



Erasmus+



## Overview of the Program

## for participants

## Soap 2

| Monday 2nd Nov<br>Arrival                                       | 1 - Tuesday 3rd Nov<br>The team  | 2 - Wednesday 4th Nov<br>The Journey   | 3 - Thursday 5th Nov<br>The inclusion  | 4 – Friday 6th Nov<br>The sports  | 5 - Saturday 7th Nov<br>The future  | Sun 8th Nov<br>The Dep<br>arture |               |
|---|--|--|--|---|---|----------------------------------|---------------|
|   | Morning Sports<br>Welcome - we,<br>ice-breakers<br><br>Name games<br><br>*Expectations | Morning sports<br>Preparation for:<br><b>The HIKE<br/>of Four Villages</b><br>(An experience to learn<br>from) | Morning sports:<br><br>Reflection on Hike:<br>Sharing insights in plenary.     | Early orning sports:<br><br>09.00 Bus to...<br><b>Kurium Amphitheatre</b><br><br>Creating inclusive games<br>or ajusting sports | Project Bazaar:<br><br>Stories of experience<br>Planning projects<br>Finding partners                               | Departure<br>From<br>Larnaka     | 9..00 -11.00  |
|   | *overview of the<br>programme/ aims<br>and objectives.                                 | 11.00 <b>The hike starts.</b><br>The teams do what they<br>are supposed to do                                  | <i>Learning from Experience:</i><br>Input<br><i>Social Inclusion:</i><br>Input | Implementing our<br>creations.  | 11.30<br>Presentation of Erasmus+<br>and consulting with NA<br>staff on planning projects.<br>Project presentations |                                  | 11.15-12.30   |
| Lunch   | Lunch  | Lunch-pack   | Lunch  | Lunch - pack  | Lunch   |                                  | 12.30-14.00   |
|   | Peer learning: We<br>teach and learn<br>Team-building                                  | <b>The hike</b>  | Inclusion for participation:<br>Healthy lifestyle                              | Kurium Amphitheatre<br>and reflection groups  | Youth-Pass  |                                  | 14.00 – 15.45 |
| Arrival in Cyprus   | Team activities<br>Reflection groups<br>Planning the inter-<br>cultural evening        | <b>Of 4 villages, cont.</b><br><br>Return home by 18.00  | Imagine other sports.<br>Working in groups                                     | <b>15.00-18.00</b><br><b>Free time in Limasol</b>   | Evaluation of the training<br>course:   |                                  | 16.00-18.00   |
|   | 18.00-18.30<br>Reflection groups<br>the first day                                      | 18.00-18.30<br>Reflection groups   | 19.00-19.30<br>Reflection groups:  | Bus to home   |   |                                  | 18.00-18.30   |
| Dinnner   | Dinner   | Dinner   | Dinner   | Dinner „OUT“?   | Farewell Dinner   |                                  | 19.30-21.00   |
| You are very wel-<br>come!<br>Practical things.<br>„My journey“ | 21.00<br>Presentations and<br>intercultural<br>evening                                 | 21.00-22.00<br>Relaxing together after a<br>long day.  | <b>Networking</b>  | <b>Peer workshops,</b><br>continue...   | A kind of Party<br>and farewell   |                                  | 21.00-22.30   |