

Testimonials from last "It's up to me" in February 2014, Diepenau, Germany

Irena Muhr (Slovenia) - Meeting amazing new people and being taught by the some of the best trainers was an experience to remember for a life-time!

Vane Urh (Slovenia) - It was the first training I ever had and it changed my life(style). An amazing group of trainers who contributed to the atmosphere. It is something nobody should miss in a lifetime!

Stefania Maradin (Romania) - One of the best trainings I've been to, if not the best ! The trainers were truly experienced and all the participants were very well prepared. Met a lot of people and made really good friends ☺

Lenka Karafiatova (Turkey/Czech Rep.) - I have been to more than 6 trainings so far and I must openly say this one was the most productive one so far. We did so much work in a very short time, we learned a lot about ourselves as well and understood our weak and strong sides. This experience was so much motivating and inspiring. I got so many ideas about what I want to develop or which direction I want to go in life. Besides of this - of course meeting amazing participants, which I love to talk till today, living amazing time and meeting one of best trainers, too of course! If I had a chance I would love to experience this training again. So much practical information and practice. Thank you so much again guys...

Karin Humar (Slovenia) - This event was my first experience of a such event where we were being shaped as trainers even outside of trainings, 24/7, because of the environment trainers created. "It's up to me" led me to realization that what I do with my life is totally up to me and equipped me with strength and supportive friends to go for whatever makes me happy, wherever I know I can make a change.

Photos from the last "It's up to me" you can find on our Facebook page:

<https://www.facebook.com/pages/NaturKultur-eV/309660825721251>

