

6th – 13th May 2015 Skoulikaria, Arta, Greece

Info Pack



DG EAC Erasmus+

Key Action 1: Mobility of Youth Workers

Training Course



Dear participant in the training course "Game of Challenges",

It will be a pleasure to welcome you in Skoulikaria for the activities of the TC. With this info pack we aspire to give you the right information in order to facilitate your travel and stay, help you prepare and make you feel safe about your participation in the project.

Please join "Game of Challenges" <u>wordpress website</u> and <u>Inter Alia's Facebook page</u> in order to be kept up-to-speed, meet the group, ask questions and share information and photos.

Training Course Description: Game of Challenges

Context

"Game of Challenges" is a Training Course aiming at cultivating and communicating shared methods and approaches of partner organizations regarding three wide topics: crisis, community and learning. The course will be organized in Epirus, in the remote village of Skoulikaria. The project duration is 8 days and will involve 30 participants from 4 EU countries representing 7 organizations;

Greece (2 organizations/14 participants); Italy (3 organizations/9 participants); Estonia (1 organization / 3 participants); Sweden (1 organization / 3 participants)

Topics

All project activities will be connected with a thread, a motif that is going to be consistently highlighted. This will be the process of challenging certainties regarding three key issues: crisis, community, learning. All three topics are considered closely connected and particularly relevant to the process of social change. The three subjects will be analyzed on different levels (local, national, European, global). Thereafter, their interconnections to other contemporary challenges of Europe will be discussed such as: the (lack of) common European sense of belonging, social inclusion, participation and mobilization, the personal and collective capacity of dealing with difficulties and crises.

Needs

In order for Europe to overcome the current crisis united, it is essential that a series of conceptual, social, institutional and educational issues are highlighted and addressed both at personal level and collectively. Among those, the "Game of Challenges" will focus on: mutual understanding and lifting stereotypes, raising awareness about available channels of action in the EU and fostering dialogue on quality learning.

Aims

• To cultivate the participants' ability to confront and utilize the conditions of the crisis on all levels and to extract new and innovative ideas and tools on the opportunities offered by the crisis;



- To strengthen the European sense of belonging and to spread the European ideal through the promotional actions of the course;
- To set off of social participation as an entertaining and fruitful activity and to mobilize the youths on a local, national and European level;
- To synthesize formal and non-formal education in the quest for high quality learning;

Methodology

The "Game of Challenges" will communicate complex challenges related to the three key topics in an attractive way through non-formal learning.

- Experiential learning activities; the facilitators will create an adventure that will take place on a natural setting.
- Workshop & Debate The main tool that will be used is the Socratic method
- Learning through theatre Each team will re-enact a (central) European institution and the decision-making process
- Role-play Two teams. The first one will play a group of radical nationalists defending their ideology and the second will role-play the citizens
- Council of Stories The participants will share stories based on an object they have connected with a personal crisis

Organizations' Expo

The participants using means that they have brought from their home countries will present their associations and work to local associations and vice versa. The expo will be open to the local public.

Erasmus+

Erasmus+ (2014-2020) is the new 14.4 billion euro EU platform for education, training, youth and sport. It builds on the conceptual and organizational structure of the well-known and respected EU-brand of the highly successful Erasmus student exchange program.

All previous programs like Youth in Action, Erasmus and LLP are included in the Erasmus+ platform. The E+ program is based on three principal pillars: education and formation, youth and sport.

The main objectives of the Erasmus+ is to improve employability of the youth by offering supplementary competences appreciated by employers, as well as improving their language skills and flexibility.



CONTACT DETAILS DURING THE TRAINING

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REIMBURSEMENT INFORMATION

In order to get your reimbursement, please pay attention to the following procedure. Remember to use the cheapest solution for any kind of travel.

First of all, keep all the tickets you get in order to prove your expenses (bus tickets, train tickets, electronic flight tickets, travel agency reservations etc.)

Second, keep all your flight boarding passes (round-trip flights)

If you check-in on-line for the return, please print the return boarding passes also. If not, please keep the return boarding passes and send them to us after the return in your country.

We cannot reimburse you if we do not receive the details and proofs of your expenses.

During the training course we will ask you to provide hard copies, please bring them with you:

- All tickets, receipts and reservations that proves the amount you have spent
- Round-trip flight boarding passes
- IBAN (number of your bank account) and the name of the account holder
- Photocopy of your ID card or passport

The training course will be held in a hotel that does not have accessibility to printer or photocopy machines so we will not be able to print for you. Therefore, it is important that you bring the hard copies with you! The reimbursement will be done only after having received all the boarding passes and train/bus tickets (outbound and return journey). So, once back home, please send us the original tickets and the boarding passes of your return journey at:

INTER ALIA Thrasyvoulou 38-40 15234, Chalandri, Athens, Greece



PREPARATION ACTIVITIES

The team of trainers will make use of diverse methodological approaches during the Training Course such as: experiential, cooperative, peer learning etc. The working method is mainly based on the active participation & learning of participants promoted through non-formal and informal learning activities. This means that you will learn from each other, using your different experience and skills and expressing freely your thoughts and opinions.

English is the main language of the TC. However, we don't want to discourage if you feel that your level of English is not very high. The staff of the project is efficient in several languages besides English (including Russian, Italian, Spanish, Bulgarian, German) while different methods will be applied in order to facilitate the integration of all participants in the TC.

