



SUMMARY

One of the biggest challenges in contemporary Europe are the limited possibilities of young people with disabilities and social problems. To be able to develop their full potential it is of utmost importance to create a healthy and positive environment for them, which can support them to improve their life.

There are several ways and methods of working with such kind of problems. One that proved to be very successful is the application of artistic form of expression to solve difficulties with social interaction and communication. Art-making process, creation of something new by your own hands, thoughts and feelings can strongly support personal exploration and development and can give valuable new insights for solving personal difficulties.

For young people with fewer opportunities communication through art can be very helpful in improving their self-confidence, self-realization and self-awareness. Self-expression through Art can be an easier and more direct form than verbal communication and expression through painting, music, dance, theatre can help tremendously to expand their capacities.

Unfortunately the use of these methodologies is not very widespread in many countries and often doesn't form part of the curriculum for youth workers, especially in EECA region.

The proposed training course therefore wants to gather 26 youth workers/leaders from 11 countries and provides them with the opportunity to learn about simple and effective methodologies, which they will be able to apply afterwards in their local context in their work with young people with fewer opportunities.

Training Course “Explore yourself through Art”

HOSTING ORGANISATION



**International Center for Intercultural
Research, Learning and Dialogue
(Armenia)**

OPEN CALL FOR PARTICIPANTS

OBJECTIVES

- To equip youth worker and leader from Program and EECA partner countries with the competences to use artistic forms of expression in their work with young people with fewer opportunities
- To give a chance for the participants to go through a process of self-exploration through art, which will be a necessary base to apply it to their target groups
- To form a network among like-minded organisations and individuals with an interest in long-term cooperation in the field of the training
- To develop follow-up projects for young people with fewer opportunities, which will make use of the new knowledge and competences gained during the training

PROJECT DETAILS

Dates:	28. October - 6. November 2015
Place:	Aghveran (Armenia)
Type	Training
Working language:	English

PARTICIPANTS PROFILE

- Youth workers and youth leaders involved in work with people with fewer opportunities.
- Having previous experience in the field of social work or youth work with people with fewer opportunities
- Interested in learning how to use Art techniques as an innovative working method with their target groups.
- Interested in developing further co-operation and follow - up projects for young people with fewer opportunities.
- Being able to communicate fluently in English.

NEXT STEPS

Please fill in the following online application form until **21st September**:
<http://tinyurl.com/od4zn5q>

COSTS

Accommodation and board will be fully covered. Travel costs can be reimbursed up to the following amounts:

Portugal	820 €
Poland, Germany, Italy, Croatia	360 €
Ukraine, Moldova, Belarus	275 €
Georgia	180 €

CONTACT DETAILS

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