

So FAR, So CLOSE

TRAINING COURSE

25th of August - 2nd of September 2015
IZVOARE, MARAMURES, ROMANIA



Empowering Young People !

ASOCIATIA YMCA BAIA MARE

Baia Mare, str. Moldovei nr. 2, 430265

Tel: +40.371.134.344; Fax: +40362.814.688

| www.y4u.ro | www.ymca.ro | www.evsymcabm.com |

office@y4u.ro

YMCA Baia Mare Association is gladly inviting you to „**So FAR, So CLOSE**” training course, a project funded by *Erasmus Plus Program*, project nr: 2015-1-R001-KA105-013960.

Please, take time to read this info-letter. You will find more information about the objectives of the project, the activities of the training, accommodation, dates, partner organizations and countries, financial conditions, transportation as well as you will get to know which necessary preparation you should make at home before your departure. If you are missing any information, or you have some questions or comments please free to contact us.

SHORT SUMMARY OF THE PROJECT



"So Far, So Close" is a training course which will reunite 24 young leaders from 10 countries: **Armenia, Azerbaijan, Belarus, Georgia, Latvia, Poland, Portugal, Romania, Spain and Turkey** in northern Romania, near Baia Mare, in Statiunea Izvoare, between 25th of August 2015 and 2nd of September 2015. Together they will experience various methods on intercultural learning and outdoor which they can bring back in their organizations to use in order to motivate and empower the young people they are working with into becoming the young leaders of tomorrow.

The main **OBJECTIVES** of the project are:

- promoting and exploring the "outdoor", "healthy lifestyle" and "intercultural learning" concepts in relation with youth work;
- raising the intercultural and outdoor competences of the participants;
- promoting respect for cultural and European diversity;
- sharing methods, experiences and tools among youth workers as best practices for encouraging the use of outdoor activities in an intercultural and international context;
- promoting non-formal education methods and introducing Erasmus+Programme as an opportunity for European youth mobilities.



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The working **METHODS** used during the training course will be non-formal, with a strong intercultural and outdoor approach: role plays, energisers, ice-breakers, movie watching, world-cafe, circle practice, storytelling, open space, learning to play and playing to learn, debriefs, teamwork, rope techniques, hiking and many more.



Participants **age 18 +**, which are *youth workers, young leaders, active volunteers in their organizations, volunteer coordinators, staff*, and willing to improve their skills and competences regarding intercultural learning and outdoor, sharing and learning new tools which can be used in working with youth.

It is the right place for you if you are working with young people, if you deal with working in intercultural environments, if you want to inspire and motivate young people in reaching their full potential only by using the right tools and techniques, if you want to promote the importance of intercultural learning and dialogue and outdoor activities or if you simply want to get out of your comfort zone by trying and pushing your own limits.



Arrival day in Baia Mare: 25th of August 2015

Programme starts: 26th of August 2015

Programme ends: 1st of September 2015 evening

Departure day: 2nd of September 2015 in the morning

Participants must attend the whole programme from the beginning until the end in order that each individual and the whole group gets the maximum out of it. For this purpose, **it is NOT allowed to come later, leave earlier or miss program parts.**

If you plan to arrive earlier or leave later, you can do so but no longer than 2 days before the programme starts and 2 days after the programme finishes. In this case, the costs for your stay for the extra days will be supported by you.

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WHERE?

The venue of the activities is in a beautiful resort (**Stațiunea Izvoare**), in Gutâi Mountains at approx. 1000 metres altitude, 30 km from Baia Mare, in northern Romania. Baia Mare is the capital of Maramureș county. The town is situated about 600 km from Bucharest, 150 km from Cluj Napoca, 70 km from the border with Hungary and 50 km from the border with Ukraine.



The participants will be accommodated in a mountain wooden chalet – **Cabana Brazi 2**, in shared rooms with 2,3,4 or 5 beds and shared toilets and showers. Participants will be provided 3 meals per day and coffee breaks.



!!! There are no trains or buses going to Stațiunea Izvoare, so all participants need to arrive to Baia Mare from where they will be picked up, on the 25th of August.

Further information about accommodation and travelling options will be sent to you with confirmation letter after your application gets approved.



COSTS

The travel and visa costs will be reimbursed on proof of payment (plane, train, bus tickets, invoices, original receipt etc) and only if the participant attended the whole programme. As we said before, participants are not allowed to come later, leave earlier or miss program parts.

