

# meant to be a MENTOR

*Discover and develop yourself  
as an EVS Mentor  
(Lithuania - Poland)*

## Project outline

*Are you working as a mentor for EVS volunteers?*

*Are you about to start or right in the middle of a mentoring process with an EVS volunteer?*

*Would you like to connect and engage in a long-term learning adventure with other EVS mentors?*

*Would you like to develop your competence as an EVS mentor?*

Yes? - Then we are happy to invite you for a long-term journey to discover and develop yourself as an EVS mentor. On this journey, we would like to raise awareness of the importance of the mentors role as well as develop competences necessary for carrying out your job as a mentor. With this, we would like to raise the quality of mentoring within the EVS support structure.

### What is the general aim of the project?

Creating **an innovative long-term support model for EVS mentors** that encompasses raising their awareness of the importance of the mentors role as well as developing competences necessary for carrying out the job as a mentor. With this, this project aims at raising the quality of mentoring within the EVS support structure.

This project could serve as **a Pilot-project** for other National Agencies who would like to set up a long-term support that combines online consultations, an ongoing online support with a classic training course.

### What are the expected outcomes of the project?

At the end of the project you as an EVS mentor will have gained **awareness about the learning process of a volunteer and a mentor:**

- be conscious about the learning processes volunteers and mentors are involved in;
- be able to identify key moments in volunteer's and their own development,
- understand better how learning, development and personal change happens.

Additionally you will have developed **knowledge and skills of a mentor:**

- see EVS mentoring as a long-term process and know their various roles and tasks as a mentor within this process;
- be able to define their role in the entire EVS volunteer support structure within the new Erasmus+ Programme and understand better their valuable contribution,
- develop skills and to apply different tools and methods to support EVS volunteers,
- extend own reflection skills and be able to better facilitate the reflection of learning process and outcomes of another person.

And on top, you will have collected **Experience in working in an intercultural setting:**

- be experienced in acting in an intercultural setting,
- be able to facilitate volunteers and support their learning reflections taking into account cultural influences,
- know good practices of mentoring.

## Who can take part in this project?

This project is for ***EVS mentors, who...***

- have experience as EVS mentor,
- are currently starting or in process of being a mentor in at least one long term EVS,
- value the subject of personal change, learning and are curious to explore more of it,
- would like to commit themselves for a long-term involvement both in this project and in their organization
- are at least 18 years old residents of Lithuania or Poland.

We invite altogether 30 participants, 15 from Poland and 15 from Lithuania.

**Participants are expected to take part in all stages of the project.**

## How does the project look like?

The idea is to combine different learning methods (individual learning support, e-learning, training course in international group) into a coherent learning process, which will consist of 5 major stages:

	Activity	Timeline	Short description
1 stage	<b>One-to-one consultations with each participant of the project (Skype)</b>	15 <sup>th</sup> - 31 <sup>th</sup> October 2014	Making a first personal contact with the participants to clarify their personal motivations for participating. To explore their experience in EVS mentoring and answer any questions they may have.., Trainers contact participants from their countries
2 stage	<b>E-learning 1<sup>st</sup> phase</b>	15 <sup>th</sup> October, 2014 – 27 <sup>th</sup> of January, 2015	The ongoing online support includes: a) inputs from the trainer (content and practical tools), b) peer-to-peer exchange of participants and mutual support among participants (moderated by the trainers) and c) opportunities to consult with the trainers
3 stage	<b>Training course in Lithuania</b>	27 <sup>th</sup> -31 <sup>st</sup> January, 2014	3 full day training course programme will be based on participants needs, that will be revealed during the first stages of the project
4 stage	<b>E-learning 2<sup>nd</sup> phase</b>	1 <sup>st</sup> of February -30 <sup>th</sup> of April, 2015	See above
5 stage	<b>One-to-one consultations with each participant of the project (Skype)</b>	15 <sup>th</sup> – 30 <sup>th</sup> of April	After-thoughts about participation in the course: reflecting their own and their volunteer's learning process: How have they managed to put things into practice? What helped? How did they overcome difficulties?
Ongoing process	<b>Practice and application</b>	Between the stages	Participants will be invited to relate immediately what they are learning with their EVS volunteers, so this will be an ongoing practice for them

## Who are the trainers/facilitators?

**Monika Kėžaitė**, Trainer, Consultant and Partner  
[Profile kitokieprojektai.net](http://Profile.kitokieprojektai.net)

**Michael Kimmig**, Intercultural Trainer and Coach  
[about.me](http://about.me) | [SALTO Profile](#)

## How can I apply?

You can apply online at [SALTO-YOUTH.NET](http://SALTO-YOUTH.NET)

**Deadline for the application is 28<sup>th</sup> September 2014.**

We will select participants and send out confirmations 8<sup>th</sup> October 2014.

## Any questions?

In case of any questions, please contact...

**Aistė Natkevičiūtė-Čiplinskienė**, Lithuanian National Agency  
[aiste@jtba.lt](mailto:aiste@jtba.lt)

**Urszula Buchowicz**, Polish National Agency  
[Urszula.Buchowicz@frse.org.pl](mailto:Urszula.Buchowicz@frse.org.pl)