In order to apply these approaches, we will need you to prepare for some sessions before your arrival in Skoulikaria.

We kindly ask you to work with your national group in the phase of the preparation. If you don't know other participants from your country, please contact the project coordinator or the contact from your organization.

Please read carefully the following guidelines and always feel free to ask for clarifications.

Homework to do

- 1. We aspire to share the training time between the trainers and participants. For that reason, you are strongly encouraged to prepare a session on one or more of the topics of the training.
- 2. NGO Expo: In the context of the training course, an organizations' fair will take place with the participation of the local community and authorities as well as nonfor-profit organizations from the region of Arta. All participants will move around the room and interact in order to discover more about each other's organization and develop synergies among them. For this reason, you are asked to bring along any kind of materials (flyers and leaflets, business cards, past publications etc.) that will facilitate and enhance the presentation of your organization.
- 3. When dealing with the topics of the training (crisis, community, learning) we place particular emphasis on the issue of perceptions and images. For this reason we ask you to bring along articles and pictures from newspapers and/or magazine that can help unravel the three concepts.
- 4. Short research on the origins of the concepts of crisis, community and learning as well as their impact on the youth and the role and potentials of shaping them in your country. Is there an influence of the European crisis on the community and the education in your country?



Bringing the right clothes

The project provides for different kind of activities, but many of them will involve physical exercise. So, bring clothes in which you feel comfortable. Also, there will definitely be outdoor activities and possibly some sportive sessions. For that reason, don't forget the necessary clothes and shoes. The climate in Skoulikaria in May can vary greatly. Thus, you are invited to bring both summer and winter clothes. Most probably you will need t-shirts and shorts as much as a winter coat.

Put in your handbag the most important stuff

In order to avoid serious problems related to loss of bags during your travel, we kindly suggest you to put in your handbag all the important stuff, especially medicine you need, important documents or anything you can't do without.

In case of a lost bag, please, ask the authorities to send your luggage to the following address:

Πανδοχείο «Ο Γάβρογος»
Κεντρική οδός Σκουληκαριάς,47ο44,
Δήμος Γ. Καραϊσκάκη (Ελλάδα)

TRANSPORT FROM THE AIRPORT TO SKOULIKARIA

The closest airport to the venue is the Ioannina International Airport. However you can also fly to either Athens "Eleftherios Venizelos" International Airport or to Thessaloniki International Airport.

Appointment will be on 6th of May 2015 at Arta bus station. Detailed instructions on how to get to Arta will be given to each participant depending on arrival airport and time (bus or private transfer if public means transport are not available). INTER ALIA staff will pick up participants directly at the bus station.

It is very important for us to know your arrival time in advance in advance in order to organize the transfer from the city center to the Hotel. In case of delay of your flight or bus, please call us or send an SMS to the coordinator.

Please remember to keep all boarding passes and any kind of receipts and/or tickets



ACCOMODATION AND MEETING LOCATION

The TC will take place in Skoulikaria, a small and remote village situated 36 klm from the city of Arta, the nearby city. The altitude is about 950-1000 meters and the population not more than 350 people. Accommodation will be done in shared rooms of 3 or four persons and it is not possible to have an individual room.

Participants will stay at the "<u>Hotel Gavrogos</u>" a small but comfortable and tasteful facility in the mountains of Arta that has been rented for the project. Indoors activities will take place in the hotel lounge.

For the more adventurous ones, there is the possibility of spending the night in a tent in the nearby field that is owned by one of the organizers, provided that the participants have brought along their own equipment and have taken necessary measures for their own safety.

Meals

Breakfast, lunch and dinner will be provided by Inter Alia (except in cases of free time), taking into consideration the special food needs described in the participants form, so in case you have any other need in terms of diet please let us know as soon as possible by mail!

Banks

ATMs are not available in Skoulikaria. You should make sure you have the money you need for the first three days of the project before your trip from Arta to Skoulikaria. On the 4^{th} day participants will travel to the city of Arta where they can draw money.

Phone calls

The city telephone code for Arta is 26810. If you call from abroad, dial 0030 26810 (...)

Weather forecast

You can check out the weather forecast for Arta <u>here</u>.

Please note that as the project takes place on a mountain it essential that you bring along warm clothes as well as a coat or jacket.

About Skoulikaria and Arta

Some Greek phrases and sentences

Good morning → Kalimera

Good evening → Kalispera

Good night → Kalinichta

My name is... \rightarrow Me lene ...



How are you? → Ti kanis?

I'm fine → Eimai kala

I feel bad → Den eimai kala

I come from ... → Eimai apo tin (country name)

I would like to buy a bottle of water > Tha ithela ena boukali nero

I would like to buy a sandwich > Tha ithela na agorasw ena sandwich

How much is it? → Poso kani?

Thank you → Efharisto

Excuse me → Sygnomi

I don't understand → Den katalava

I don't speak Greek → De milao ellinika

The bill, please → To logariasmo parakalo

WE REMAIN AT YOUR DISPOSAL FOR ANY FURTHER INFORMATION YOU MIGHT NEED

We are looking forward to welcoming you in Greece and in Skoulikaria.

Inter Alia is excited to have you here!!