

# CALL FOR PARTICIPANTS

## TRAINING OF TRAINERS in Education through Sport

### INTRODUCTION

ISCA - International Sport and Culture Association is organizing the long-term training course "Training of Trainers in Education through Sport".

ISCA's philosophy is that sport is not just about competition and exercise, but also involves having a good time and making friends. Moreover, sport regulates social behavior and creates a feeling of belonging - which in turn leads to a strengthening of democracy.

ISCA was created in 1995 with the purpose of:

- supporting cross-border understanding through sport and culture
- promoting sport as a bearer of cultural identity
- encouraging the broadest possible participation in sports and cultural activities for affiliated members

### CONTENT

"Training of Trainers in Education through Sport" is a long-term educational programme, composed of 2 trainings, 1 evaluation meeting and 1 networking component. The residential meetings will take place in Scotland, Italy and France. The aim is to create a network of 24 trainers who have the competences of using non-formal education and education through sport in projects at national and international level, to support initiatives in the sport for all sector.

Participants will have the opportunity to use online educational tools and to facilitate a workshop or a training both in national and international context, in between the residential meetings. They will be supported by a mentor in their development and will receive continuous feedback and coaching sessions throughout the project.

The team and the participants will develop a toolbox with educational activities, which will be included in the manual "Education through Sport - an active manual for European Youth", which will serve as a key reference for all trainers interested in this methodology.

### OBJECTIVES

The objectives of the training are in brief:

- To explore sport and physical activity as a tool for non-formal education and adapt different types of activities to diverse target groups;
- To develop knowledge, tools, attitudes and skills for the use of sport and physical activity while working with youth;
- To share good practices of using sport activities to enhance active participation of young people;
- To involve more young people in trainings and workshops at national and international level;
- To develop an online learning platform as a resource for trainers and young people interested in organizing activities using the methodology "education through sport";
- To create a network of trainers with competences in the methodology "education through sport" which will represent ISCA pool of trainers;
- To create a toolbox with educational activities through sport to be used by trainers and other interested people in their local/national/international context.

#### CONTACT:

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### MORE ABOUT THE PROJECT

The project consists of the following elements:

- 3 residential training events
- Personal Practice and experience building for participants
  - o Personal learning project – a training/workshop delivered by the participants for their organizations or in their local context (in between First Step and Second Step)
  - o Practice as junior trainer in an international training, part of ISCA's or ISCA partners' activities (in between Second Step and Third Step)
  - o Mentoring – the facilitators will be mentors for participants, helping them with their learning
- Trainer's tools, composed of
  - o Training manual "Education through Sport"
  - o Online educational tools (E-learning platform)

#### Description of the main events:

**First Step:** Training Essential (Glasgow, Scotland, 18-24 June 2012): focus on teambuilding, non-formal education, education through sport, project management, essentials of trainings, group dynamics, roles as a trainer, practice a small training session, setting the objectives for the individual practice back home and start working on the design of the activity.

**Second Step:** Go International (Italy, September 2012): training methods, designing the learning process, debriefing and evaluation. Preparation of 6 different training designs, for different topics (social inclusion, leadership, other themes chosen by the participants), facilitation by the participants on these designs.

**Third Step:** Integrate (France, July 2013): sharing of experiences from the trainings facilitated, evaluation, finalizing the draft of the manual.

At the end of the project, each participant will sign a training agreement with ISCA and will facilitate two trainings, free of charge, as members of ISCA pool of trainers.

### METHODOLOGY

The methodology of the training is based on Non Formal Education as a means of facilitating the learning process and increase the interactivity of the event with a particular focus on Education through Sport.

Since learning by doing and accelerated learning are among the most efficient ways of learning, the course concept was conceived in a way that allows active participation and exchange between participants. It is built to place value on the participants' own experience, from real life or simulations, and work on concrete projects for the future.

### LANGUAGE

The working language will be English, therefore each participant is required to have good communication skills in this language.

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### PARTICIPANTS

24 participants, 18-30 years old (a small number of people could be above 30 years old), legal residents of the following countries: Bulgaria, Czech Republic, Denmark, France, Germany, Iceland, Italy, Portugal, Romania, Slovenia, Spain and United Kingdom.

The training is targeting:

- Active volunteers
- Youth leaders
- Youth workers

Participants should have an interest to develop activities using "education through sport" inside their own organization. Participants should also be committed to participate in all the meetings of the long-term training course.

### FINANCIAL CONDITIONS OF PARTICIPATION

ISCA will support all costs related to accommodation and food.

The participants should arrange their own travel to each training venue. Participants will receive a travel reimbursement of 70% of the total costs, up to the amount of 280 euro.

The organizers will need to receive all original tickets and receipts to be able to enable a refund. We encourage participants to make use of the cheapest methods of travel possible.

For each event, the participation fee will be 40 euro.

### APPLICATION PROCEDURE

Please complete the online application form before 20th of May 2012, midnight CET.

Click here>>> <http://www.isca-web.org/english/youth/trainingoftrainers/callforparticipants>

In addition to the online application, each applicant has to provide a letter of endorsement from a person who is part of the management team from an organisation/institution/network, which has to be sent at [info@isca-web.org](mailto:info@isca-web.org).

The results of the selection process will be sent to all applicants shortly after the deadline.

For more information, please contact :

Sorin Buruiana, ISCA Youth Network Coordinator at [sb@isca-web.org](mailto:sb@isca-web.org) (overall coordinator of the project) or  
Baptiste Colin, Youth officer at [bc@isca-web.org](mailto:bc@isca-web.org) (responsible for the First Step, in Scotland)

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