

“Leaders of change”

International training course on initiating the use of inclusive sport activities for active involvement of young people in society

(17 – 25 May 2014, Chateau de Wattignies, near Lille, Northern France)

Organized by “Histoire de Savoirs” NGO, FRANCE

Financial support was requested to the French NA for the YIA Program (Action 4.3)

Participating countries: France, UK, Germany, Spain, Italy, Slovakia, Romania, Turkey, Bulgaria, Portugal

Main topic of the content

The main idea of this training course **is to motivate youth workers, youth leaders, trainers and other civil society activists to use sport and physical activity as tools for increasing the active participation of young people in society and to foster social inclusion of youngsters with fewer opportunities.** The lateral objectives of this training course are to enhance the personal and professional development of the participants, so that they act as multipliers of the gained knowledge within their organizations and their local communities.

Main Objectives:

- To develop a common understanding about the **concept of active participation** and to explore sport and physical activity as instruments for its promotion especially in terms of strengthening social cohesion and mutual understanding
- To explore how sport and outdoor activities could **foster social inclusion and cohesion** among the young people

- To equip participants with **practical examples of using sport as a tool for increasing active participation** and inclusion of young people
 - To explore the **concept of Leadership** through sport
- **To build up competences** of participants in the field of **using sport as tool for enhancing inclusion and participation** in order to ensure sustainability of the follow- up youth projects

Lateral objectives:

- To empower participants to act as multipliers in the fields of youth participation in their local communities
- Exchange of project ideas and best practices in youth work with a special focus on using sport as a tool for participation

Working methodology:

The program of the course will be based on non formal education, intercultural dialogue and communication and will be conducted using an interactive and participative approach. The processes of learning from each other and learning by doing will be crucial. The training course will stimulate creativity, active participation, and sense of initiative and involvement of the young people in society. Participants' prior experiences in youth work, particularly at local and regional level, will be important and used in the development of the learning process. Active group/team work, role-plays, outdoor activities and plenary discussions, as well as theoretical inputs will characterize the program of the course in order to cover all aspects of the project themes.

The Participants we will be looking for:

We are looking for 3 persons from each of the stated countries! Participants in this training course should be actively involved in the organisation which they represent, resident in one of the stated above countries and fully able to communicate in English. The selected participants will commit themselves to follow up the outcomes of this training course in their organisation and within their local communities through active youth work and follow up actions.

Financial Aspects

The training course is scheduled to take place **from 17th – 25th May 2014 in Chateau de Wattignies, Region of Lille, Northern France**. The project is granted by the French National Agency for the “Youth in Action” Program (Action 4.3). According to the received grant Association “Histoire de Savoirs” NGO is able to offer the following conditions:

- The travel costs from your home town to the venue will be covered at 70% up to the following amounts of money.

The 100% of maximum amount for travel costs authorised for coming from your country to Lille is 250 Euros (70% = **175 Euros maximum for reimbursement**) for the following counties: **Germany, Spain, Romania, Italy, UK**. The maximum amount of 300 Euros (**210 Euros** = 70% maximum for reimbursement) is authorised and available for **Bulgaria, Slovakia, Turkey and Portugal**.

- Board, lodging, local transports and all materials of the training course will be covered by “Histoire de Savoirs” NGO.
- The participants should arrange their own insurance for their travel and stay in France.
- **A participation fee of 55 Euros is required by each participant PAYABLE AT THE VENUE IN CASH!!!**

How to join the project?

If you meet the announced above criteria you are then welcome to fill in the application form. **ONLY FULLY COMPLETED APPLICATIONS AND FROM THE ELIGIBLE FOR TRAINING COUNTRIES WOULD BE CONSIDERED!!!!**

“Leaders of Change” - Program of the activities

	day 1	day 2	day 3	day 4	day 5	day 6	day 7	day 8	day 9	
	ARRIVAL	INTRO	YOUTH PARTICIPATION	LEADERSHIP and SOCIAL INCLUSION	SUSTAINABILITY OF THE IMPACT	PROJECT IDEAS AND FOLLOW UP	EMPOWERMENT AND MULTIPLYING EFFECT	THE FUTURE	BYE BYE	
8.00 – 9.30	Arrivals and check in @ venue	Breakfast								
9.30 – 10.00		Free time	Personal Development and individual reflection						departure	
10.00 – 11.30		Official opening & introduction	Basics of youth participation = the ladder	Introducing leadership through sport	What is a sustainable social initiative and how to ensure its quality?	Introducing tools for project management and Sharing project ideas for follow up	Self assessment : YOUTH WORK, leadership, participation, inclusion through sport	Presentation of Erasmus Plus Program, its principles and values		
11.30 – 12.00		coffee break								
12.00 – 13.30		Getting to know each other	Introducing the Key principles of youth participation through sport	Leadership styles	How to use sport for sustainable impact?	Project management practice	Sport for empowerment	Youthpass & key competences		
13.30 – 15.30		Lunch								
15.30 – 17.00		Team -building challenge	Challenges and innovative approaches for youth participation projects	Stereotypes and prejudices – factors for exclusion	Sport activities/ Cultural visit and French culture evening	PUMP your Project !!!	Me as a multiplier	My future action plan		
17.00 – 17.30		coffee break				coffee break				
17.30 – 18.30		NGO presentation	How to promote the concept of participation through sport?	How to combat exclusion through sport?		Presentation of Results	How sport practices can ensure sustainable impact on society?	Final evaluation and Closing Ceremony		
18.30 – 19.00		Confy/Comfy groups				Confy/Comfy groups				
19.00 – 20.00		Free time				Free time				
20.00 - 21.00		Dinner				Dinner				
21.00 - 21.30		Welcome evening	Social night	Creative relaxing	International night		Creative relaxing	Free evening		C U soon party

Please NOTE that:

The project team is looking forward to receive your registration forms for participation!!

- **The last deadline to apply is the 27th of April 2014. After this deadline the project team will not consider anymore your application.**
- **The results of the selection process would be announced after the 28th of April 2014.**
- **The project team will get in touch with each selected participant personally!**
- **The rejected applications would receive a specific notification with the reasons for rejection!**

CONTACT details:

For all questions, please get in touch with the project team on the following e-mail:

leaders.of.change.2014@gmail.com

“Histoire de Savoirs” NGO is looking forward to your applications and expect to welcome you in France



ⁱ The team of trainers may still review the program and adjust it according to the needs of the participants expressed in their application forms.