

How to design outdoor trainings – train the trainers

If you are a leader or youth worker and you want to use outdoor education as a tool in youth development programs – this workshop is for you!

Objectives of the training course:

By the end of the course, the participants will have:

- experienced, analyzed and reflected upon experiential learning and outdoor tools as a learning method
- Learned to design proper outdoor trainings, how to set a goals, how to facilitate
- Developed their leadership skills in a way that supports active participation of youngsters;
- Reflected upon and learned models about active citizenship and participation;
- Experienced working with an international group of youth leaders and shared their ideas;
- Experienced the ideas and aims of the “Outdoors as a tool” network.

Content

Workshops will be provided in a "learning by doing" method. Participants will participate in many games, exercises and activities. They will learn about the effective application of outdoor methods in training with youngsters, theory and practical ideas. Participants will also have the opportunity to share their practices, discuss issues of their interest, and design future projects. During the final part of workshop, leaders will design and conduct training for youth groups. And will receive coaching and feedback on their work as trainer. Most activities during the course will be held outdoors with the active participation of participants.

Participants have to be capable of working in English.

When? 14.10 start g.10:00 – 17.10. 2014 meta ok. g. 16:00

Where? POLAND, Wioska Pod Kogutem, Długa 8 st., Krępa, 05-530 Góra Kalwaria, (30 km form Warsaw City Center). GPS: N 51.986054 E 21.084769. We can help you with travel and accommodation before course.

Take with you:

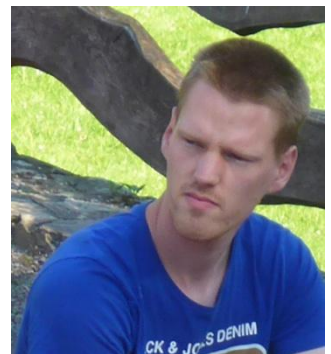
Comfortable, waterproof clothing (most of the activities will be held outdoors), shoes with hard soles.

Trainers:

Floor Vullings (Buitendoor, Netherlands) Born, raised and studied in Nijmegen. When I started working at the YMCA as coordinator outdoor after my study, I moved to Utrecht. Once I started as a participant in a camp of the YMCA in the Ardennes and when I turned 18 I became volunteer. In the end I made the step from volunteer to professional in YMCA. Besides this all I have been active as a athletics trainer and event organizer for a long time. Next to Buitendoor I also have a training agency together with my friend. We provide trainings for companies in the areas of co-operation, communication, leadership and sustainability.



Bram Oexman (Buitendoor, Netherlands) My whole life already I do sports, in primary school I liked to join all the sports tournaments and I did soccer my whole childhood. Through an Recreation study I got in touch with outdoor. First as a participant with my class, and then in an internship at YMCA. I changed study and the next 1,5 year I was focusing on Outdoor and the BOS triangle (District, Education and Sport). In this sector I found my passion for versatile moving back again. Nowadays I do climbing, like to sit on my road bike or mountain bike, I like to play futsal and throw a ball on the basketball area in my district. I really like to find a way to help people by being active.



They are coming to Poland at the special invitation of Manufactory of Science and Adventure!

Aga Leśny – assistant (**Manufactory of Science and Adventure**) - pedagogue and anthropologist, trainer ERCA. Promoter of ideas and methods of Experiential Education in Poland, the founder of the Pracownia Nauki i Przygoda. She is working as a trainer using low ropes course and other outdoor methods to work with children, adults and people with disabilities. In her work she often use simulation and training games.



Cost:

Early birds (until 15.08) – 220 euro

Regular: 235 euro

Price includes: accommodation, meals, training materials, insurance. After confirmation of booking, in order to reserve your slot advance payment in the amount of 112 E before September 30, 2014 is required.

For more information write to Aga: pracownia@naukaprzygoda.edu.pl