



"Follow the Yellow Brick Road"  
Training Course  
Slunakov ([www.slunakov.cz/eng](http://www.slunakov.cz/eng)),  
Czech Republic, 4.-11.August 2014



## Follow the Yellow Brick Road – Participants InfoPack

Non-formal education training course dealing with the topics of change, journey and transformation in relation to the problem of youth unemployment



### Summary

“Follow the Yellow Brick Road” is an innovative 7-day Youth in Action training course for youth workers, trainers and youth leaders raising the question most of us face nowadays – how can we in today’s economy create satisfying reality for us and choose the right career path?

In our training course we will look for “**the element**” - having an experience that allows you to reflect on why you do what you do in work in order to enable young people you are working with to do the same.

“Follow the Yellow Brick Road” takes its name from the movie "The Wizard of Oz". We chose this name because it is perfectly related to the topic of **change, journey** and **transformation** and that's what the training course is going to be about. The main topics of the course will be attitude towards challenge, change and learning in relation to the problem of **youth unemployment**. The programme involves theoretical inputs and practical workshops, discussions, group processes and individual work. A substantial part of the programme will take place **outdoors in nature**.

**Participating countries:** Czech Republic (hosting), Italy, Hungary, Poland, Spain, Portugal, Ireland, United Kingdom, Netherlands and Romania). The language of the training course is **English**.

**Number of participants:** 28 (2 from Ireland and Netherlands; 3 participants from other participating countries)

### Trainer team

Buzz Bury – UK, trainer profile: <http://buzzbury.co.uk/>

Bara Blahova - Czech Republic, trainer profile: <http://trainers.salto-youth.net/BaraBlahova/>

Carmine Rodi Falanga – Italy, trainer profile: <http://trainers.salto-youth.net/CarmineRodi/>

Mafalda Morganti – Italy, trainer profile: <http://trainers.salto-youth.net/MafaldaMorganti/>

Contact us at [emailthewizard2014@gmail.com](mailto:emailthewizard2014@gmail.com).

For questions you can also email Mafalda at [mafaldamorganti@gmail.com](mailto:mafaldamorganti@gmail.com) or call Bára +420 777 619 737.



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## Contact and Information

For any information please contact us at [emailthewizard2014@gmail.com](mailto:emailthewizard2014@gmail.com) (this is the official email, somebody from the team will be always answering). For questions about travels, programme, practicalities etc. you can also contact Mafalda at [mafaldamorganti@gmail.com](mailto:mafaldamorganti@gmail.com). If you are lost in Czech Republic call Bára Bláhová [+420 777 619 737](tel:+420777619737) (before panicking and calling the police!)

## Why "Follow the Yellow Brick Road"?

The course wants to bring the participants on a journey of the "yellow brick road" (the story of "The Wizard of Oz" creates a red line in our programme). We aim to provide participants with tools and inputs to help them to be more aware of themselves, their skills and their competences in order to choose and create a more satisfying life and career path – and also how to empower young people they are working with to do the same.

## Training objectives:

- To create a space for personal development, by exploring personal talents, aspirations and potential through a variety of non-formal education and experiential tools;
- To explore and reflect on 'change' and 'responsibility', as ways to define and reach personal and professional objectives and live a more fulfilling life;
- To experience tools and methodologies that can be utilized to enable, empower and inspire young people;
- To discover how non-formal education can enhance employability of young people and guide them in finding their own career path;

INTERESTED?!? APPLY ONLINE at [goo.gl/ERKtsF](http://goo.gl/ERKtsF) until the 6<sup>th</sup> of June (6.6.2014)!!!



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## Venue – ecological center Slunakov



### About the accommodation

The accommodation will be in shared rooms – of different size – there are some double or triple rooms and few dormitory-type rooms. Most of the rooms have their own shower and toilette; dormitory-type rooms have shared showers and toilettes. Towels will be provided. There is wi-fi Internet in the center, but since we are in the countryside, we cannot ensure it will be working 100% all the time, so please don't plan any important things through email for that week.

Since the venue is in country side it is best if you bring all the personal things you might need with you (hygiene products, travel adaptors, etc). We will offer possibility of shopping through our support staff.

### Travels - How to get there?

The training course will take place in the Moravia region of Czech Republic, in the ecological center "Slunakov" - [www.slunakov.cz/eng](http://www.slunakov.cz/eng) . **You want to travel to Olomouc** – there are connections and possibilities to fly to either **Prague** in the Czech Republic (2 – 2,5 hours from the venue), or to Vienna in Austria (3,5 – 4 hours).

