

EMPOWERING U2 LEAD UTH

5th - 12th November 2012, Boltigen/Switzerland

A training course on Leadership, Self-development and Project Management for youth leaders and youth workers within the Youth in Action projects.



<p>BACKGROUND</p>	<p><i>This 7-day training course entitled "Empowering U-2 lead Uth " aims to develop the potential of youth workers and youth leaders to become aware of their leadership capacity, working on their self-development in order to empower them to be effective leaders when working with young people in a non-formal environment.</i></p> <p><i>During this course, participants will engage in a number of activities where they will gain an increased awareness of their leadership style and their privileged role when working with young people. They will develop the skills, attitudes and approaches leaders require to impact positively on the lives of young people.</i></p> <p><i>After the success from this training course in 2011 in Switzerland, the team is looking forward to a second edition that includes the evaluation conclusions of the first edition. Some of the comments from participants during last edition in the final evaluation, were:</i></p> <ul style="list-style-type: none"> - (Now) "I think I can make anything happen" - In learning outcomes: "Learning who I am" - (People in your association will benefit from this) "They will have more trust into someone that feels sure about what she's doing".
<p>AIMS OF THE TRAINING COURSE</p>	<p>The aims of this training are:</p> <ol style="list-style-type: none"> 1. To assist youth workers and youth leaders in the personal self-development and their leadership competencies. 2. To enable participants to understand and trust their own ability to inspire young people. 3. To provide participants with good communication and group

	<p>dynamics skills.</p> <ol style="list-style-type: none"> 4. To explore the participants' organisational skills and how they can be used to support young people in becoming more involved in extra-curricular activities in their community. 5. To discover the value of the Youth In Action Programme as a tool for the development of young people.
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METHODS	Individual and group work, discussion and sharing moments, reflection time, working individually and in teams in the nature, empowering rituals, creative process project management tools, presentation work.
WORKING LANGUAGE	English
PARTICIPANTS	24 participants from Switzerland, Spain, Ireland, Israel, Palestine (Palestinian participants are already defined), Egypt, Bulgaria, Italy, Netherlands, Lithuania.
PROFILE OF PARTICIPANTS	<p>The participants:</p> <ul style="list-style-type: none"> • Are willing and able to communicate in English • Are youth workers or youth leaders working directly with young people • Are interested in optimizing the impact they can have on the personal and social development of youth people
TEAM AND CO-TACT	<ul style="list-style-type: none"> • Oliver Schneitter, Switzerland • María Victoria de la Cruz, Spain • Laurence Van der Haegen, Ireland <p>More Information: oschneitter@gmx.ch, +41 76 338 93 51</p>
INSURANCE AND VISA	All participants are responsible for their travel and health insurance. Participants that need a visa for Switzerland are asked to contact the Swiss embassy in their country and the host of this training course.
COSTS	<p>All training and accommodation costs will be covered.</p> <p>The participants will get back 70% of their travel expenses – minus a participation fee of 40 Euros.</p>
APPLICATION PROCEDURE	<p>Interested to come? Then fill in the application on that link and send it.</p> <p style="text-align: center;">http://goo.gl/jyptq</p> <p>Application deadline: 20th of September 2012.</p>

	<p>Participants' selection: 25th of September 2012. Notification of the selection results: 1st of October 2012.</p>
HOSTING ORGANISATION	<p>Verein Naturkultur / Switzerland <i>Naturkultur</i> provides experience-based activities in the nature and trainings on culture, ecological tourism, holistic and sustainable life-style.</p>