

# 2 be



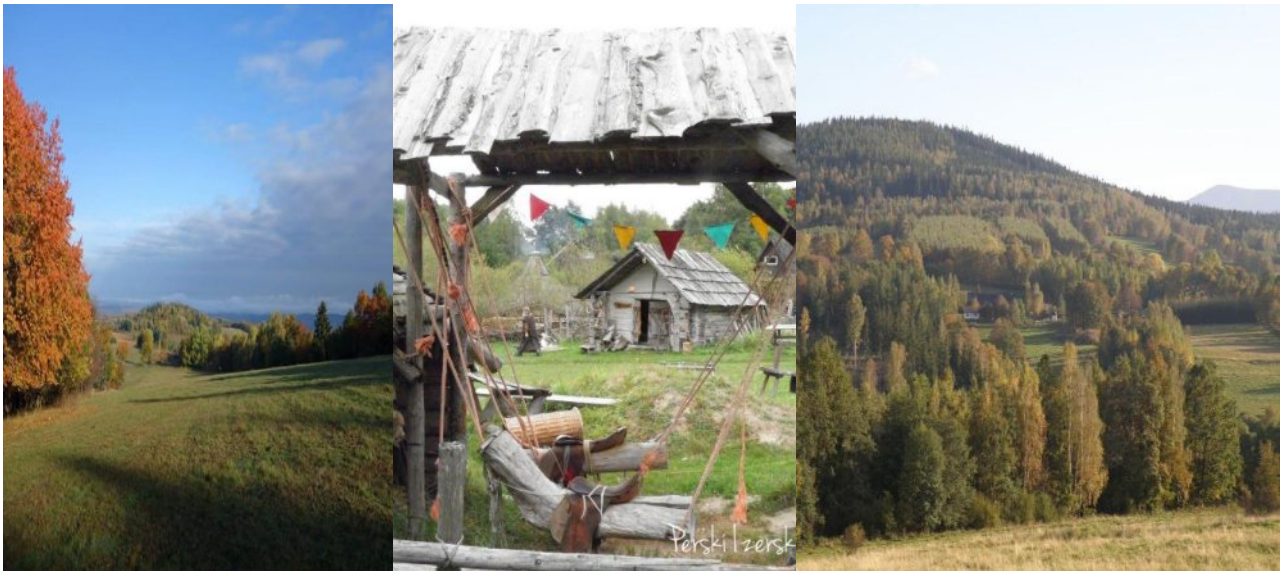
Practical Training Course „2be alterNATIVE” will take place in village Kopaniec (Poland) from 1/06 till 31/07

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#### Duration of project

2 months – from 1/06 till 30/07/2016 \*

- If U can not stay during the whole duration, but You are strongly motivated to participate in project – please contact us = [2bealternative@gmail.com](mailto:2bealternative@gmail.com)
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**Accommodation** // Accommodation is free of charge

During the project we will live in small picturesque Polish medieval village – **Kopaniec**.

Participants will sleep in **small wooden houses or tents**.

WC, shower are both indoor and outdoor (compost toilets etc).

\* Please bring your own sleeping bag and tent!

Organisers do not provide with outdoor sleeping equipment.



**Here U can see a film about our village:**

<https://www.youtube.com/watch?v=AldjrcEV1go>



**Food** // Food is free of charge

**Food will be simple and tasty** - local vegetarian food.

In cooperation with local farmers we are able to provide You with 2 meals per day.

**Travel costs** // We can reimburse a part of your travel

**Reimbursement will be possible only if participants will use 2<sup>nd</sup>/ economy class of transport.**

Take a look at the table – there You can find maximum of travel costs that can be reimbursed by organizers

Country	Amount €	Country	Amount €
Austria	90	Cyprus	250
Belgium	150	Denmark	150
Bulgaria	150	Estonia	150
Croatia	150	Finland	150
Czech Republic	90	France	150
Germany	90	Ireland	200
Greece	150	Latvia	200
Hungary	100	Lithuania	200
Italy	200	Macedonia	200

Netherlands	200	Montenegro	200
Norway	200	Slovenia	200
Portugal	250	Spain	200
Romania	200	Sweden	200
Serbia	200	United Kingdom	200
Slovakia	90	Armenia	250
Turkey	200		

**! We do not reimburse Visa costs. But we can support You with invitation letter.**



**PROGRAM: // all the workshops are free of charge**

**During June 2016 we will have many workshops, that will help to develop our skills in work with young people in the field of Art and /or Ecology.**

**The base of our workshops will be Your knowledge, skills and experience – since most of workshops will be lead by the participants.**

**Also participants will make presentations about own organisations, what are their recipes on „successfull organisation” ....**

Participants will have chance to have excursions, mountain tripes. These costs are not covered by the organisers. How ever participation is free – You can decide if U want to participate or not.

**Apart of participants' workshops their will be many other workshops:**

- Self-expression and communication skills workshops
- Art&Crafts workshops: pottery, glassmaking, wood, music, theatre, dance ..

- Discussions and practical meetings on the topic of „Rural entrepreneurship”: Agro- and Eco-tourism, local cooperatives, Eco-villages. How to develop entrepreneur' skills among young people in rural areas
- Discussions on how be good leader. Activities that can help to develop leader' skills
- Theater workshops
- FUNDING opportunities: how to write projects, social funds (croud funding etc)

**During July we will have practical part of our „June learning”.**

There will be 3-4 meeting with Polish youth lorders, youth workers etc.

Every meeting will last 1 weekend and will get together around 30 people

In mixed groups participants will preapare a program for these meetings and will lead it on voluntary bases.

Polish participants will pay for these workshops very simbolic fee, how ever these fee will be partly used to cover particiapnts travel and food costs.

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If You are interested to participate in these project –

**PLEASE SEND YOUR APPLICATION FORM ON THE EMAIL: [2bealternative@gmail.com](mailto:2bealternative@gmail.com)**

**PLEASE PUT IN THE TITLE OF YOUR EMAIL NAME OF YOUR COUNTRY.**

**DEADLINE : 10.03.2016**

