



Are you committed to promoting justice, peace, environmentalism, understanding, or maybe some other value you hold dear? Do you work to influence the souls, minds and lives of young people? Do you want the impact of your hard work to be sustainable and long-lasting?

**Then this opportunity is for you!**

## **P(1)OST – Phase I OUR School Training**

**12-18 June 2015  
Boltigen, Switzerland**

### **About the Training Course**

OUR School has spent the last decades developing a revolutionary educational method, and is now offering YOU the chance to benefit from all OUR hard work.

OUR Training strategy is comprised of three stages, meant to turn you – practitioners in the field of education with varying degrees of experience – into experts in using OUR Method, which will then become YOUR method...

For more information about OUR School and about OUR Method – please refer to the attached file.

### **Aim of the Training Course**

To increase quality of educational projects, on the local, national and international levels.

### **Target Group and Expected Personal\Professional Development**

This Training Course is a Phase I course - aimed at novice and experienced educators, trainers, leaders and facilitators who want to improve their facilitation and communication skills. Participants will improve their competences by learning micro and macro skills for human interaction and will be empowered to take on meaningful action in this field. The Training Course will provide participants with deep insight on:

- What is communication?
- What are communicationS?
- What is a setting?
- What is facilitation?
- The relationship between communication, a setting and facilitation
- What are the different types of facilitation skills?
- Which types of skills different facilitators need?
- Which facilitation skills do you need?
- How do you facilitate in different settings?

- How do you plan a good facilitation processes?
- Some advanced facilitator skills and tips
- Leveraging disruptions

Graduates of this training will be capable of better engaging their audience and successfully delivering interesting and unique projects and activities. They will also be able to apply to one of OUR Phase II Courses, if they choose to continue their journey of mastering OUR Method.

### **About the training team: Our School**

OUR School works to cultivate moral values, independent thinking, social awareness and political activism through bottom-up education, in an attempt to facilitate constructive social and political change.

OUR School's mission is carried out, using the **OUR School Method** – a vast array of methods, which our founder Haggai has been developing for more than three decades, and which is being successfully employed for over 15 years in the NIR School of the heart.

OUR School works to introduce this method to educators and social change-agents world-wide, by teaching it in our training courses and using it in our other projects.

For more information about OUR School and about OUR Method – see attached file.

### **About the host organization: Verein Naturkultur**

Verein Naturkultur was established in 2010 as a nongovernmental organisation. The main orientation of the organisation is in the frame of outdoor activities connected to intercultural and sustainable projects, personal development, sustainable and socially holistic lifestyle and culture work.

The Main mission of Verein Naturkultur can be described as followed:

to support active members and groups of the society in their personal development to identify and to achieve their personal goals and to contribute to a higher awareness of responsibility, sustainable lifestyle and tolerance between cultures and generations. To achieve this mission, Naturkultur provides outdoor-based activities, seminar and training workshops to raise awareness of personal responsibility for one's life and a sustainable way of living.

Those main activities are based on workshops for personal development within the nature and indoor, as well as outdoor trainings in holistic leadership for youth leaders.

### **Practical Information**

Arrival and Departure: The course will begin on the evening of June 12th, and will run until the night of the 17th. Participants should arrive in Boltigen on the 12th, by the late afternoon, and depart on the 18th, after breakfast.

Participation Fee: Participant pay a €100 participation fee. This amount will be deducted from the travel reimbursement.

Full board accommodation and food are covered by the funding programme.

We do not want money to be the factor that stops suitable candidates from attending our course. Excellent candidates - who can convincingly demonstrate their suitability for this course and the importance of this course for their professional development - who will not be able to afford the participation fee can contact us for a scholarship - a small amount of those are available to help finance the course.

Selected participants requesting a scholarship may be required to provide further information in support of the request.

Scholarships are given at the training team's discretion.

Travel Arrangements and Reimbursements: Participants organize their own travel to and from the training venue. Please take into consideration not only your travel to Switzerland, but also the train ride to Boltigen itself - from most major airports, the ride should cost roughly 150CHF (round trip).

Participants buy their own train\bus\flight tickets, and are reimbursed for them at the end of the course, up to a sum determined according to their home country (see below).

NB: €100 Participation Fee will be deducted from the reimbursement.

Reimbursements by country: below are the sums of reimbursement by home-country:

Egypt	620 CHF
France	230 CHF
Georgia	380 CHF
Germany	250 CHF
Israel	340 CHF
Lithuania	300 CHF
Palestine	770 CHF
Serbia	250 CHF
Spain	300 CHF
Switzerland	60 CHF
UK	300 CHF

NB: Reimbursement is done in **CHF**, but the participation fee is 100 **EUR**

**To Apply:** Fill in the form at <http://goo.gl/forms/fwDPXhIFAM>

Application Deadline: February 28<sup>th</sup> 2015

Selection: March 7<sup>th</sup> 2015