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| **Tuesday**  **2nd October** | **Wednesday**  **3rd October** | **Thursday**  **4th October** | **Friday**  **5th October** | **Saturday**  **6th October** | **Sunday**  **7th October** |
| Arrival of participants to Prague till 15.00  Arrival to hotel and accommodation | Breakfast | Breakfast | Breakfast | Breakfast | Break fast |
|  | Start-up of the day | Start-up of the day | Start-up of the day | Departure of pax  (optional more time in Prague for late leavers) |
| Introduction of the course  Let´s support our group dynamic  How do we understand coaching, who is THE coach? | Active listening and it´s role in coaching  How to work with feedback  Some practice?  Finally! | Setting proper aims in coaching  Competences of a coach according ICF (international coaching federation) | Video example analysis  Individual vs. team coaching  Special guest(s) |
| Lunch | Lunch | Lunch | Lunch |
| Framing a coaching process + let´s see example  Which are good coaching questions? | What is and is not ethical in coaching?  Yes, little time for Prague isn´t missing | Coaching tools + let´s see example  Practice? Yes, with some interesting tools | Coaching and YiA concept – how they fit?  Reflection and action plan  Evaluation |
| Where are we?  Who are we? | Reflection groups | Reflection groups |
| Dinner | Dinner | Dinner in Prague | Dinner | Dinner |
| Let´s get to know each other a bit better  Expectations in a coaching way? | Where are we from? (our organizations background) | Maybe a night city walk? | Free evening | Farewell party |