

# ENJOY THE THRESHOLD: 25.8.- 2.9.2014, CZ



## WHAT?

9-day Youth in Action 3.1 Training course project hosted by "DO SVĚTA" NGO in the Czech Republic. Main aim is to train and motivate youth workers, trainers and facilitators to work with young people on topics such as spirituality, religion, secret-sacred things with understanding, tolerance and respect.

## WHERE AND WHEN?

Southern part of Czech Republic. 25.August – 2.September 2014 (9 days, 8 nights)  
How to apply? Online here: <http://goo.gl/rCAUw2> until 10th of June

## FOR WHOM?

28 youth workers, NGO workers, youth leaders and young people active in organisations  
The basic conditions are: interest in the topic, willingness to learn and share, ability to communicate in English, openness for spending one whole week without internet and electricity and other „modern life“ treaties ☺

## COUNTRIES:

Czech Republic – hosting, Israel, Palestine, Egypt, UK, Ireland, Italy, Bulgaria, Romania, Poland, Spain, Netherlands, France

## HOW?

The training course is based on **non-formal education** and **experiential learning**.

By living in very **basic conditions** surrounded by beautiful nature, and by spending lots of **time in nature** the invitation is to share **spiritual aspects** of our lives. We see the topic of Secret \ Sacred things as common for every human being and every religion, and we want to unfold and discover those little mysterious, but natural and important parts of life.

The idea is for youth workers to experience different things themselves, so that they can use them later on as a multiplier when working with young people and make the topic of spirituality much more comfortable and useful in the framework of working with young people.

So translated to the YiA language it tackles topics such as xenophobia, tolerance, interreligious dialogue, respect for diversity and the fight against racism and xenophobia.

The challenge youth workers are also facing is how to approach topics such as spirituality, secret- sacred things and nature while working with young people from different cultural backgrounds. The aim of our TC is to share and develop good practice in this field of youth work

## **OBJECTIVES:**

- 1) To encourage youth workers, trainers and facilitators to work with topics of our training course (spirituality in youth work, religion, secret-sacred things in our lives, human spirituality in diverse cultural backgrounds leading to dialogue, tolerance, respect and understanding)
- 2) To offer participants the possibility to experience these methods on a personal level and provide them with a set of practical non-formal activities on topic of spirituality they can use in their local youth work
- 3) To give an opportunity for sharing and discussing, reflection and improvement of all experienced methods. To share pedagogic and cultural aspects of youth work in different religious-cultural realities
- 4) To develop together new experiential and non-formal educational activities on topics of the training course and motivate and inspire participants to work on the topic of spirituality in their future work

## **WHAT ARE THE POSSIBLE INGREDIENTS IN THE FUTURE RECIPE:**

LIVING AS A COMMUNITY  
FASTING  
CLEANING – CLEANSING  
SWEAT LODGE  
RITES OF PASSAGE  
DEALING WITH CHANGE  
DARING TO TAKE THE RISK

COOKING TOGETHER  
SOLO TIME IN NATURE  
CYCLES IN NATURE  
BAKING BREAD  
HERO'S JOURNEY  
WORKING WITH DREAMS  
SHARING AND LEARNING

## **THERE WILL BE THREE MAIN PARTS OF PROGRAM:**

1. Beginning: 1,5 days of Introduction, Team-building, Establishing trust in the group
2. Middle Part: 5 days of self-experiential training exploring our objectives with transfer of this experience to their lives and work through sharing and reflection
3. Ending: 2 days of Implementation of Learning Part and Action based end of the TC - youth workers will develop projects and activity ideas on how to apply methods from the TC and their learning outcomes in their daily youth work in their communities. New methods and activities on the topic of spirituality in youth work are developed. Creation of ToolSet. Networking. Closing and Evaluation of the TC.

**QUESTIONS? DO YOU WANT TO KNOW MORE?** Contact Bara Blahova at [barbora.blahova@gmail.com](mailto:barbora.blahova@gmail.com) or +420 777 619 737.

