

CALL FOR PARTICIPANTS: "THE THRESHOLD"

This training course covers the topics of vulnerability, spirituality, connectedness and nature, which are often missing in our fast-paced society nowadays. The course aims at supporting the participants in exploring these topics on both a personal and professional level. Through non-formal education and experiential learning methods, participants experience the role of vulnerability, spirituality, connectedness and nature within the context of their personal life and personal development – and learn to apply these topics and methods within their role as youth- or social workers.



WHEN AND WHERE?

"The Threshold" is a 9 day training course (including arrival and departure days) which will take place from **22 AUG – 30 AUG 2015** in the **Wicklow mountains, Ireland**. The training course is hosted by the dutch organisation YES.

How to apply? Apply online here: <https://goo.gl/02viYl> , before the 1st of august.

FOR WHOM?

26 youth workers, NGO workers, youth leaders and young people active in youth organisations. The basic conditions are: interest in the topic, willingness to learn and share, the ability to communicate in English.

COUNTRIES

Netherlands – hosting, Ireland, Czech Republic, United Kingdom, Poland, Spain, Italy, Hungary, Romania, Greece and Finland

TOPICS OF THE COURSE

Vulnerability

working with limitations and expectations (personal, social groups), finding strengths and qualities, being open

Connectedness

connecting with yourself, nature, other people, the outside world (deep ecology)

Spirituality

secret-sacred things, sharing experiences, human spirituality in different cultural backgrounds

TRAINING OBJECTIVES

- 1)** To create a space for personal and professional development of youth workers, by exploring personal connections, experiences, limitations and strengths through a variety of non formal education en experiential learning methods and sharing and evaluating the experiences with other participants.
- 2)** To offer participants the possibility to experience non formal education and experiential learning methods on a personal level and provide them with a practical set of non formal education and experiential learning tools, methods and activities in relation to the course topics, which they can implement and use within their local youth work.
- 3)** To give an opportunity for sharing and discussing, reflection and improvement of all experienced methods. To share pedagogic and cultural aspects of youth work in different cultural realities.
- 4)** To develop together new experiential and non-formal educational activities on the topics of the training course and motivate and inspire participants to work on the topic of spirituality and vulnerability in their future work.

PROGRAMME ELEMENTS

Heroes Journey	Sweat-lodge
Council	Meditation
Connecting with nature	Sharing and learning
Community building	Experiential learning

TRAINER TEAM

Dani Korai (Netherlands)	YES
Gareth Conlon (Ireland)	Development Perspectives
Bara Blahova (Czech Republic)	Petrklíč Help
Stefan Schwarc (Czech Republic)	Do světa

COSTS

This training course is financed by the Erasmus + Youth in Action Programme.

Being selected for this course, the costs as (accomodation, food, etc) relevant to participation in the course will be covered by the organiser hosting this project.

There is a participation fee of 50€ as a contribution to the organization.

We will cover your travel costs, according to the Erasmus+ travel reimbursement, to a maximum per country of:

Ireland: 50€

Netherlands, Czech Republic, United Kingdom, Poland, Spain, Italy, Hungary: 275€

Greece, Romania, Finland: 360€

THERE WILL BE 3 MAIN PARTS IN THE PROGRAMME:

1. **Beginning:** 1,5 days of introduction, team building, establishing trust in the group.
2. **Middle part:** 5 days of self experiential training, exploring our objectives with transfer of this experience to daily life and work, through sharing and reflection.
3. **Ending:** 2 days of implementation of the learning part and action based end of the TC – youth workers will develop projects and activity ideas on how to apply the methods from the TC and their learning outcomes in their daily youth work in their communities. New methods and activities on the topic of nature, spirituality and vulnerability in youthwork are developed. Creation of ToolSet, networking, closing and evaluation of the TC.

IF YOU HAVE ANY QUESTIONS,
contact Dani Korai at dani.korai@gmail.com, mobile +31 652 181 339.

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