

29TH JUNE - 6TH JULY 2015

# NATURALLY EMPOWERED NATURALLY ACTIVE

*Call for Participants!*



**Non-formal education  
training course in  
Youth Empowerment  
using outdoor nature-  
based methods.**

contact us at: [nenateam2015@gmail.com](mailto:nenateam2015@gmail.com)



**TRAINING  
COURSE**

**Forres, Scotland**

**29. JUNE -  
6. JULY 2015**



Co-funded by the  
Erasmus+ Programme  
of the European Union

# NATURALLY EMPOWERED, NATURALLY ACTIVE

Training Course, 29th June - 6th July 2015, Scotland UK

## About the training

'Naturally Empowered, Naturally Active' is an 8 day Erasmus+ training course for youth workers, trainers, youth leaders, professionals & volunteers actively working with young people. The training focuses on how to use outdoor and nature-based training elements as educational tools to tackle the issue of youth empowerment and active participation. **With this training course** we seek to improve the level of key competences and skills of youth workers to use outdoor & nature-based training methods, approaches and experiential training elements as tools for youth empowerment in order to improve the quality of their work and the activities they organise, and to reach further into the European dimension of youth work.



## Aims of the training course

- To improve knowledge of the theoretical and pedagogical background of outdoor & nature-based education and experiential learning methods.
- To introduce outdoor/nature-based and experiential training methods and understand their effectiveness as tools for youth empowerment and active participation.
- To explore, understand, analyse and improve the quality of experiential learning and outdoor tools as educational methods.
- To provide space for participants for discussion, sharing best practices and to develop their training skills and competences.
- To improve knowledge about the Erasmus+ programme as a tool for improving the quality and enhancing the international dimension of youth work through outdoor & nature-based activities.
- To improve ability to transfer outdoor education, nature-based methods and experiential learning concepts into youth work practice and projects in the Erasmus+ programme.



## Participating countries

The course will involve 24 participants from: UK (hosting); Italy; Hungary; Turkey; Czech Republic; Portugal; Germany and Spain. The language of the training course will be in **English**.



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## Costs

**Travel costs** are determined by standards set strictly by Erasmus+.

The maximum possible travel contribution for each person is:

**Czech Republic, Germany, Hungary, Spain**- €275

**Italy, Turkey, Portugal** - €360

**UK** (for distances more than 500km - €275

**UK** (for distances between 100 and 499km) - €180

**UK** (for distances less than 100km) - €0

The reimbursement will be done after the end of the project, upon receiving all original tickets and boarding passes from each individual. More details will be given on this once participants have been selected.



**For this training there is a participation fee of €50 per participant to be paid in cash during the project.**



## How to Apply

Apply here at [Salto-Youth.net](http://Salto-Youth.net)!

The **deadline** for applications is **20th April 2015**.

## Contact Information

For any information please contact us at

***[nenateam2015@gmail.com](mailto:nenateam2015@gmail.com)***.

We are looking forward to your applications and for you to join us in Scotland for our "NENA" training course!



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**email: [nenateam2015@gmail.com](mailto:nenateam2015@gmail.com)**