potential of difficulties.
- How to prepare a pilgrimage, what to expect, what to have in mind for the logistics.
- Collecting the outcomes of the week, plans for future, networking, closing ceremony.

Facebook event: <https://www.facebook.com/events/820953378034371/>

If you are interested to participate, apply here by May 15th 2016:

<http://goo.gl/forms/Z7SI8mtGkZ>

If you find this offer later, you can still apply, we will inform you about the current situation.

Organised by Čia Čekija and Natural Spirit
Contact: herosjourney2014@gmail.com

TEAM:



Honza Látal is from South Bohemia, active in education and training since 2002, loves running in forests, plays instruments, does body performances, collects stones and Norwegian music. Is passionate about macro photography, interested in religions and cultures, loves connecting nature, art and spirituality in learning. Recently works as a nature guide and uses natural elements in coaching and self development.



Helena Kosková is a community worker, trainer, therapist, Council facilitator and gardener with passion for journeys, both inner and outer. She loves cooking on fire, swimming in cooling creeks and African dance. She is studying therapeutic system Pesso Boyden System Psychomotor, a mind-body approach to emotional well-being. After 15 years of „nomadic“ life, she would love to integrate all her experiences into one vivid place.



Vojta Tutr lives in Prague, is active in training since 2001, studied history of religion, interested about religious traditions, history and philosophy. Loves walking and surviving in the nature in all seasons and circumstances. Is active member of editorial board of “Dingir” periodical on contemporary religious phenomena. He is interested in homebrewing and cooking. At present works in project for talent support.

COSTS:

Food, accommodation (including 3 nights under roof), material, preparations: **110€**

Programme facilitation, administrations, logistics: **90€**

Your bonus contribution to the team of trainers: **you choose** according to your satisfaction.

