## "MPOWERING U2 LEAD UTH – Spanish Edition"

A training course on Leadership, Self-development and Project Management within the Youth in Action projects.



BACKGROUND	This 8-day training course entitled "Empowering U-2 lead Uth " aims to develop the potential of participants to become aware of their leadership capacity, working on their self-development in order to empower them to be effective leaders when working with young people in a non-formal environment.
	During this course, participants will engage in a number of activities where they will gain an increased awareness of their leadership style and their priviledged role when working with young people. They will develop the skills, attitudes and approaches leaders require to impact positively on the lives of young people.
	After the success from this training course in 2011 in Switzerland, the team is looking forward to this second (and we will try, improved) edition. Some of the comments from participants during last edition in the final evaluation, were: - (Now) "I think I can make anything happen" - In learning outcomes: "Learning who I am" - (People in your association will benefit from this) "They will have more trust into someone that feels sure about what she's doing".
AIMS OF THE TRAINING COURSE	<ul> <li>The aims of this training are: <ol> <li>To assist participants in the personal self-development of their leadership competencies.</li> <li>To enable participants to understand and trust their own ability to inspire young people.</li> <li>To provide participants with good communication and group dynamics skills.</li> <li>To explore the participants' organisational skills and how these can be used to support young people in becoming more involved in extra-curricular activities in their community.</li> <li>To discover the value of the Youth In Action programme as a tool for the development of young people.</li> </ol> </li> </ul>

METHODS	Group work, discussion, interactive workshops, exchange of experience, use of social media, creative process and experimentation in the training environment.
WORKING LANGUAGE	English
PARTICIPANTS	28 participants of the following countries: Croatia, Czech Republic, France, Ireland, Italy, Latvia, Poland, Portugal, Spain, Switzerland, The Netherlands and Turkey.
PROFILE OF PARTICIPANTS	<ul> <li>The participants: <ul> <li>Are willing and able to communicate in English</li> <li>Are youth workers or youth leaders working directly with young people</li> <li>Are interested in optimizing the impact they can have on the personal and social development of youth people</li> </ul> </li> <li>Priority will be given to applicants aged 18-30 but applicants aged 30+ will also be considered.</li> </ul>
ТЕАМ	<ul> <li>Oliver Schneitter, Switzerland</li> <li>María Victoria de la Cruz, Spain</li> <li>Laurence Van der Haegen, Ireland</li> </ul>
DATE AND VENUE	Arrival: 22 <sup>nd</sup> September 2012 Departure: 30 <sup>th</sup> September 2012 Venue: Castilla y León (Spain)
COSTS	This project is funded with the "Youth in action" programme. Therefore all training and accommodation costs will be covered, as well as 70% of the travel expenses. The participants will have to cover 30% of their travel expenses, as well as a participation fee of 40 Euros.
APPLICATION PROCEDURE	If you are interested in apply for this training, please complete the following online application form: <u>https://docs.google.com/a/acpdf.com/spreadsheet/viewform?formk</u> <u>ey=dHRaZzYwZjhUWFBqRERqd3lwRUtXeHc6MA#gid=0</u> In case of any other question, you can write us an email to the following address: <b>mpowering@acpdf.com</b>