

Value the Difference

Training Course Infopack



Photo by Ana Maria Catalina

Soon the Value the Difference project starts. In this Infopack you can find a brief introduction on what to expect during the upcoming Training Course and what the multi-activity project – Value the Difference is all about.

2015
3rd – 11th
November

Project Coordinator - Romania
Asociatia Babilon Travel

Polish Partner
Youth of Europe

Italian Partner
Mine Vaganti

Belgian Partner
VIEWS INTERNATIONAL

Greek Partner
SOCIAL CARE NETWORK -
HELP

Dear Partners and Participants!

The Training Course is coming closer and closer. Most things for the TC are arranged, and we all will meet in Cluj-Napoca.

Now it is time to select participants and make the necessary travel arrangements to the beautiful city situated in the heart of Transylvania.

The event has a busy schedule. You will find the overview of activities on the following page. We are confident that together with our partners and the selected participants, we will manage to get the entire programme done and deliver an amazing and exciting learning experience.

Now few words about the Value the Difference concept. It is a multi-activity project designed to promote integration of visually impaired young people through sport and outdoor activities. To

achieve this aim we planned two separate events taking place in Romania and Poland.

The first activity is a 9 days long training course (including travel days), with 24 youth workers from (Romania, Poland, Italy, Greece and Belgium) taking place in Cluj-Napoca, Romania from 3rd to 11th November 2015, youth workers willing to explore and extract all the possible positive aspects of work with visually impaired youth, using non-formal methods of education for developing consistent inclusion and acceptance among our beneficiaries.

The second activity is a 9 days long youth exchange (including travel days) for 35 young people aged 18-30 and 5 leaders. During this activity we invite some of the youth workers that took part in TC in Romania to put in practice new skills and evaluate methods learned.

Organizational matters:

VENUE The training course is divided in two parts. The first one (November 3rd-8th) will take place in [Cluj-Napoca](#) with most of the activities at the Special High School for Visually Impaired. Participants will be accommodated in the hostel [Excelenta](#). They will be hosted in shared international rooms, with 2-4 beds, private bathrooms, tv sets, Internet and air conditioning. The second part (November 8th-11th) will take place in Baisoara mountain resort situated in the Vest Carpathians, near Cluj-Napoca.

TRAVEL and REIMBURSEMENT Confirm with us your travel route before you buy any tickets. You are expected to **arrive** to Romania on 3rd of November. The **departure** will be on the 11th of November, after breakfast. In case you want to spend extra few days in Romania prior to or after then, we need to consult it with the Romanian National Agency. In case you need advice on that, don't hesitate to contact us. However we cannot offer accommodation for these extra days. We will reimburse travels costs within 45 days after receiving all the original travel documents, by bank transfer.

Country	Number of participants	Max. Travel Cost (EUR)
Romania	6	0
Poland	6	275
Belgium	4	275
Italy	4	275
Greece	4	275

Whom are we looking for?

We would like to engage youth workers that intend to deliver activities with young people with disabilities, particularly visual impairment. The profile of the participant:

- Youth worker, teacher, educator, volunteer;
- Engagement in the work in the field of young people;
- Motivation to involve in the work with the visually impaired youth;
- Ready to be one of the leaders in the second activity - youth exchange
- Capabilities to multiply and disseminate the project's results;
- Committed to attend for the full duration of the course;
- Be aged 21+;
- English language skills.

Each of the partners is supposed to involve at least one visually impaired youth worker.

Asociația Babilon Travel and Youth of Europe will send 6 participants each and the other partners will send four. This is due to the concrete need of the Romanian and Polish organizations to have more youth workers qualified and experienced regarding the topics of the project.

In the process of selection, the partners will take in account the gender balance.

