



Erasmus+



TC “ML.DS. A.C. - Media Literate. Digitally Skilled: Ready for Anti- discrimination Campaigning.”

02 -11 OCTOBER 2015

Struga, Republic of
Macedonia

Host by: Volunteers Centre Skopje
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www.vcs.org.mk

Short summary of the project

- The project “**Media Literate. Digitally Skilled: Ready for Anti-discrimination Campaigning.**” is a 10 day training course which will be held in Struga, Republic of Macedonia from 2nd to 11th of October 2015, connecting 40 participants coming from Finland, Poland, Lithuania, Romania, Cyprus, Croatia, Turkey, Germany, Spain, Czech Republic, Greece and the host country, Republic of Macedonia.
- The objectives of the TC are:
 - To strength media literacy competencies of the participants and develop their skills to implemented activities developing media competencies amongst young people in participants countries to fight discrimination and hate speech;
 - To increase participants understanding of media, the process of creating media messages with special focus to be pay to social media as one of the most popular communication channel of young people these days;
 - To strength participants knowledge of sources of hate speech and discrimination and to support sharing good practices of combating it through advocacy campaigns based on various media tools;
 - To develop participants competencies and ability to create advocacy campaigns carrying clear message and tackling actual issue in participants countries;
 - To increase participants competencies (teamwork, leadership, communication, creativity) through participation in various non-formal based activities in intercultural settings;
 - To raise participants intercultural competencies and awareness;
 - To strength participants knowledge of Erasmus + Programme and its Key Action (especially Key Action 1 and 2) and to provide participants an opportunity to brainstorm and work on development new project ideas.

Application process

Please fill in the online application :

[https://docs.google.com/forms/d/1PW0xPrAZfApqcM7M2vwwUPcnunFNwI5AL0a8ctNcNYk/vi
ewform](https://docs.google.com/forms/d/1PW0xPrAZfApqcM7M2vwwUPcnunFNwI5AL0a8ctNcNYk/vi
ewform)

Travel reimbursement

- According to the rules of the Erasmus Plus Programme, travel costs will be reimbursed up to 100% after the activity days of the training course via bank transfer.
- Please, be informed that 100% of your travel expenses will be covered just in the case if you **stay under the budget line provided for your country** and that you will provide us original travel tickets (bus, train), invoices and your boarding passes.
- In the case that you will not provide the original tickets, invoices and boarding passes your travel expenses will be not covered.
- In case that you go over the budget line provided for your country, you will be reimbursed only with the maximum costs allowed for your country, so carefully check the info and the numbers bellow.
- The travel costs will not be reimbursed in case that the participants will not take active part in project's sessions.
- There is as well possibility that our organization will arrange for you travel tickets, if

Please remember that there are limits concerning your travel costs: All amounts mentioned are per person for return ticket.

Finland- 360 EUR	Cyprus- 275 EUR	Turkey- 275 EUR
Romania - 275 EUR	Poland - 275 EUR	Germany- 275 EUR
Lithuania - 275 EUR	Croatia - 275 EUR	Spain- 275 EUR
Czech Republic - 275 EUR	Greece - 180 EUR	

- 🇪🇺 3 participants per country (except Finland and Republic of Macedonia with 5 participants);
- 🇪🇺 Target group: youth workers, youth leaders ;working/interested in the field of media and anti-discrimination campaigns
- 🇪🇺 Age: over 18

Accomodation...

• According to the rules of the Erasmus Plus Programme the accomodation and 3 meals per day during the Seminar will be completely covered, but only in the accomodation provided by the organizers from 2nd till 11th of October 2015. In case that some participant would like to arrive earlier or departure later than the dates of the project - the person will take care of his/her accomodation and meals. You will be accomodated in Hotel Solferino in Struga, in rooms with 2-3 beds.

• **ARRIVAL DATE: 2nd of October 2015 (we start with dinner at 19:00) // DEPARTURE DATE 11th of October 2015 (we finish with breakfast at 9:00)**

• How to get to Struga?

- Struga is a town, distanced 170 km from Skopje, located at the bank of Ohrid lake. The best way is first to arrive in the capital Skopje, and then take a bus to Struga. You can arrive in Skopje by airplane, bus or train. But also you can reach Struga from Sofia or Belgrade by direct bus. (Please check the useful links). We prefer if all of you arrive in Skopje firstly, and later we will arrange your travel from Skopje to Struga.
- Skopje is well connected with Struga and here is the time table of buses, leaving from Skopje to Struga, every day at: 5:30, 7:00, 8:00, 9:30, 11:00, 12:30, 12:50, 13:15, 14:00, 14:30, 15:45, 16:00, 16:10, 17:30 and 19:00. The journey takes approx. 3-4 hours.





