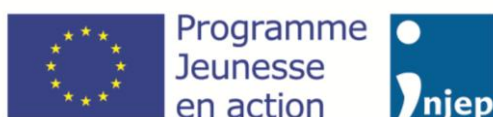




INFO PACK

Training course organized by **Histoire de Savoir(s)**, called “**Leader of Change**” between **the 17th to the 25th of May, 2014** in Lille, in a sport training centre, CREPS (59193). It will gather social actors from **10 European** countries during 8 days.

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Topic

Main topic of the content

The main idea of this training course is to motivate youth workers, youth leaders, trainers and other civil society activists to use sport and physical activity as tools for increasing the active participation of young people in society and to foster social inclusion of youngsters with fewer opportunities. The lateral objectives of this training course are to enhance the personal and professional development of the participants, so that they act as multipliers of the gained knowledge within their organizations and their local communities.

Main Objectives:

- ✓ To develop a common understanding about the **concept of active participation** and to explore sport and physical activity as instruments for its promotion especially in terms of strengthening social cohesion and mutual understanding.
- ✓ To explore how sport and outdoor activities could **foster social inclusion and cohesion** among the young people.
- ✓ To equip participants with **practical examples of using sport as a tool for increasing active participation** and inclusion of young people.
- ✓ To explore the **concept of Leadership** through sport.
- ✓ **To build up competences** of participants in the field of **using sport as tool for enhancing inclusion and participation** in order to ensure sustainability of the follow-up youth projects.

Lateral objectives:

- ✓ To empower youngsters, especially those with fewer opportunities to act as multipliers in the fields of youth participation in their local communities.
- ✓ Exchange of project ideas and best practices in youth work with a special focus on using sport as a tool for participation.

Working methodology:

The program of the course will be based on non formal education, intercultural dialogue and communication and will be conducted using an interactive and participative approach. The processes of learning from each other and learning by doing will be crucial. The training course will stimulate creativity, active participation, and sense of initiative and involvement of the young people in society. Participants' prior experiences in youth work, particularly at local and regional level, will be important and used in the development of the learning process. Active group/team work, role-plays, outdoor activities and plenary discussions, as well as theoretical inputs will characterize the program of the course in order to cover all aspects of the project themes.



Histoire de Savoir(s) – Who are we?

Histoire de Savoirs is a French NGO working in the field of non-formal education. Acting at the European level to promote active citizenship and intercultural exchanges, Histoire de Savoirs also organizes seminars, training courses, workshops in order to stimulate the exchange of knowledge, competences and experiences in social and cultural fields.

Legal description:

“Histoire de Savoirs’ main object is to supervise and to initiate citizens' projects aiming to deal with societal issues thanks to artistic, visual and intercultural means. Using non-formal education methods, it acts for the transmission of knowledge and savoir-faire (know-how) by gathering on topics connected to contemporary cultures, young porter/carrier and professionals actors, for the collective creation of cultural events.

It action aims to develop critical mind of the participants and of the local community in order to bring them to be involved as active citizen for a better mutual understanding and social cohesion. It acts on the local, national and European level for the equal access to knowledge and culture, for the professional integration, for the promotion of tolerance and European awareness”.



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The team

- **Blandine Scrève - France** : Histoire de Savoirs’ coordinator - + 33 6 66 37 25 18
- **Denitsa Andonova – Bulgaria/France** : Trainer and main coordinator of the project
- **Michal Braun - Poland**: Trainer
- **Tobias Harpsoe – Denmark**: Facilitator



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How to get to Lille?

The meeting point to reach the accommodation place will be at the old train station of Lille, called **Gare Lille Flandres**. We will then, all together, go by public transport to the accommodation place.

THE MEETING POINT IS AT 19.00 IN THE EVENING

How to get to Lille?