What to bring:

For international evening please bring typical food and drinks which don't need to be cooked as we cannot use the kitchen but we can use fridge and store food there. You are welcome to take handicraft or clothes and music to introduce us to your cultural identity and country. We would like to ask each country to prepare a short country presentation max 10 minutes and also one game/dance/song or other traditional activity with idea to involve all other participants. Participants have to bring passport/ID card, medical insurance (mandatory), warm cloths suitable for trekking in the mountains, pocket money, flyers presenting their NGO/institution, country flag and any other materials suitable for country presentation.

Learning Outcomes

Through the 7 days mobility, the 24 participants will develop the following skills and competences:

- Improve the competence of youth workers in understanding visually impaired young people's needs and expectation;
- Use sport as an educational tool for inclusion applying the non-formal education method;
- Create games using sport therapy according to the requirements of people with special needs, developing concrete activities for including them into the community;
- Learning to learn: the educational process will include exercises to facilitate the inner recognition on new skills;
- Learn to identify their learning needs, set their learning agenda for the training and come up with their own self-defined learning outcomes, to support them as self-directed learners and reflective practitioners;
- Social and civic competences: our educational aim is to invite participants on taking responsibility for planning and implementing social changes within their local communities;
- How to create an international network of professionals;

Timetable

DAY 1 03RD NOVEMBER

ARRIVAL OF THE PARTICIPANTS

Afternoon

Getting to know each other – presentation of the project and partners. Visiting the venue and surroundings.

07:00 pm – Dinner.

08:00 pm – Informal meeting of the participants.

DAY 2 04TH NOVEMBER

8:45 am – Breakfast.

09:30 am – Welcome, name games, health & safety

11:30 am – Hopes & Fears. The Carousel Effect.

01:00 pm – Lunch

03:00 pm – Introduction to working with visual impairments.

05:00 pm – Stereotypes exercise

7 pm – Dinner

DAY 3 05TH NOVEMBER

08:45 am – Breakfast

09:30 am – Morning briefing and energizers. Inclusive sports Part 1.

11:30 am – Dance workshop / visit to an inclusive museum Part 1.

01:00 pm – Lunch

03:00 pm – Dance workshop / visit to an inclusive museum Part 2

05:00 pm – Briefing and reflective practices.

07:00 pm – Dinner

DAY 4 06TH NOVEMBER

08:45 am – Breakfast

09:30 am – Erasmus+ Programme workshop

11:30 am About Cluj-Napoca. Exploring the city in an inclusive way Part 1

01:00 pm – Lunch in a local restaurant

02:00 pm – About Cluj-Napoca Part 2

05:00 pm – Preparing the intercultural night.

07:00 pm – Dinner and intercultural night.

DAY 5 07TH NOVEMBER

08:45 am – Breakfast.

09:30 am – Adaptive and inclusive sport Part 2.

11:30 am – Speed networking.

01:00 pm – Lunch.

03:00 pm – The Open Space.

05:00 pm – Briefing and reflective practices.

07:00 pm – Dinner

DAY 6 08TH NOVEMBER

08:45 am – Breakfast.

09:30 am – Trekking in the mountains part 1

01:00 pm – Outdoor lunch

03:00 pm – Mid-Evaluation

05:00 pm – Cooking a healthy outdoor meal.

DAY 7 09TH NOVEMBER

08:45 am – Breakfast.

09:30 am – Trekking in the mountains Part 2.

01:00 pm – Lunch.

03:00 pm – Healthy lifestyles workshop.

05:00 pm – Goal setting, Follow-up plans.

07:00 pm – Dinner

DAY 8 10TH NOVEMBER

08:45 am – Breakfast.

09:30 am – Youthpass: presentation of the recognition tool and ceremony.

11:00 pm – Final evaluation Part 1

01:00 pm – Lunch

03:00 pm – Final evaluation Part 2 and planning the 2nd activity in Poland.

06:00 pm – Farewell dinner party and camp fire.

DAY 9 11TH NOVEMBER

07:00 AM – BREAKFAST

DEPARTURE OF THE PARTICIPANTS