

**Olde Vechte  
Foundation**  
presents

**The Event Training  
Wise**

**6th to 12th of  
February 2016**

**Ommen  
The Netherlands**



# about the training

Event Wise is Olde Vechte Foundation's longest delivered and most prominent training. It is the basis upon which the foundation brings to life its vision of love, cooperation and care. Up till now there have been 23 editions with 700+ participants from 60+ different countries. The 24th version brings the attention to Educators, Trainers & Youth Workers in order to support their parallel process into guiding people's learning.

Being an educator working on personal development is interlinked on your own competences development, it is a parallel process. Your personal concepts about non-formal education are influencing the working methods that you use as youth leader, for instance. Enlarging your perspective in non-formal education also enlarges your possibilities as an educator.

Event Wise is a safe space where you can experience, play and grow. It will empower you to challenge your own resourcefulness and ability to create desired results, and thus have a positive impact on your self-confidence. It will help you stand up for yourself with integrity in a social context and increase your ability to deal with demanding situations.

**Event Wise** is a dynamic personal development training that equips you with tools and techniques that increase your abilities to achieve personal and professional success while enjoying life. Moreover, it will empower you to master the events that are occurring in your life, to enhance your competences – you will be able to choose how to react to what happens to you and navigate change to your benefit.

## What you can get out of the training:

- Reach the best performance levels you are capable of
- Communicate with more clarity, accuracy and persuasiveness.
- Create and sustain a positive mental attitude, especially during hard times.
- Use your words and body language to purposefully instil self-confidence.
- Manage your priorities so that you are always doing the most important thing first.
- Distinguish between constructive and destructive criticism.
- Analyse problems to find their causes and solutions.
- Gain the willing cooperation of others.
- Use good humour to make yourself more effective in the workplace.
- Rediscover the joy of play and spontaneity.
- Work on your weaknesses and play to your strengths.

Additionally, during this training we are going to give practical tools and approaches that can be implemented in work with other people:

- Reflection & self-reflection tools
- Planning tools
- Decision-making tools
- Outdoors as a personal development tool
- Out of the box approach
- Appreciative inquiry approach

## Course Details

The Event Wise training consists of 7 full working days, and it takes place in and around the premises of the Olde Vechte Foundation in Ommen, The Netherlands. There are indoor and outdoor training sessions. Some of the exercises are accompanied by music, game and play.

## Target group

With this specific call, trainers, educators, facilitators, youth workers or other people involved in the field of education, who work with groups (young or adults), and are willing to learn more about themselves as professionals and as individuals, are on target.





# training programme

## Training Content

Event Wise is designed to give you new impulses in your personal and professional life, creating unique results. In this training you will learn how to: achieve goals, handle challenging situations and people, build and sustain healthy relationships, make choices, produce results, work with your energy, give and receive feedback, reflect on your own learning, work out of appreciative inquiry and others.

On each day of the training, you will have the opportunity to put in practice what you have learned. On the last day, you will have the chance to discuss how you can apply them in your own working environment with trainees, volunteers, staff members of your organization. Olde Vechte Foundation is open for consultation on how you can apply these tools/approaches in your daily work with people after the training is over.

### Day 1

This day explores how **judgements** are formed and their impact on your life.

*Acknowledging where you are standing in regard with your life vision*

*Stop, look, correct and take action as a leading principle*

*How your concepts of trust and attractiveness influence your judgements*

*The three roles in life and their daily impact*

*Creating result-focused attitude*

*How to bring awareness in our relationships*

### Day 2

The second day is focused on behavioural **patterns** and the effects they produce.

*How to realise your patterns and change them according to your will*

*Sources of success and how you can learn from them*

*Cooperation as a biological process*

*How new behaviours create new opportunities*

*Energy management and how acknowledgement can lead to change*

### Day 3

**Self-loyalty:** how to stick to your fist intention

*How to bring the abstract concept of trust into a concrete operating system*

*How to create win-win situations*

*Counterproductive games people play and how to avoid them*

*How to keep your intentions and values in the madness of the day*

*Self reflection as a tool for correction*



## Day 4

**Spontaneity:** the ability to do whatever, whenever and truly be ourselves.

*How to realise your vision*

*Circle of creativity as an action plan*

*How motion can create results*

*How personal leadership has nothing to do with someone following*

*Prioritising information: how clear questions bring clear answers*

*Defining your most important priorities*

*How to find the balance between when to compromise and when not*

## Day 5

During this day you will deal with **confrontation**:

*How to tackle unexpected events and use them to your advantage*

*How to turn obstacles into opportunities that help you achieve your goals and your vision*

*How inclusion leads to results*

*How to create working concepts rather than sticking to old ones that are not working*

*How to apply the knowledge you have got in the training room in real life*

## Day 6

This day is all about **freedom** and the capacity to always have a choice:

*How to unlock your personal resourcefulness*

*How to consciously choose your state and influence your mood*

*How to use your support system*

## Day 7

**Self-fulfilment** is an inner job

*How to become the source of your own fulfilment*

*How to gain the willing cooperation of others and inspire them*

*The difference between stopping, giving up and closing*

*The realization that you are complete.*

## The Training Method

In the Event Wise **you are the creator of your own experience!** This training is about learning new skills, and how further you can set your own limits regarding to where you would like to go.

