

**\*\*S.T.E.R.\*\***

**LUBLIN, POLAND 28 March - 3 April 2012**  
**programme draft**

ARRIVAL DAY 28 March	1 DAY - Thursday 29 March	2 DAY - Friday 30 March	3 DAY - Saturday 31 March	4 DAY - Sunday 1 April	5 DAY - Monday 2 April	DEPARTURE DAY 3 April
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Getting to know each other  ..... Introduction to the course / Hopes and fears	Bloque in  ..... Bloque out	Mediation Empathy based communication	Theatre techniques	Leading worked out Workshops And giving and receiving feedback	
	Lunch	Lunch	Lunch	Lunch	Lunch	
	Communication / Listening activities  Understanding sociotherapy	Application of sociotherapy process: role play  Do's and Don't of sociotherapy	Me  intra and inter	Sociotherapy scenario  Creating own sociotherapy scenario	Leading worked out Workshops And giving and receiving feedback  Resources  Final Evaluation	
	Relaxation	Rythm	Relaxation	Rythm	Relaxation	
Dinner	Dinner	Dinner	Dinner out	Dinner	Dinner	
Welcome evening						