



Education and Culture DG

'Youth in Action' Programme



Exploring New Shores - great changes create chances

Use the time of change or challenge as a chance for personal growth!

22nd - 28th April 2013, Beskydy Mountains, Czech Republic
Hotel Ameryka: www.hotelameryka.cz/en/

Methodology

Interactive and experiential training course that aims to develop participants' skills for self-empowerment, ownership of their life, dealing with challenging situations as well as foster their coaching skills to support young people dealing with change.

The program involves indoor and outdoor activities, discussions, group processes and individual work.

Participating countries

Czech Republic (hosting), Netherlands, Ireland, Italy, Spain, Israel, Palestine, Egypt

Target Group

Youth leaders, youth workers, young people dealing with change

Number of participants: 25

Trainer team

Bara Blahova - Czech Republic

trainer profile: <http://trainers.salto-youth.net/BaraBlahova/>

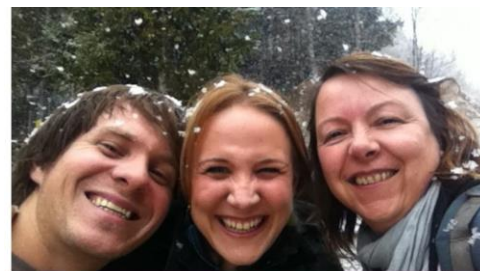
Oliver Schneitter (Israel/ Switzerland)

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Contact and Information

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Training objectives

- ⤴ to support young people in their personal leadership and to generate strategies and tools that serve them to use their creativity and talents to achieve their goals and dreams
- ⤴ to deal with change as professional or personal learning opportunity
- ⤴ to promote international volunteering, exchange experiences and to support intercultural understanding between young people from different backgrounds.
- ⤴ to promote active citizenship and responsibility to make change in one's and others life
- ⤴ to support "Soft skills" of young people like communications and team work

Context

To be in a new, foreign environment offers young people an opportunity of learning about themselves, personal and professional ambitions, patterns and strategies. Along with the discovery of a new place goes the discovery of oneself.

Hosted by PETRKLIC HELP – platform for creativity (www.petrklichelp.cz/english)



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Its goal is to develop the ability to deal with challenges in order to use them as a chance to develop and achieve goals during this new period in their life.

Through indoor and outdoor exercises participants will gain awareness about their way of thinking and decision-making as well as about their communication, cooperation and intercultural competencies.

This training aims to empower the participants to put their true potential, creativity and strengths into action to get the best out of a new/ challenging period of life.

The training course will take place in the region of the Beskydy mountains, in the mountain hotel "Ameryka" - <http://www.hotelameryka.cz/en/>. The closest biggest city is Ostrava – with connections and possibilities to fly to either to Prague, or Vienna in Austria or Katowice and Krakow in Poland.

We will inform the selected participants about flights and how to get to the venue in detail later ☺



Costs

Accommodation and meals during the training course will be provided by the organizers.

70% of the travel costs of the participants will be refunded after the training course.

There is a participation fee of 40 Euros.

Are you interested? Then fill in the online application form <http://goo.gl/ga0jp> until the end of February - 28.2.2013!

Organizing organization: PETRKLIC HELP

PETRKLIC HELP is a non-governmental organisation founded in 2005 in Český Těšín in Ostrava Region in Czech Republic.

PETRKLIC HELP aims to develop social competences and support the interests and free-time activities of children and youths up to the age of 30, through creative and experiential programs.

We are very active on a local and regional level, but we also organise large scale international activities.

Our mission: We support young people by offering them space for realizing their own ideas and developing skills.

Our motto: PETRKLIC HELP is a platform for creativity.

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