Generally, you have 2 options:

✓ From **Brussels**:

- Regular plane arriving to Zaventem Airport: you have a train station just at the airport and direct train going to Lille.
<http://www.belgianrail.be/fr>
- Charter planes and low cost airlines are arriving to Charleroi Airport: you have a bus going every 2 hours to Lille.
http://www.flibco.com/booking/step_destination?&locale=en

✓ From **Paris** :

- Regular plane arriving to Charles De Gaulle airport: you have a train station just at the airport with train directly to Lille.
<http://uk.voyages-sncf.com/en/>
- Charter plane arriving to Paris-Beauvais airport: you have to take a bus to Paris and then to take the train from Paris city center (Gare du Nord) to Lille.
<http://uk.voyages-sncf.com/en/>

We also have an airport closed to Lille (Lesquin), you can check tickets to there, but it is quite small with only few destinations.

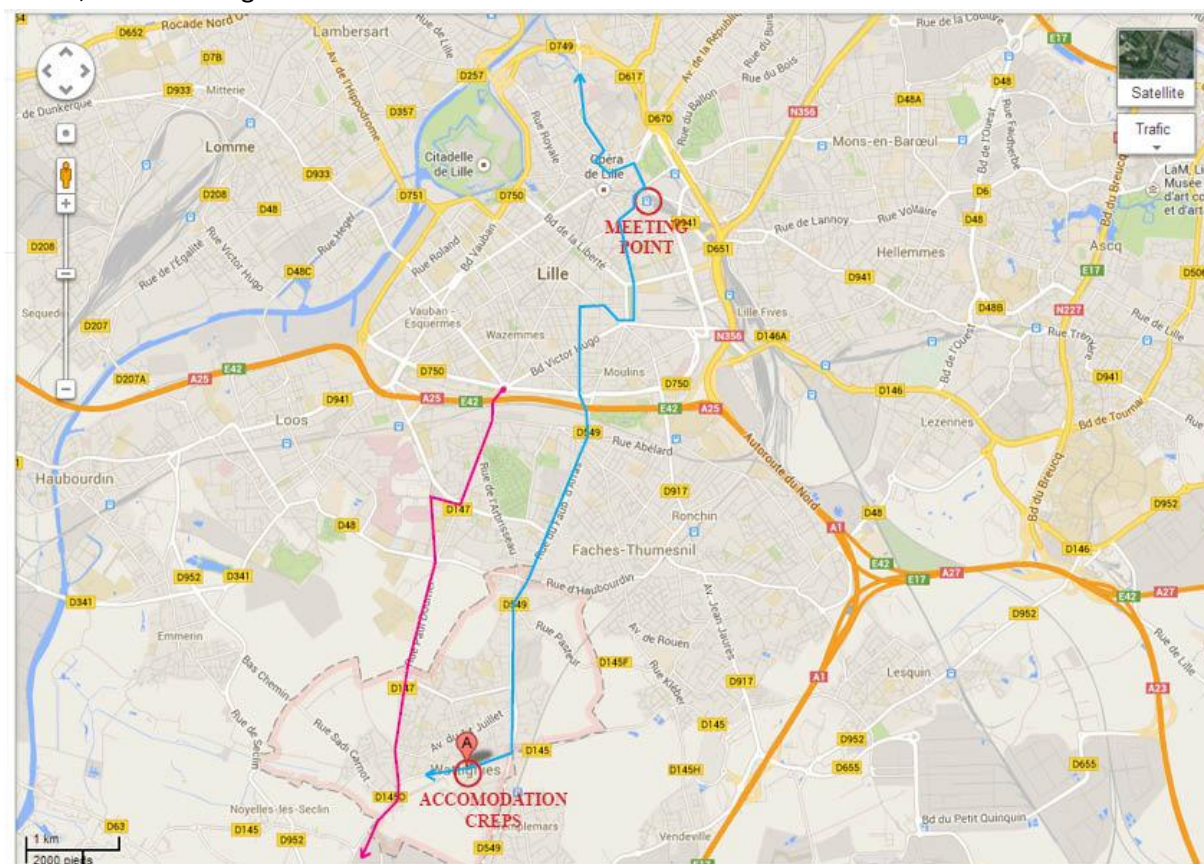
The best option and the cheapest is definitely through Brussels (regular or charter). Please bear in mind that in case if you arrive through Paris you will need to reach Lille through fast TGV train which prices often are quite expensive so it could double the price of your travel costs!!!