The main training method used during Event Wise is learning by involvement, i.e. learning by doing. This means that there are short lectures followed by practicing either in groups or individually.





# practical **烹**

## Dates

Arrival day: **5<sup>th</sup> of February 2016, after 16.00**

Start of the program: **6<sup>th</sup> of February 2016, 13.30**

End of the program: **12<sup>th</sup> of February 2016, 21.00**

Departure day: **13<sup>th</sup> of February 2016, before 10.00**

In total, there are **7 training days**. If you want to arrive earlier or leave later and you need accommodation, contact us before the training, so that we can help you find a place to stay.

## Accommodation

The training is organized in and around the group accommodation of Olde Vechte in Ommen, The Netherlands. Hosting and catering will be provided within this accommodation.

About the house: there are 12 sleeping rooms with shared showers and toilets that accommodate 2 to 6 people. Besides the training room, there are a cosy area and working area available with wifi connection. There is access to a washing machine and a dryer. The accommodation is located within a walking distance from the city centre (approximately 500m).

You can find more information about the accomodation [here](#).



## Language

The training is given in simple and easy to understand English. Translation can also be provided if you inform when you submit your registration form.

## The trainers

The trainers of this event will be *Yassar Markos* and *Afonso Bértolo*.

*Yassar Markos* comes from Palestine and currently lives in Bulgaria, where he now works as a trainer and coach. Concerning his background, he was formed as a medical doctor and is presently doing his masters in psychology. He has been delivering trainings and workshops on different topics (personal development, coaching, NLP, communication, presentation skills, training for trainers, negotiation, productivity) in the last 8 years. Yassar started to work with Olde Vechte in 2010 and since then he has been focusing mainly on personal development trainings and coaching.

*Afonso Bértolo* is a free-lance trainer and youth worker.

He finished his Master in Clinical Psychology in Lisbon in 2008. Since 2009 he has been involved in community intervention and working with groups in several international contexts: Portugal, Hungary, Guinea-Bissau, Bulgaria and the Netherlands.

His main areas of work are personal development and coaching with a strong focus on movement and body awareness; mentoring of young people with fewer opportunities; media as an educational tool; and project management in the area of youth field.

\*They will be assisted during this event by an experienced international team.

## Training fee

The **training fee** is **195 €**. For people with paid jobs or living in the **Netherlands, Germany, Belgium, United Kingdom, France, Norway, Sweden, Finland, Denmark, Iceland and Switzerland** it is **270 €**.

There is a **registration fee** of **125 €** that will later on be deducted from the **training fee**. The training fee has to be paid in advance by a bank transfer.

## Registration

If you wish to apply, fill in the **online registration form**. Please note that only complete registration forms are taken into consideration. You can expect to receive the confirmation letter within 3 working days.

Please wait for confirmation before you book your tickets.

*If you are still deciding whether now is the right time to attend the training, or you have specific questions about it, you are welcome to call Marco Vlaming, Director of the Olde Vechte Foundation. He is reachable on +31 624 626 705 during working hours (8am till 6pm) Monday to Saturday, and he will gladly answer your questions.*

## Guarantee

Should you feel the training has not been productive for you in any way, you can request a refund of your training fee. The only condition is that you have attended every training session and have participated in every process.





# about olde vechte



Olde Vechte is a non-profit organization, based in Ommen, the Netherlands. It is an organization with a long experience in non-formal education, personal development, coaching, social and cultural work. Throughout the years it has developed site specific methodologies that have been adapted to different projects. Every year it approaches various social and cultural topics through projects run by professional trainers and international teams.

The Foundation is open to anyone who is motivated to improve their personal and professional skills in order to create a better society and a higher quality of life. Striving to bring spirit and energy to each individual, the trainings and projects of Olde Vechte Foundation take learning as an organic process coming from the diversity of talents and motivations of the people involved.

The Foundation works out of the vision to create a world that works for each and one of us out of love, care and cooperation.

## contact us



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