If you can't find affordable flights to Skopje, please try the airports in Sofia and Belgrade. Skopje has good and regular bus connection with the both cities. Also, there are direct busses from Sofia and Belgrade to the place of the venue, Struga, so if you arrive on those airports, you can find direct bus to the place of the venue. The bus from Belgrade to Struga leaves every evening at 20:00, and from Sofia to Ohrid (near Struga) every evening at 19:00.

HOW TO ARRIVE TO THE HOTEL?

- Hotel Solferino - Struga (known also as hotel Red Cross), is located at street "Partizanska", number 22. The city has no airport, nor railway, so you can reach it only by bus or car.

From the main bus station you can reach the hotel by taxi. Or if you arrive at the bus stop nearby the hotel DRIM, you are in the center of the city and only 10 minutes walk on the main street you will see from your right side the yellow/green hotel with parking place. The price of the taxi from the bus station in Struga to the hotel should be around 50 - 80 MKD - it means around 1 - 1,5 EUR. (1 EUR=61.35 MKD)

Other practical information

- **MONEY:** The currency of Macedonia is the Denar, 61 Denar approximately equals to one euro. There are a lot of exchange offices in the city and ATMs are also widely available.
- In comparison to most European countries prices in Macedonia are pretty low, especially for local products.
- When going out for a drink, expect to pay around 100 denars for a large beer, 150 for a wine and around 80 for a soda or a coffee. Going out for a coffee or a beer is a favourite pastime for many Macedonians so don't be surprised to see full cafes from as early as eleven in the morning. The supermarkets and little shops are only allowed to sell alcohol up to 19.00, so if you want to have a drink or party after 19:00 you need to go to a bar or restaurant.

Useful links:

- **To find the cheapest flight:**
 - www.onetravel.com;
 - www.dohop.com;
 - www.skyscanner.net,
 - www.wizzair.com,
 - www.ryanair.com,
 - <http://www.flypgs.com/en/>
- **For travel by bus**
 - Skopje bus station: www.sas.com.mk
 - Belgrade bus station: www.bas.rs/basweb_eng/redvoznje.asp
 - Sofia bus station: www.centralnaavtogara.bg
- **To discover Macedonia**
 - www.macedonialovesyou.com
 - www.exploringmacedonia.com
- **Travel guide**
 - www.inyourpocket.com/static/downloads.html

Emergency contact phone and e-mail:

**+389 78 345 700 (Sanja) and
+389 78 374 719 (Gjoko)
vcs_contact@yahoo.com**

If you arrive at Skopje there is a possibility that we can pick you up from the bus/railway station/airport. In order to arrange this we will need your travel details, plane tickets to be sent by e-mail to our address:
vcs_contact@yahoo.com, until 1st

Please join our FACEBOOK group on the following link:

<https://www.facebook.com/groups/1676938699186327/>



Some words and phrases

English	Macedonian	Macedonian (pronunciation)
Hello / Good bye	Здраво / Чао	Zdravo / Chao
Good morning	Добро утро	Dobro utro
Good evening / Good night	Добра вечер / Добра ноќ	Dobra Večer / Dobra nok
How are you? / Fine, thanks	Како си? / Добро, фала	Kakosi? / Dobro, fala
My name is...	Јас се викам...	Jas se vikam...
What is your name?	Како се викаш?	Kako se vikash?
Thank you	Фала	Fala
Yes / No / Perhaps	Да / Не / Можеби	Da / Ne / Možebi
One, two, three, four, five, six, seven, eight, nine, ten	Еден, два, три, четири, пет, шест, седум, осум, девет, десет	Eden, dva, tri, chetiri, pet, shest, sedum, osum, devet, deset

How much does it cost?	Колку чини ова?	Kolkuchini ova?
I want this	Го сакам ова	Go sakam ova
Where is the toilet, please?	Каде е тоалетот ве молам?	Kade e toaletot ve molam?
I'm hungry / thirsty	Гладен сум, Жеден сум	Gladen sum / Žeden sum
I want a beer / tea / coffee please	Сакам пиво / чај / кафе ве молам	Sakampivo / chaj / kafe ve molam
Excuse me	Извинете	Izvinete
I don't speak Macedonian	Не зборувам македонски	Ne zboruvammakedonski
I don't know	Не знам	Ne znam
Bus / Train station / Airport	Автобуска / Железничка / Аеродром	Avtobuska / Železnichka / Aerodrom

Right / Left	Десно / Лево	Desno / Levo
One ticket to ... please	Еден билет до ... ве молам	Eden bilet do ... ve molam



THANK YOU
FOR YOUR ATTENTION



SEE YOU SOON...