The reimbursement costs are the following:

| COUNTRIES | NO. OF PARTICIPANTS | MAX TRAVEL COST PER PERSON | MAX VISA COSTS PER PERSON |
|------------|---------------------|----------------------------|---------------------------|
| Armenia | 2 | 275 EUR | 35 EUR |
| Azerbaijan | 2 | 360 EUR | 35 EUR |
| Belarus | 2 | 275 EUR | 60 EUR |
| Georgia | 2 | 275 EUR | 35 EUR |
| Latvia | 2 | 275 EUR | - |
| Poland | 2 | 275 EUR | - |
| Portugal | 2 | 360 EUR | - |
| Romania | 6 | - | - |
| Spain | 2 | 360 EUR | - |
| Turkey | 2 | 275 EUR | 60 EUR |

Transportation costs that exceed the maximum travel costs will be supported by the participants. Please note those arriving from EU countries should have their **European health card**. Those from Non-EU countries should organize their own **health and travel insurance**. Please note these expenses will not be reimbursed by the project.

Conditions of reimbursement

According to the law and the funding rules of the Erasmus Plus Program we need to keep certain administrative procedures. We are asking for your support and cooperation in keeping these rules. Please make sure that you read and understand the conditions and the procedure.

ALL the following ORIGINAL documents will be needed from you:

- all your bus, train tickets and plane boarding passes
- invoices and receipts of buying your tickets
- passport or ID
- official document from the bank or travel agency stating the proof of paying the travel tickets.

The same rules apply for VISA.

!!! IMPORTANT !!! Please DO NOT BUY any tickets before receiving our confirmation of your participation in the training. Together with the confirmation you will receive **extra important information regarding the daily programme and the best travel routes to Baia Mare and timetables of buses and trains.**



HOW TO APPLY

In order to apply, please send the **attached application** form until **22nd of July 2015** to **roxana@ymca.ro** or to your contact person responsible for your countries. Here is the list of the contact persons from the partner organizations.

| COUNTRY | ORGANIZATION | RESPONSIBLE | E-MAIL |
|------------|--|----------------------------|---------------------------------------|
| Armenia | "International Center for Intercultural Research, Learning and Dialogue" NGO | Anais Melikyanmehr | Anais@icird.net |
| Azerbaijan | Bridge to the Future | Seymur Valiyev | seymur.valiyev@gmail.com |
| Belarus | Young Men's Christian Association of Belarus | Olga Lukina | look123@mail.ru ymca.bel@gmail.com |
| Georgia | Youth Association DRONI | Giorgi Kikalishvili | giokika@gmail.com |
| Latvia | Bernu un jauniesu biedriba "Liepajas Jaunie Vanagi" | Liga Kreslina | ligad@inbox.lv |
| Poland | Zwiazek Mlodziezy Chrzescijanskiej "Polska YMCA" | Rafał Kusa | rafal.kusa@ymca.pl |
| Portugal | ProAtlântico - Associação Juvenil | Raquel Amaral | raquelamaral@proatlantico.com |
| Romania | Asociația YMCA Baia Mare | Roxana Pașcan | roxana@ymca.ro |
| Spain | Asociacion Paideia | CRISTÓBAL TORRES FERNÁNDEZ | ctorres@us.es |
| Turkey | Uluslararası Gençlik Aktiviteleri Merkezi Derneği | Emre Ozet | emreozet@hotmail.com |

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WHAT TO BRING WITH YOU

- passport or ID
- all invoices, receipts, tickets and boarding passes
- European health insurance card
- Comfortable sport clothes for every weather (during the days might be warm, but the nights and mornings are cold)
- sport shoes (hiking shoes if possible)
- head lamp (or flashlight)
- waterproof rain jacket /coat – (weather in the mountains is unpredictable. Some days we might do activities outside even if there is a bit of rain, so please bring adequate clothes)
- very warm clothes for the chilly evenings around the fire
- sleeping bag
- camping mattress
- items for your personal hygiene (shower towel, soap, shampoo, etc)
- personal medicine (if you need)
- sun lotion
- flag and other traditional things for intercultural night (food, drinks, photos, costumes etc)
- promotional materials of your organization
- positive attitude and energy

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CAN'T WAIT TO HAVE YOU ALL HERE!



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