

# “APPETISER” Training Course

AN INTRODUCTION TO INTERNATIONAL YOUTH WORK



all you need to know about  
Appetiser...

## In brief...

“**Appetiser**” is a training course which aims to bring together **youth workers/leaders** experienced at local level youth work from all *Programme Countries*, and introduce them with the possibility to expand their activity level to, and benefit from, the *international youth work* field. It promotes the use of **Erasmus+: Youth in Action Programme**. It follows the principles of non-formal learning and works for its promotion and **recognition** (among others, by providing participants with a Youthpass certificate).

*I appreciate your effort to provide us best working conditions, food, accommodation and working environment was perfect (maybe too perfect☺). It was nice to know your country's hospitality and culture! Thank you!*

**Training & Cooperation** usefulness. If you are interested in seeing some quality and quantity information, Appetiser general reports from recent years are available at [www.salto-youth.net/appetiser](http://www.salto-youth.net/appetiser).

## Some history

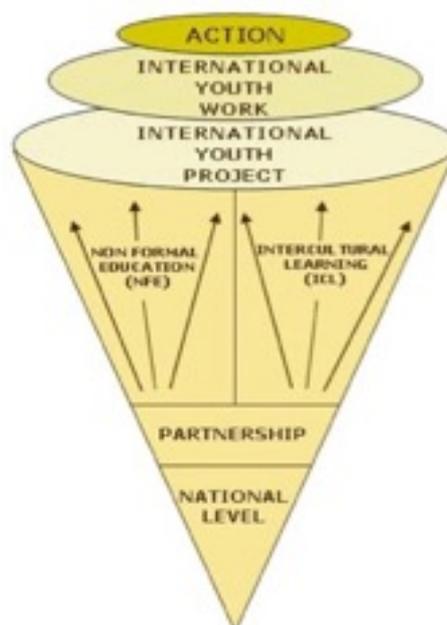
“**Appetiser**” started as a pilot project in **2004**. It was firstly realized in Malta and since then, several Appetisers took place in **almost all Programme Countries**. Appetiser became a **Network Training**, under the umbrella of **SALTO Resource Centre**, in **2007** thus validating its usefulness. If you are interested in seeing some quality and quantity information, recent years are available at [www.salto-youth.net](http://www.salto-youth.net)

## What's on the menu?

Surprisingly, when ordering an “**Appetiser**”, you get a very delicious *ice cream*! The “ice cream” model helps us to visualize its main “ingredients”. The core of the programme (middle of the “ice cream”) is comprised by the concepts of **non-formal education/learning** and **intercultural learning**. Participants’ **active involvement and participation** in the learning process is promoted, encouraged and supported.

A full **3-days programme** of activities makes sure everyone is *appetised to go international!!!* A special focus is given to the presentation of **good practices**; projects of high quality that have been realized with the support of the **Erasmus +: Youth in Action Programme and its predecessors**.

Although it is not a *contact-making seminar*, a **natural space** for the development of cooperation is offered and participants are encouraged to make use of it; and so far, they have greatly done so!



As of 2007, and after the introduction of **Youthpass**, the trainers have taken the necessary measures so that the learning outcomes of the Appetiser participants are recognised and they are able to use on their learning process during the training course itself. During the 3 days programme, the participants have a chance to reflect on their learning everyday and create their own *Youthpass* as a result of this learning journey.

*"I have learned a lot about the **YOUTH programme**. I didn't know much about it and has been great to go deep in it. Now I know how many opportunities I have to do something related to international youth work."*

## Day by day...

A well-structured daily programme of activities has been developed after analysis of feedback and use of the experience collected so far. A good deal of informal learning time is provided so that the participants get to know each other, their local realities and their role in international youth work. The *logic* goes from participants' local experience, to accessing new tools and means to go *international* and finally discovering the added value that international youth work would offer to their activities.

*"There was a **good balance** between theory and practice and self-involvement of the participants in the learning process."*

I day	II day	III day	IV day	V day	
<i>Arrivals of the participants</i>	Official welcome & Group Building	Intercultural Learning 'Theory & Practice'	"Erasmus+: Youth in Action Programme"	<i>Departure of the participants</i>	
	<i>Introduction to -Appetiser -Erasmus+: Youth in Action</i>		Good practices		
	<b>Lunch</b>				
	Organisations' Bazaar	Non-formal education/learning	The value of international youth work		
	Sharing of experiences		Youthpass		
	Dessert time	Dessert time until 17:30	Dessert time		
<b>Dinner</b>					
Getting to know each other	Intercultural Evening	Dinner out	Farewell party		

## Why “Appetiser”?

- Because **88%** of the participants had the chance for **the first time** in their lives to *experience an international youth project!*
- Because **92%** of the participants liked the taste of *intercultural learning...*
- Because **81%** of the participants profoundly *understood the possibilities offered by the Youth in Action programme!*
- Because **67%** of the participants believe that they have adequately *seen examples of quality youth projects supported by the Youth/Youth in Action programme!*



*“I think when I return to my home I am going to **start to organize activities** to make a first contact with the youth of my local community. It’s going to be a small but very significant step in order to proceed.”*

- Because **89%** of the participants managed, in the short time given, to soundly *imagine how their own youth work practice can benefit from the international context.*

...and because of many other reasons, well justified in **Annual Reports** ([www.salto-youth.net/appetiser](http://www.salto-youth.net/appetiser)).

## Cooked by...

[Eylem Certel](#) from Turkey and [Athanasios \(Sakis\) Krezios](#) from Greece. They all maintain a **SALTO TOY** profile, so you are invited to go through. They have been running this training seminar **together** for a long time; this experience sets the basis for the deliverance of high quality programmes. The team’s **diverse background** makes “**Appetiser**” very... *tasty!*

## Hungry for more?

***Apply to Appetiser if you are actively working with young people at the local level and would like to explore the benefits of youth work at European level...***