

ENACT

EMPOWERMENT THROUGH NATURE,
AUTHENTIC COMMUNICATION AND THEATRE



Erasmus+

TRAINING
COURSE

FORRES,
SCOTLAND

30th MAY -
6th JUNE 2015



Co-funded by the
Erasmus+ Programme
of the European Union

CALL FOR PARTICIPANTS!

Non-formal education training
course dealing with Youth
Empowerment!

Contact us at: enactandempower@gmail.com

About the training

"Enact" is an innovative 8-day Erasmus+ training course designed to develop the competences of youth workers, trainers and youth leaders to engage and empower young people in their lives, work and communities.

Using the tools of Nature, Authentic Communication and Theatre we will learn together how to empower the young people we work with by developing their skills in enhanced communication, conflict resolution techniques, entrepreneurial thinking and active participation.

The programme involves theoretical inputs and practical workshops, discussions, group processes and individual work. Part of the programme will take place outdoors in nature.

Participating Countries

The course will involve 24 participants from the UK (hosting), Czech Republic, Hungary, Portugal, Turkey, Ireland, Italy and Germany. The language of the training course will be in **English**.

Training Objectives:

- To identify effective and creative methods to engage young people to be active in their lives and communities
- To explore and understand how theatre & outdoor based methods can be used as tools for youth empowerment
- To introduce effective communication techniques in order to create positive dialogue and authentic communication
- To develop competences to implement tools, non-formal and informal educational methods of conflict resolution
- To provide space for participants for discussion and sharing best practices and to develop their training skills and competences
- To improve knowledge about Erasmus+ Youth Programme as a tool for improving the quality and enhancing the international dimension of youth work through capacity building activities

Trainer Team

Zita Szalai - Hungary.

Trainer profile: <https://www.salto-youth.net/tools/toy/zita-szalai.2440/>

Steven Gasgarth - UK.

Trainer profile: <https://www.salto-youth.net/tools/toy/steven-gasgarth.3132/>

Sophie Breuker - Ireland.

LinkedIn profile: <http://linkd.in/1v7aWP4>



"Enact" Training Course
Forres, UK
30th May - 6th June 2015



Location

The training course will take place in Forres, a small town in the county of Moray in North-East Scotland, UK, situated around 40km from Inverness. The training centre will be at Newbold House, a workshop centre in a converted Victorian Mansion with grounds including organic gardens, next to a community woodland.

Accommodation

You will be accommodated in shared bedrooms, with 2 to 6 people in each room. There will even be a chance for those interested to stay in a Yurt and other outdoor possibilities within the beautiful grounds.

Costs

Travel costs are determined by standards set strictly by Erasmus+. The maximum possible travel contribution for each person is:

Czech Republic, Germany, Hungary, Ireland - €275

Italy, Turkey, Portugal - €360

UK (for distances more than 500km) - €275

UK (for distances between 100 and 499km) - €180

UK (for distances less than 100km) - €0

The reimbursement will be done after the end of the project, upon receiving all original tickets and boarding passes from each individual. More details will be given on this once participants have been selected.

For this training there is a participation fee of €50 per participant to be paid in cash during the project.

HOW TO APPLY?

The application process is open and you can apply using the online application form here on Salto-youth.net. The **deadline** for applications is **31st March 2015**.

All applicants will be informed of the outcome of selection by **10th April 2015**.

Contact and further information

For any information please contact us at enactandempower@gmail.com.

We are looking forward to your applications and for you to join us in Scotland for our "Enact" training course!

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