

Fulfilled learning

Learning and training form a place of fulfilment and purpose

Inspired by the ideas of Brené Brown (brenbrown.com) on vulnerability and wholehearted living this training is an opportunity for you, as an educator, to on the one hand discover what it means to live and learn from a place of fulfilment and on the other hand transform your learning approach to dare greatly when supporting learners.



The essential information:

Dates: 17 (arrival) till 23 (departure) November 2014

Venue: Tagungswerk im KuBiZ, Berlin, Germany

Application deadline: 15 October 2014

Selection results: 17 October 2014

Confirmation date (date when we expect you to confirm your participation): 20 October 2014

This training course is financed by the Erasmus +/Youth in Action programme. You pay a participation fee of 75€ and a % of your travel costs depending on the maximum travel budget per country: Germany itself max 275€, all other countries max 275 € and Norway max 360€. The aim is to refund at least 70% of travel costs for everyone. You will get more practical info about the travel reimbursement in the infoletter after selection. Everything else (accommodation, food and training material)

will be covered with the grant of Erasmus+/Youth in Action. You will be asked for an advance payment of 30€ when you confirm your participation. If you for cancel last minute you will loose this amount. If you attend the 30€ is part of the participation fee and will be deducted from it.

Why fulfilled learning?

Educators and trainers are sometimes perceived by the groups they work with and/or the people that hire them as 'perfect' meaning that they know exactly what they are doing and what the outcomes and impact of the methods they use on the group and the individual learners will be.

Other times trainers and educators are considered as good as their group management skills or the nice tools and methods they know and use.

Although these pereceptions might work for the trainers & educators involved for a while, they sooner or later will start to wonder who they really are as a trainer & educator away from this image of perfection. Who are they really as a person and as a trainer from within? What values, passions and talents drive them in working with groups and focusing on the learning of the people they work with? What fulfills them about being an educator/trainer?

*During this pilot training course we focus on the innovative concept **fulfilled learning** meaning learning that has it roots in the place of authenticity, creativity and fulfilment we all have inside and enables us to embrace imperfection and still feel enough. The innovative concept of 'fulfilled learning' is based on wholehearted living (we are all imperfect and enough and can live a wholehearted life) from Brené Brown and connects the core beliefs of self-directed learning (all learners know there learning needs and are capable of fulfilling them) and co-active coaching (people are naturally creative, resourceful and whole) in an empowering approach of learning and supporting learning.*

Objectives

During the training the trainers together with the participants will create a safe, courageous and supportive non-formal and experiential learning environment to:

- explore what it means to live and learn from a place of authenticity, creativity and fulfilment
- discover what values, talents and visions drive them to dare greatly in supporting the learning process of others
- experience how to use self-directed learning and co-active coaching as tools to support fulfilled learning
- transform their educational approach based on the concept of fulfilled learning and to explore what impact that has on the learners they work with
- exchange about the opportunities and challenges of implementing fulfilled learning in their own educational approach
- spread the fire about fulfilled learning within the Erasmus+/Youth in action context



Erasmus+

Methodology

The training methodology will be:

- Based on non-formal education principles ,
- Encourage self-directed learning ,
- Include reflection,
- Rely on peer-to-peer learning and sharing
- and incorporate experiential learning

Facilitators

Facilitators of learning are Therese Gronvold (Norway) and Ann Daniels (Belgium).

We both have experience in facilitating non-formal trainings in the Youth in Action field and in using self-directed learning as a training methodology.

Our purpose is to practise what we preach – live and learn from a place of authenticity and fulfillment and empower people to dare greatly when supporting learning

Profile of who you are as participant

You are:

- Willing to explore fulfilled learning as an innovative learning concept
- Ready to dare greatly and take a leap into the unknown
- Courageous and willing to fail for the sake of your own and others learning
- Able to be active during the whole duration of the process (preparation before, the course itself and evaluation afterwards),

You are an educator (youth worker, trainer, coach, teacher,...) who is ready and willing to explore fulfilled learning

You have sufficient level of English as a working language (no need for specific jargon, just for basic English)

How to apply and where you can get further information?

You find all the information here: <https://www.salto-youth.net/tools/european-training-calendar/training/fulfilled-learning.4509/> and you can apply by using the online form on SALTO.

Costs

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