Few companies fly also to Ostrava (1,5 hours from venue) – e.g. Ryanair from London. There are also flights from Brno (1,5 hours far) to London and Eindhoven operated by Wizzair, and flights from Brno to London operated by Ryanair. For looking for cheap flights we recommend a webpage like <http://www.skyscanner.com/> (or equivalent). Do not hesitate to contact us with questions about the most convenient travel.

There are also trains and buses from most of the countries (check e.g. [www.eurolines.com/en/](http://www.eurolines.com/en/))

For **connections within Czech republic** you can use this webpage: <http://jizdnirady.idnes.cz/vlakyautobusy/spojeni/>.

From Prague airport we recommend to take a bus called **Airport express – bus AE** <http://www.dpp.cz/en/bus-ae-airport-express/> to the main railway station (Hlavní nádraží). It takes half an hour and costs 60 crowns.

From Prague Train Station there are **direct trains to Olomouc** at least once per hour, the train takes approx. 2 hours.

**Once you are in Olomouc, the best way to get to Slunakov** is by public transport: **bus nr 18 and 20 direction Horka** from the stops Tržnice and Náměstí Hrdinů. In Horka your stops are "Horka" (BUS 20) or "Horka, škola" (BUS 18).

**Centrum Sluňákov** is at the end of the village at the right side. There is also a map at the website of Sluňákov.

The centre is the most important place in the village, so you can as well ask anybody for directions ☺

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## When to arrive?

As it takes some time to get to the venue from all the airports, we would like to kindly ask you to arrange your arrival (to Prague or wherever you will fly to) in the morning hours.

**The arrival and registration to the rooms will be carried out until 16:00 (4 pm) on Monday 4th of August.**

The programme will start at 17.00 (5 pm) sharp, so we rely on you being on time and ready ☺

There is no programme planned for departure day – Monday the 11th of August, so you can leave in the morning.

## Methodology

Interactive and experiential training course that aims to develop participants' skills for self-empowerment, ownership of their life, dealing with challenging situations as well as foster their youth worker skills to support young people dealing with change.

The programme involves indoor and outdoor activities, discussions, group processes and individual work.

### How will we work?

This training course is organised within the context of Non-Formal Education (NFE). This means that we will have an interactive, participatory, horizontal and non-academic approach. **What you give is what you get!**

We expect that participants share their knowledge and their own expertise and actively contribute in the programme, exchange experiences, build together experiences and share feelings and opinions.

### Outdoors methodologies

An important part of the programme will be the connection with nature and experiencing outdoors. There will be outdoors and experiential parts for which you will need comfortable sports or outdoor gear – hiking shoes, waterproof jacket and a torch light or a headtorch. You will get more precise information in a „what to bring” list, developed after the selection of participants.



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## Costs:

The training course has been funded through the former Youth in Action programme, Action 4.3.

Accommodation and meals during the training course will be provided by the organisers.

**70% of the travel costs** of the participants will be refunded after the training course (after participants send all their travel documents etc.)

There is a **participation fee of 50 Euros**.

## What to bring with you:

Clothes and shoes:

- ✓ Indoor slippers, thick socks or some type of house shoes;
- ✓ Waterproof jacket or vest;
- ✓ Comfortable outdoors trousers;
- ✓ Good hiking shoes or boots for wet/mixed terrain;

Others:

- ✓ Sun cream and mosquito spray;
- ✓ Shower gels and personal hygiene products;
- ✓ Any resource or information about projects or your organisation(s) that you want to share with the group;
- ✓ A book that really inspired you;
- ✓ Electrical sockets are Central European (same as Germany, Austria etc.) so please bring your own adaptors if you need
- ✓ The currency of the Czech Republic is the (Czech) Koruna (CZK) or Czech Crown, 100 CZK is roughly 4 Euros. It might be easier to change some money before the training course or in Prague.

## Emergency numbers

In case you get lost, or if you miss a connection, please contact:

Czech trainer Bára Bláhová – mobile no +420 777 619 737

112 emergency number

150 firefighters

155 emergency medical services

158 state police

## SPECIAL NEEDS?

Please inform us about your special needs in the application form (vegetarian/vegan food, food allergies, mobility or sensorial impairments, accommodation etc.). If you forgot we would like you to formulate these in details to us at [emailthewizard2014@gmail.com](mailto:emailthewizard2014@gmail.com); If we get the information, we will do our best to arrange all things with the venue!



We look forward to seeing you soon on "Follow the Yellow Brick Road" training course!

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