In case if you would arrive earlier or would like to stay longer in Lille or somewhere else, it is possible but please bear in mind that all the expenses would be on your charge. However our team could help you to find accommodation or provide you other information if you wish!



Accommodation

CREPS, 59139 Wattignies – France.



The place of accommodation is a training center for Sport actor, trainers, animator...

More pictures and information: <http://www.creps-wattignies.jeunesse-sports.gouv.fr/Page.asp>

We will share accommodation place with other trainings. Rooms are all located in the second level. There will be room for 2 and for 4 people with a common bathroom every two rooms.



Food



The **breakfast**, the **lunch** and the **dinner** will be taken at a self service 10 meters far from the sleeping and working place.

Please let us know as soon as possible with you have a special regime for food (religious predications, vegans...).

We are planning a cultural evening so we are more than welcomed to take some special products you would like to share with participants. This could be part of your personal contribution during the project as part of the international presentation of your country because we plan to have several international evenings.

What to bring?

- ✓ Bring your own towel.
- ✓ Your projects/organization's materials – we would prepare a special table where everyone could share some interesting project materials, pictures or materials of your organization.
- ✓ Intercultural evening – as said above please bring some traditional products and drinks from your country.
- ✓ Health insurance and medication you could need
- ✓ Comfortable clothes and SPORT shoes / raining suit (optional).
- ✓ Funny accessories, hats, scarves, glasses (optional) – you may need them maybe for farewell party or could use them in other occasion during evening activities
- ✓ Smiles, lots of positive energy and motivation

The weather

The weather in Lille in May is spring time. This means that in general we expect sunny weather and temperature which may vary from 15 to 25 Degrees Celsius. However it often rains. That's why we advise you to bring clothes accordingly.

More information for the weather in the region could be found through the following link.

<http://www.meteofrance.com/previsions-meteo-france/lille/59000>



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Financial conditions for participation

There is 55 Euros of Participation fee for the training course as personal contribution! It is payable by all participants at the venue in Euros!!!

Country	Number of participants	Maximum travel cost granted by Youth in Action Program by participants	70% which will be reimbursed
Bulgaria	3	300 €	210 €
Germany	3	250 €	175 €
Turkey	3	300 €	210 €
Slovakia	3	300 €	210 €
Spain	3	250 €	175 €
Romania	3	250 €	175 €
Italy	3	250 €	175 €
Portugal	3	300 €	210 €
England	3	250 €	175 €

This training course is financed by the French National Agency for the YOUTH IN ACTION Program.

The financial rules are the following:

Above is indicated the maximum budget for travel costs according to the countries you are coming from. **This is the full budget which is allocated for travelling from your home to LILLE and back.** Aside in the last column in red there is indication on how much you would be reimbursed for your travel. In case if your travel costs exceed the stated maximum amount for travel from your country we would be able to reimburse you only the amounts indicated in the last column above. **This is due to the budget allocated for the travel costs of the project and doesn't depend of Histoire de Savoir(s).**

In order to be reimbursed you need to present the following documents:

- **ALL YOUR ORIGINAL TICKETS and BOARDING PASSES**
- **ALL INVOICES AND ANY OTHER PROOFS OF PAYMENT WHICH YOU MIGHT HAVE**
 - Any other documents related to your travel.

NO ANY REIMBURSEMENT WILL BE DONE WITHOUT PRESENTATION OF THE STATED DOCUMENTS!!!

The payments will be done by bank transfer AFTER THE PROJECT ACTIVITY when ALL ORIGINAL TICKETS, BOARDING PASSES AND INVOICES will be RECEIVED BY THE HOSTING TEAM!!!



Besides this Histoire de Savoir(s) would provide:

- **Accommodation place**
- **Food (3 times per day + 2 coffee breaks every day)**
- **All materials related to the course and the educational process**
- **All costs of Local transportation (meaning the transportation within Lille and its agglomeration during the activity from 17th – 25th of May)**

Don't hesitate to contact us in case if you need more information or clarifications about this infopack:

⇒ leaders.of.change.2014@gmail.com

SEE ALL OF YOU VERY SOON 😊



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